FOR IMMEDIATE RELEASE
March 7, 2022

56 new cases, 50,725 recoveries, and no deaths related to COVID-19 over three-day period, 24 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 56 new COVID-19 cases for the Navajo Nation and no deaths over the weekend and Monday. Below are case numbers including the past weekend and Monday:

- March 5: 28 new cases, 0 deaths
- March 6: 24 new cases, 0 deaths
- March 7: 4 new cases, 0 deaths

The total number of deaths remains 1,651. The report indicates that 50,725 individuals have recovered from COVID-19. 498,281 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 52,654, including seven delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:
On Monday, the state of New Mexico reported 694 new cases and Utah reported 543 new cases, which also include weekend case numbers. The state of Arizona now reports COVID-19 cases on a weekly basis, each Wednesday. Based on cases from Feb. 18, 2022 to March 3, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 24 communities due to uncontrolled spread of COVID-19:

- Aneth
- Bread Springs
- Chilchinbeto
- Chinle
- Churchrock
- Crownpoint
- Ganado
- Hogback
- Kayenta
- Low Mountain
- Many Farms
- Nageezi
- Naschitti
- Newcomb
- Pueblo Pintado
- Pinon
- Rock Springs
- Rough Rock
- Shiprock
- Smith Lake
- Standing Rock
- Tachee/Blue Gap
- Thoreau
- Upper Fruitland

“We are still in a pandemic and we must continue to be cautious, wear masks in public, get vaccinated, and take extra precautions when traveling. Our frontline warriors continue to fight for all of us each day, so please help them by protecting yourselves and others. Our best defense against COVID-19 is to get fully vaccinated, which includes a booster shot. By continuing to adhere to the guidance of our public health experts, we hope to continue to see a consistent decline in new infections and less hospitalizations. Keep pushing back on the virus and continue to take precautions,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“We must continue to pray for the health and safety of all of our people and first responders, but we must also take precautions to meet our prayers half way. Please continue to pray, practice safety measures, and do everything you can to protect yourselves and others from COVID-19,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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For the latest news from the Office of the President and Vice President, please visit http://www.opvp.navajo-nsn.gov/ or find us on Facebook, Twitter, and Instagram.
Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 68 — Safety Precautions

WINDOW ROCK, AZ — The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates February 18 – March 3, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Aneth
- Bread Springs
- Chilchinbeto
- Chinle
- Churchrock
- Crownpoint
- Many Farms
- Nageezi
- Naschitti
- Kayenta
- Low Mountain
- Pinon
- Pueblo Pintado
- Rock Springs
- Rough Rock
- Shiprock
- Smith Lake
- Standing Rock
- Tachee/Blue Gap
- Thoreau
- Upper Fruitland

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.*

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
</tr>
<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
</tr>
<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
• Avoid touching your face, nose, and eyes with unwashed hands.
• Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
• Social distance - keep 6 feet between yourself and others.
• Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.