

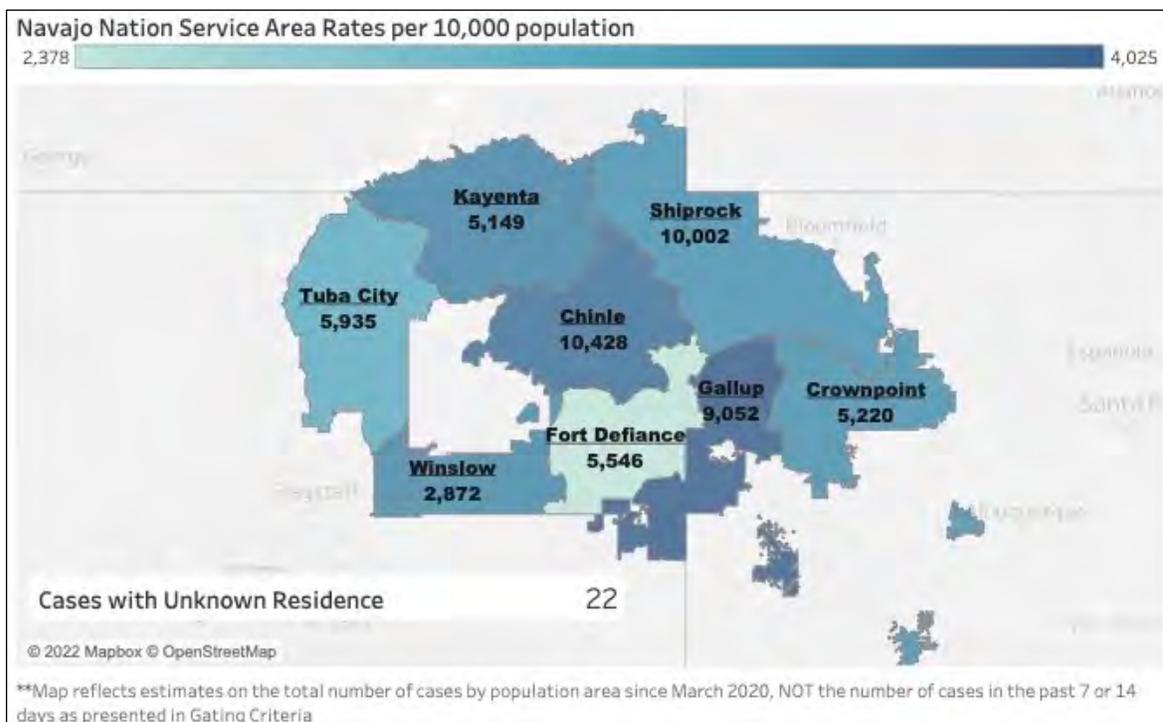


The Navajo Nation
Office of the President and Vice President

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FOR IMMEDIATE RELEASE
May 31, 2022

**75 new cases, 52,171 recoveries, and two deaths related to COVID-19
over four-day period, 24 communities identified with uncontrolled spread**



WINDOW ROCK, Ariz. – On Tuesday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 75 new COVID-19 cases for the Navajo Nation and two deaths over the three-day holiday weekend and Tuesday combined. Below are case numbers including the past three days and Tuesday:

- May 27-28: 59 new cases, 1 death
- May 30: 9 new cases, 0 deaths
- May 31: 7 new cases, 1 death

The total number of deaths is now 1,788. The report indicates that 52,171 individuals have recovered from COVID-19. 531,382 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 54,226, including six delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 10,428
- Crownpoint Service Unit: 5,220
- Ft. Defiance Service Unit: 5,546
- Gallup Service Unit: 9,052
- Kayenta Service Unit: 5,149
- Shiprock Service Unit: 10,002
- Tuba City Service Unit: 5,935
- Winslow Service Unit: 2,872

* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

Based on cases from May 13-26, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 24 communities due to uncontrolled spread of COVID-19:

“As we’ve experienced in the past, when COVID-19 case numbers increase in border towns and nearby cities, we tend to see an increase here on the Navajo Nation as well. If you travel off the Navajo Nation, our public health experts strongly encourage you to continue taking precautions especially in public places. The best defense against COVID-19 is to get vaccinated and get your booster shots if you are eligible to do so. Please be safe, take precautions, and keep pushing back on this virus,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“With graduations and the recent holidays, COVID-19 cases have increased in many parts of the country. We do not want to experience another large surge here on the Navajo Nation, so please be very cautious and remind your loved ones to be safe. Please keep praying for our people, our frontline workers, and everyone who is experiencing symptoms and illness due to COVID-19,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

May 31, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 80 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates May 13-26, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Black Mesa	Coyote Canyon	Kaibeto	Sheepsprings	Tsayatoh
Bread Springs	Crownpoint	Kayenta	Shiprock	Tselani/Cottonwood
Casamero Lake	Forest Lake	Ramah	Shonto	Tuba City
Chinle	Ganado	Red Mesa	Teesto	Twin Lakes
Counselor	Indian Wells	Rock Springs	Tohatchi	

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.

- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.