

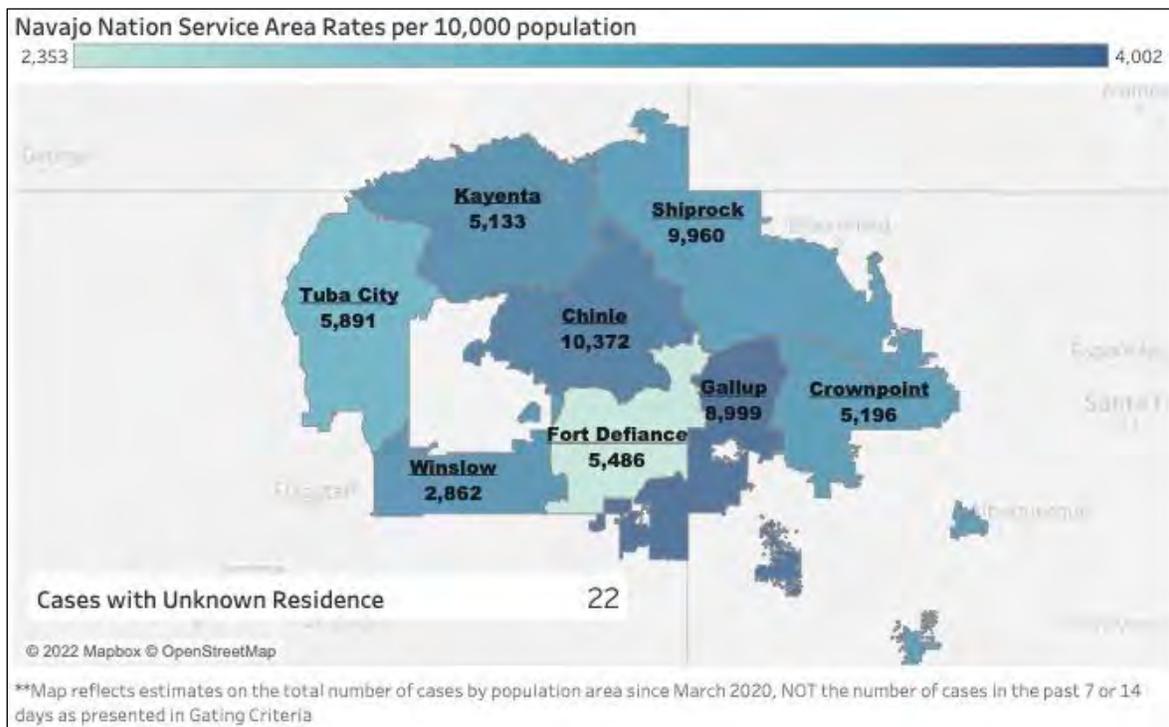


The Navajo Nation  
Office of the President and Vice President

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FOR IMMEDIATE RELEASE  
May 23, 2022

**36 new cases, 51,945 recoveries, and two deaths related to COVID-19  
over three-day period, 13 communities identified with uncontrolled spread**



**WINDOW ROCK, Ariz.** – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 36 new COVID-19 cases for the Navajo Nation and two deaths over the weekend and Monday. Below are case numbers including the past weekend and Monday:

- May 21-22: 21 new cases, 2 deaths
- May 23: 15 new cases, 0 deaths

The total number of deaths is now 1,773. The report indicates that 51,945 individuals have recovered from COVID-19. 529,248 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 53,921, including 13 delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 10,372
- Crownpoint Service Unit: 5,196
- Ft. Defiance Service Unit: 5,486
- Gallup Service Unit: 8,999
- Kayenta Service Unit: 5,133
- Shiprock Service Unit: 9,960
- Tuba City Service Unit: 5,891
- Winslow Service Unit: 2,862

\* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

The Navajo Nation remains in “yellow status,” in accordance with Public Health Emergency Order No. 2022-004 available online at: <https://www.ndoh.navajo-nsn.gov/COVID-19>. Based on cases from May 6-19, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 13 communities due to uncontrolled spread of COVID-19:

Casamero Lake	Ganado	Kayenta	Red Mesa	Shonto
Chinle	Indian Wells	Leupp	Rock Springs	Thoreau
Coalmine Mesa	Kaibeto	Ramah		

“We still have COVID-19 cases in our communities, so please remain diligent and keep pushing back on this virus by taking precautions. Please remember that our actions impact others when it comes to COVID-19, especially for those that we live with. If one person in a household gets the virus it’s very easy to spread it within the home. Please be very cautious and be safe. We are in this together,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“If you attend a graduation or a reception for a loved one, please keep your guard up and be very careful. We have a tendency to let our guard down around family and friends, so please be safe. If you are sick or don’t feel well, please stay home, isolate, and get tested as soon as you can. Please be safe and continue to pray for our people,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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# THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

May 23, 2022

## Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 79 —Safety Precautions

**WINDOW ROCK, AZ** – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates May 6-19, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Casamero Lake	Ganado	Kayenta	Red Mesa	Shonto
Chinle	Indian Wells	Leupp	Rock Springs	Thoreau
Coalmine Mesa	Kaibeto	Ramah		

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<b>People at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Older Adults</li><li>• Cancer</li><li>• Chronic kidney disease</li><li>• Chronic obstructive pulmonary disease</li><li>• Heart conditions</li><li>• Immunocompromised state</li><li>• Obesity and severe obesity</li><li>• Pregnancy</li><li>• Sickle cell disease</li><li>• Smoking</li><li>• Type 2 diabetes mellitus</li></ul>	<b>Might be at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Asthma</li><li>• Cerebrovascular disease</li><li>• Cystic fibrosis</li><li>• Hypertension or high blood pressure</li><li>• Immunocompromised state</li><li>• Neurologic conditions, such as dementia</li><li>• Liver disease</li><li>• Overweight</li><li>• Pulmonary fibrosis</li><li>• Thalassemia</li><li>• Type 1 diabetes mellitus</li></ul>
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.