



The Navajo Nation
Office of the President and Vice President

CONTACTS:
Jared Touchin, Communications Director
(928) 274-4275
Crystalyn Curley, Sr. Public Information Officer
(928) 274-2758
Timothy Benally, Public Information Officer
(928) 871-7000
nnopvp.communications@gmail.com

FOR IMMEDIATE RELEASE
July 18, 2022

**Over three-day period, 328 new cases and two deaths related
to COVID-19, 58 communities identified with uncontrolled spread**

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 328 new COVID-19 cases for the Navajo Nation and two deaths over a three-day period from July 16-18. The total number of deaths is now 1,840, including one delayed reported death. 560,139 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 59,106, including 44 delayed reported cases.

The Navajo Nation remains in “yellow status,” in accordance with Public Health Emergency Order No. 2022-004 available online at: <https://www.ndoh.navajo-nsn.gov/COVID-19>. Based on cases from July 1 – 14, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 58 communities due to uncontrolled spread of COVID-19:

Aneth	Crownpoint	Lukachukai	Red Valley	Teecnospos
Baca/Prewitt	Fort Defiance	Lupton	Rock Point	Teesto
Bird Springs	Ganado	Many Farms	Rock Springs	Thoreau
Black Mesa	Hard Rock	Mexican Springs	Rough Rock	Tohatchi
Bread Springs	Hogback	Nahodishgish	Sanostee	Tonalea
Burnham	Houck	Naschitti	Sheepsprings	Tsaile/Wheatfields
Cameron	Indian Wells	Navajo Mountain	Shiprock	Tsayatoh
Chichiltah	Iyanbito	Nazlini	Shonto	Tuba City
Chinle	Kaibeto	Nenahnezad	St. Michaels	Twin Lakes
Churchrock	Kayenta	Pinon	Standing Rock	Upper Fruitland
Cove	Leupp	Ramah	Tachee/Blue Gap	Whippoorwill
Coyote Canyon	Low Mountain	Red Lake		

“If you have symptoms such as a fever, body aches, sore throat, runny nose, or others, please stay home, isolate, and get tested as soon as possible. If you are sick, you should not report to your work place or go out into public. The risk of getting COVID-19 increases when people travel, so we strongly encourage everyone to be very cautious and remind your loved ones to take precautions in all public places. We are in this together,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Through prayer and the guidance from our public health experts, we will emerge from this pandemic. Please continue to practice safety measures and do your best to help our frontline workers by keeping yourself and others safe and healthy as we move forward in this pandemic,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

#

For the latest news from the Office of the President and Vice President, please visit <http://www.opvp.navajo-nsn.gov/> or find us on Facebook, Twitter, and Instagram.

THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

July 18, 2022

**Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 87 —Safety Precautions**

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates July 1 – 14, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Aneth	Crownpoint	Lukachukai	Red Valley	Teenospos
Baca/Prewitt	Fort Defiance	Lupton	Rock Point	Teesto
Bird Springs	Ganado	Many Farms	Rock Springs	Thoreau
Black Mesa	Hard Rock	Mexican Springs	Rough Rock	Tohatchi
Bread Springs	Hogback	Nahodishgish	Sanostee	Tonalea
Burnham	Houck	Naschitti	Sheepsprings	Tsaile/Wheatfields
Cameron	Indian Wells	Navajo Mountain	Shiprock	Tsayatoh
Chichiltah	Iyanbito	Nazlini	Shonto	Tuba City
Chinle	Kaibeto	Nenahnezad	St. Michaels	Twin Lakes
Churchrock	Kayenta	Pinon	Standing Rock	Upper Fruitland
Cove	Leupp	Ramah	Tachee/Blue Gap	Whippoorwill
Coyote Canyon	Low Mountain	Red Lake		

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<p>People at Increased Risk for Severe Illness</p> <ul style="list-style-type: none"> • Older Adults • Cancer • Chronic kidney disease • Chronic obstructive pulmonary disease • Heart conditions • Immunocompromised state • Obesity and severe obesity • Pregnancy • Sickle cell disease • Smoking • Type 2 diabetes mellitus 	<p>Might be at Increased Risk for Severe Illness</p> <ul style="list-style-type: none"> • Asthma • Cerebrovascular disease • Cystic fibrosis • Hypertension or high blood pressure • Immunocompromised state • Neurologic conditions, such as dementia • Liver disease • Overweight • Pulmonary fibrosis • Thalassemia • Type 1 diabetes mellitus
------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.