

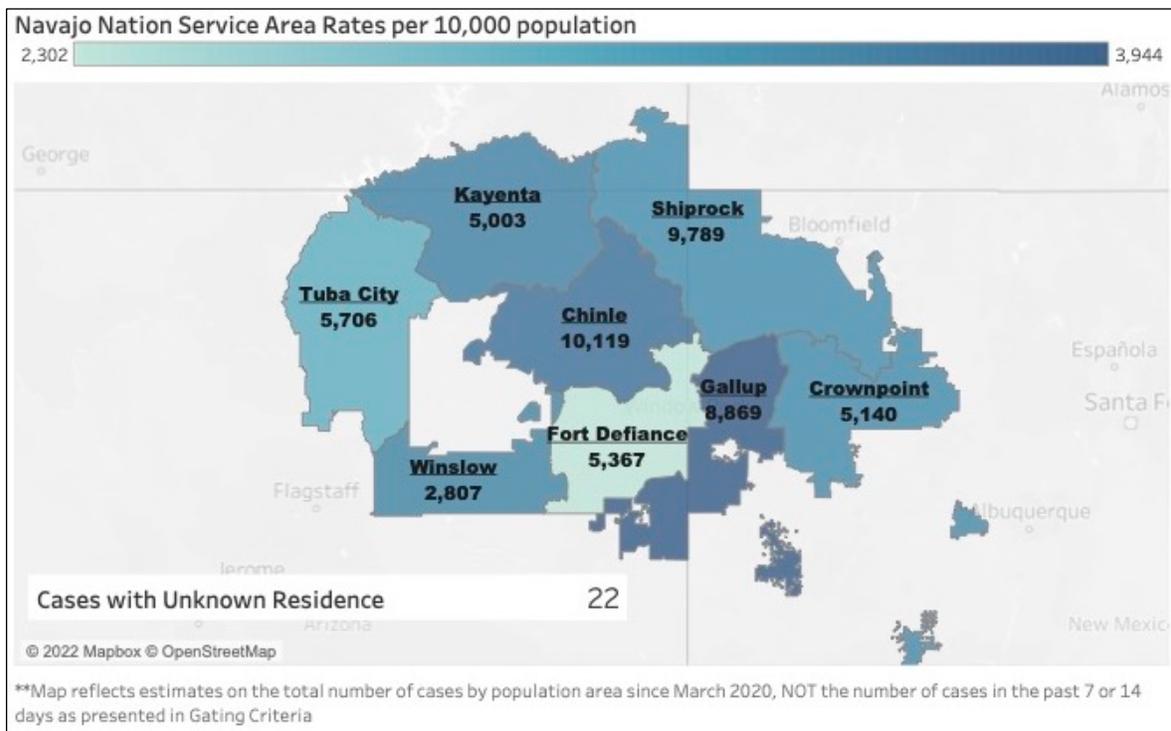


The Navajo Nation
Office of the President and Vice President

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FOR IMMEDIATE RELEASE
March 21, 2022

**19 new cases, 51,063 recoveries, and no deaths related to COVID-19
over three-day period, 7 communities identified with uncontrolled spread**



WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 19 new COVID-19 cases for the Navajo Nation and no deaths over the weekend and Monday. Below are case numbers including the past weekend and Monday:

- March 19: 14 new cases, 0 deaths
- March 20: 3 new cases, 0 deaths
- March 21: 2 new cases, 0 deaths

The total number of deaths remains 1,658. The report indicates that 51,063 individuals have recovered from COVID-19. 503,351 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 52,822, including two delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 10,119
- Crownpoint Service Unit: 5,140
- Ft. Defiance Service Unit: 5,367
- Gallup Service Unit: 8,869
- Kayenta Service Unit: 5,003
- Shiprock Service Unit: 9,789
- Tuba City Service Unit: 5,706
- Winslow Service Unit: 2,807

* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of New Mexico reported 346 new cases and Utah reported 343 new cases, which also include weekend case numbers. The state of Arizona now reports COVID-19 cases on a weekly basis, each Wednesday. Based on cases from March 4 to March 17, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following seven communities due to uncontrolled spread of COVID-19:

Bread Springs	Crownpoint	Naschitti	Thoreau
Coyote Canyon	Indian Wells	Newcomb	

“Numbers of new cases remain relatively low, but we have to keep our guard up as our health experts continue to monitor the Omicron subvariant, which was detected in Arizona last week. Please continue to wear a mask in public places and be very cautious. We are still in the midst of a pandemic, so continue to take precautions and push back on the virus,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Continue to pray and be very cautious, especially if you go into public places. We are in this together and we will emerge from this pandemic stronger. Our frontline workers continue to work around the clock to help our people and to save lives. Please be safe and take precautions,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

March 21, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 70 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates March 4-17, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Bread Springs Crownpoint Naschitti Thoreau
Coyote Canyon Indian Wells Newcomb

****Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness	Might be at Increased Risk for Severe Illness
<ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus	<ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.

- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.