

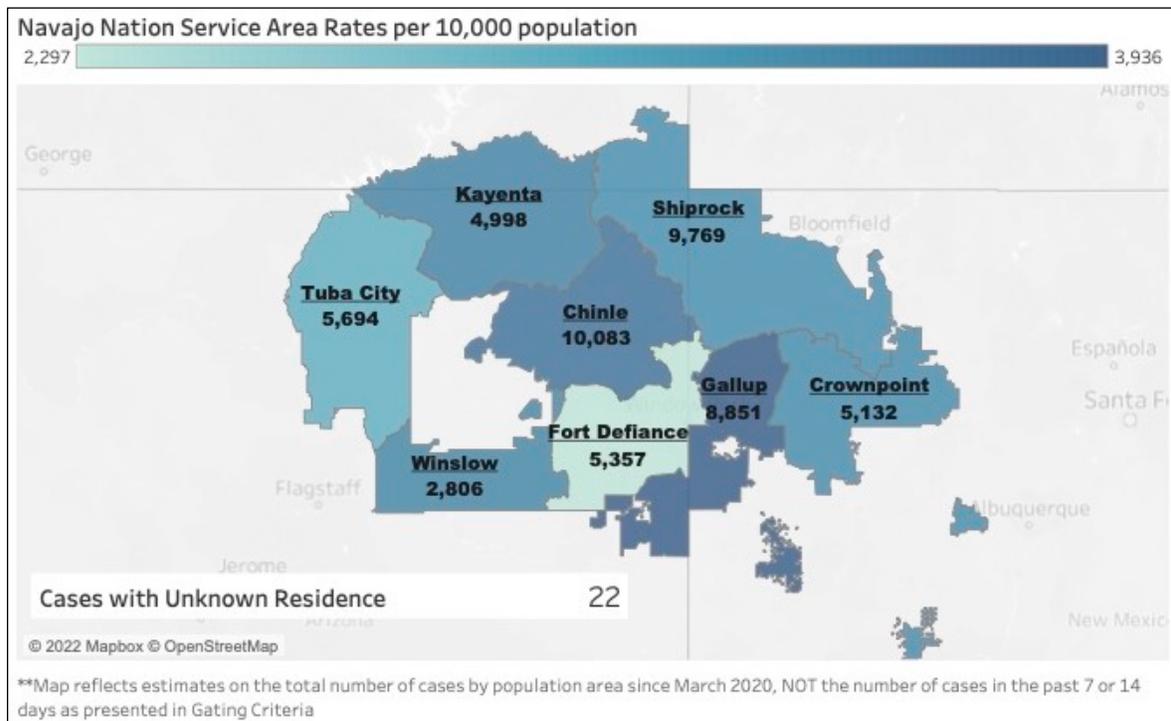


The Navajo Nation
Office of the President and Vice President

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FOR IMMEDIATE RELEASE
March 14, 2022

15 new cases, 50,909 recoveries, and one death related to COVID-19 over three-day period, 11 communities identified with uncontrolled spread



WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 15 new COVID-19 cases for the Navajo Nation and one death over the weekend and Monday. Below are case numbers including the past weekend and Monday:

- March 12: 11 new cases, 1 death
- March 13: 1 new case, 0 deaths
- March 14: 3 new cases, 0 deaths

The total number of deaths is now 1,657. The report indicates that 50,909 individuals have recovered from COVID-19. 501,003 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 52,712, including two delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 10,083
- Crownpoint Service Unit: 5,132
- Ft. Defiance Service Unit: 5,357
- Gallup Service Unit: 8,851
- Kayenta Service Unit: 4,998
- Shiprock Service Unit: 9,769
- Tuba City Service Unit: 5,694
- Winslow Service Unit: 2,806

* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of New Mexico reported 81 new cases and Utah reported 353 new cases, which also include weekend case numbers. The state of Arizona now reports COVID-19 cases on a weekly basis, each Wednesday. Based on cases from Feb. 25 to March 10, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 11 communities due to uncontrolled spread of COVID-19:

Bread Springs	Low Mountain	Naschitti	Rock Springs	Round Rock
Crownpoint	Many Farms	Newcomb	Rough Rock	Thoreau
Kayenta				

“The numbers of new COVID-19 cases remain very low compared to recent months. We will continue with the mask mandate here on the Navajo Nation because it is effective in reducing the spread of the virus in public places. We have to remain diligent and be mindful of how quickly we’ve seen variants spread in the past. Please keep your guard up at all times and keep taking precautions to keep yourselves and other safe and healthy,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Our health care providers and first responders continue to do outstanding work to respond to the pandemic and they have saved many lives. We are very grateful to them and their families for all of the sacrifices they make to help our people. Please continue to pray and practice safety measures to lessen the spread and risks of COVID-19,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

March 14, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 69 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates February 25 – March 10, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Bread Springs	Low Mountain	Naschitti	Rock Springs	Round Rock
Crownpoint	Many Farms	Newcomb	Rough Rock	Thoreau
Kayenta				

****Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.

- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.