FOR IMMEDIATE RELEASE  
June 13, 2022

138 new cases and one death related to COVID-19 over three-day period, 40 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 138 new COVID-19 cases for the Navajo Nation and one death over the weekend and Monday. Below are case numbers including the past weekend and Monday:

- June 11: 34 new cases, 1 death
- June 12: 63 new cases, 0 deaths
- June 13: 41 new cases, 0 deaths

A full report will be available on Tuesday. The Navajo Nation remains in “yellow status,” in accordance with Public Health Emergency Order No. 2022-004 available online at: https://www.ndoh.navajo-nsn.gov/COVID-19. Based on cases from May 27 to June 9, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 40 communities due to uncontrolled spread of COVID-19:

- Baca/Prewitt
- Beclabito
- Black Mesa
- Breadsprings
- Chichiltah
- Chinle
- Churchrock
- Coyote Canyon
- Crownpoint
- Ganado
- Mariano Lake
- Nahodishgish
- Navajo Mountain
- Iyanbito
- Kaibeto
- Kayenta
- Lukachukai
- Many Farms
- Mariano Lake
- Navajo Mountain
- Newcomb
- Pinon
- Red Valley
- Rock Point
- Rock Springs
- Sanostee
- Sheepsprings
- Shiprock
- Shonto
- St. Michaels
- Standing Rock
- Tachee/Blue Gap
- Teesto
- Tonalea
- Tsaile/Wheatfields
- Tselani/Cottonwood
- Tuba City
- Twin Lakes
- Upper Fruitland
- Wide Ruins

“This week, there was a slight increase of communities with uncontrolled spread of COVID-19. Our public health experts have given us the guidance and resources to push back on COVID-19, including wearing face masks in public places and getting vaccinated and boosted. If you are experiencing COVID-19 symptoms such as a fever, sore throat, body aches, coughing, or others, please isolate yourself and get tested for COVID-19 as soon as possible. If you are sick, please do not go out into public areas. We all have to do our part to keep ourselves safe and healthy,” said Navajo Nation President Jonathan Nez.
Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“We tend to let our guard down around family and friends or while traveling, but we must remain mindful of the risks as we see COVID-19 cases increase in areas around the Navajo Nation. Please take precautions and continue to pray for your loved ones and all of our frontline workers,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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For the latest news from the Office of the President and Vice President, please visit http://www.opvp.navajo-nsn.gov/ or find us on Facebook, Twitter, and Instagram.
Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 82 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates May 27 – June 9, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Baca/Prewitt
- Beclabito
- Black Mesa
- Breadsprings
- Chichiltah
- Chinle
- Churchrock
- Coyote Canyon
- Crownpoint
- Ganado
- Hard Rock
- Indian Wells
- Iyanbito
- Kaibeto
- Kayenta
- Lukachukai
- Many Farms
- Mariano Lake
- Nahodishgish
- Navajo Mountain
- Newcomb
- Pinon
- Red Valley
- Rock Springs
- Sanostee
- Sheepsprings
- Shonto
- St. Michaels
- Standing Rock
- Tachee/Blue Gap
- Teesto
- Tonalea
- Tsaile/Wheatfields
- Tuba City
- Upper Fruitland
- Tselani/Cottonwood
- Twin Lakes
- Wide Ruins

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
</tr>
<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
</tr>
<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.