FOR IMMEDIATE RELEASE
March 28, 2022

19 new cases, 51,124 recoveries, and 44 deaths related to COVID-19 over three-day period, 7 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 19 new COVID-19 cases for the Navajo Nation and 44 deaths over the weekend and Monday. Below are case numbers including the past weekend and Monday:

- March 26 – 27: 14 new cases, 28 deaths
- March 28: 5 new cases, 16 deaths, 4 delayed deaths reported

The total number of deaths is 1,689, and the high reported number of deaths is due to delayed reporting and reconciliation. The report indicates that 51,124 individuals have recovered from COVID-19. 505,684 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 52,918, including 15 delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:
On Monday, the state of New Mexico reported 331 new cases and Utah reported 255 new cases, which also include weekend case numbers. The state of Arizona now reports COVID-19 cases on a weekly basis, each Wednesday. Based on cases from March 11 to March 24, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following seven communities due to uncontrolled spread of COVID-19:

- Coyote Canyon
- Ganado
- Indian Wells
- Naschitti
- Newcomb
- Pinon
- Ramah
- Tuba City
- Winslow

“Our frontline warriors continue to fight for us each day, so let’s keep fighting for them by keeping the numbers of COVID-19 cases low by taking precautions and getting more of our people fully vaccinated. We have plenty of people who received the first two doses of the vaccines, but we need more to get their booster shots. We are in this together and we must all do our part to keep ourselves and others safe and healthy. Please keep wearing your masks and be very cautious in public,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Prayers give us the strength to continue pushing through this pandemic. We must continue to support our loved ones and encourage them to take precautions, especially our elders and those with underlying health conditions. Keep praying and stay safe at all times,” said Vice President Myron Lizer.


# # #

For the latest news from the Office of the President and Vice President, please visit [http://www.opvp.navajo-nsn.gov/](http://www.opvp.navajo-nsn.gov/) or find us on Facebook, Twitter, and Instagram.
Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 71 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates March 11-24, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Coyote Canyon
- Ganado
- Indian Wells
- Naschitti
- Newcomb
- Ramah
- Pinon

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.*

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
</tr>
<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
</tr>
<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
• Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.