

### The Navajo Nation Office of the President and Vice President

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#### FOR IMMEDIATE RELEASE

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# Over one-week period, 280 new cases and five deaths related to COVID-19 reported, 34 communities identified with high COVID-19 transmission

**WINDOW ROCK, Ariz.** – On Thursday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 280 new COVID-19 cases for the Navajo Nation and five recent deaths over a one-week period from October 21 – 27, 2022. The total number of deaths is now 1,932. 611,395 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 75,873.

Based on cases from October 13 - 26, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 34 communities due to high transmission of COVID-19:

Baca/Prewitt	Crownpoint	Mariano Lake	Rock Springs	Teecnospos
Becenti	Ganado	Nazlini	Rough Rock	Teesto
<b>Bread Springs</b>	Kayenta	Newcomb	Sanostee	Tohatchi
Chinle	Leupp	Pinon	Sheepsprings	Tsaile/Wheatfields
Churchrock	Lukachukai	Red Lake	Shiprock	Tselani/Cottonwood
Cove	Manuelito	Red Valley	St Michaels	Whippoorwill
Coyote Canyon	Many Farms	Rock Point	Tachee/Blue Gap	

"Thank you for remaining cautious of COVID-19 and Monkeypox. Continue to follow and advise the three w's to your relatives and friends, such as wearing a fitted mask, washing your hands, and watching your distance from others. Most importantly, get up to date on your COVID-19 vaccines. If you are feeling ill, please get tested, and get necessary treatment if needed. Together, we can prevent the transmission of COVID-19 in our communities," said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"Our thoughts are with those who are currently fighting COVID-19 and we pray for a speedy and full recovery. Please continue to be safe while traveling and attending large gatherings. Be safe and please say a prayer each day for healing and recovery," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <a href="http://www.ndoh.navajo-nsn.gov/COVID-19">http://www.ndoh.navajo-nsn.gov/COVID-19</a>. For COVID-19 related questions and information, call (928) 871-7014.

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## THE NAVAJO NATION



### JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

October 27, 2022

### Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 101 —Safety Precautions

**WINDOW ROCK, AZ** – The Navajo Health Command Operations Center is issuing high transmission of COVID-19 advisory for the following communities. The cases reflect dates October 13-26, 2022. The advisory will be in effect until the high transmission and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Crownpoint	Mariano Lake	Rock Springs	Teecnospos
Becenti	Ganado	Nazlini	Rough Rock	Teesto
<b>Bread Springs</b>	Kayenta	Newcomb	Sanostee	Tohatchi
Chinle	Leupp	Pinon	Sheepsprings	Tsaile/Wheatfields
Churchrock	Lukachukai	Red Lake	Shiprock	Tselani/Cottonwood
Cove	Manuelito	Red Valley	St Michaels	Whippoorwill
Coyote Canyon	Many Farms	Rock Point	Tachee/Blue Gap	

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness	Might be at Increased Risk for Severe Illness		
Older Adults	Asthma		
• Cancer	Cerebrovascular disease		
Chronic kidney disease	Cystic fibrosis		
Chronic obstructive pulmonary disease	Hypertension or high blood pressure		
Heart conditions	Immunocompromised state		
Immunocompromised state	Neurologic conditions, such as dementia		
Obesity and severe obesity	Liver disease		
• Pregnancy	Overweight		
Sickle cell disease	Pulmonary fibrosis		
Smoking	Thalassemia		
Type 2 diabetes mellitus	Type 1 diabetes mellitus		

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.

- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <a href="http://www.ndoh.navajo-nsn.gov/COVID-19">http://www.ndoh.navajo-nsn.gov/COVID-19</a> . For COVID-19 related questions and information, call (928) 871-7014.