



The Navajo Nation  
Office of the President and Vice President

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FOR IMMEDIATE RELEASE  
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**138 new cases and one death related to COVID-19 over  
three-day period, 40 communities identified with uncontrolled spread**

**WINDOW ROCK, Ariz.** – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 138 new COVID-19 cases for the Navajo Nation and one death over the weekend and Monday. Below are case numbers including the past weekend and Monday:

- June 11: 34 new cases, 1 death
- June 12: 63 new cases, 0 deaths
- June 13: 41 new cases, 0 deaths

A full report will be available on Tuesday. The Navajo Nation remains in “yellow status,” in accordance with Public Health Emergency Order No. 2022-004 available online at: <https://www.ndoh.navajo-nsn.gov/COVID-19>. Based on cases from May 27 to June 9, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 40 communities due to uncontrolled spread of COVID-19:

Baca/Prewitt	Crownpoint	Many Farms	Rock Springs	Teesto
Beclabito	Ganado	Mariano Lake	Sanostee	Tonalea
Black Mesa	Hard Rock	Nahodishgish	Sheepsprings	Tsaile/Wheatfields
Breadsprings	Indian Wells	Navajo Mountain	Shiprock	Tselani/Cottonwood
Chichiltah	Iyanbito	Newcomb	Shonto	Tuba City
Chinle	Kaibeto	Pinon	St. Michaels	Twin Lakes
Churchrock	Kayenta	Red Valley	Standing Rock	Upper Fruitland
Coyote Canyon	Lukachukai	Rock Point	Tachee/Blue Gap	Wide Ruins

“This week, there was a slight increase of communities with uncontrolled spread of COVID-19. Our public health experts have given us the guidance and resources to push back on COVID-19, including wearing face masks in public places and getting vaccinated and boosted. If you are experiencing COVID-19 symptoms such as a fever, sore throat, body aches, coughing, or others, please isolate yourself and get tested for COVID-19 as soon as possible. If you are sick, please do not go out into public areas. We all have to do our part to keep ourselves safe and healthy,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“We tend to let our guard down around family and friends or while traveling, but we must remain mindful of the risks as we see COVID-19 cases increase in areas around the Navajo Nation. Please take precautions and continue to pray for your loved ones and all of our frontline workers,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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# THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

June 13, 2022

## Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 82 —Safety Precautions

**WINDOW ROCK, AZ** – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates May 27 – June 9, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Crownpoint	Many Farms	Rock Springs	Teesto
Beclabito	Ganado	Mariano Lake	Sanostee	Tonalea
Black Mesa	Hard Rock	Nahodishgish	Sheepsprings	Tsaile/Wheatfields
Breadsprings	Indian Wells	Navajo Mountain	Shiprock	Tselani/Cottonwood
Chichiltah	Iyanbito	Newcomb	Shonto	Tuba City
Chinle	Kaibeto	Pinon	St. Michaels	Twin Lakes
Churchrock	Kayenta	Red Valley	Standing Rock	Upper Fruitland
Coyote Canyon	Lukachukai	Rock Point	Tachee/Blue Gap	Wide Ruins

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<b>People at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Older Adults</li><li>• Cancer</li><li>• Chronic kidney disease</li><li>• Chronic obstructive pulmonary disease</li><li>• Heart conditions</li><li>• Immunocompromised state</li><li>• Obesity and severe obesity</li><li>• Pregnancy</li><li>• Sickle cell disease</li><li>• Smoking</li><li>• Type 2 diabetes mellitus</li></ul>	<b>Might be at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Asthma</li><li>• Cerebrovascular disease</li><li>• Cystic fibrosis</li><li>• Hypertension or high blood pressure</li><li>• Immunocompromised state</li><li>• Neurologic conditions, such as dementia</li><li>• Liver disease</li><li>• Overweight</li><li>• Pulmonary fibrosis</li><li>• Thalassemia</li><li>• Type 1 diabetes mellitus</li></ul>
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.

- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.