



The Navajo Nation  
Office of the President and Vice President

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FOR IMMEDIATE RELEASE  
July 11, 2022

**227 new cases and no deaths related to COVID-19 over three-day period, 60 communities identified with uncontrolled spread**

**WINDOW ROCK, Ariz.** – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 227 new COVID-19 cases for the Navajo Nation and no deaths over a three-day period from July 9-11. The total number of deaths remains 1,811. 555,737 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 58,205, including 24 delayed reported cases.

The Navajo Nation remains in “yellow status,” in accordance with Public Health Emergency Order No. 2022-004 available online at: <https://www.ndoh.navajo-nsn.gov/COVID-19>. Based on cases from June 24 – July 7, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 60 communities due to uncontrolled spread of COVID-19:

Aneth	Crownpoint	Lukachukai	Red Lake	Tachee/Blue Gap
Baca/Prewitt	Fort Defiance	Lupton	Red Valley	Teec Nos Pos
Bird Springs	Ganado	Many Farms	Rock Point	Teesto
Black Mesa	Hard Rock	Mariano Lake	Rock Springs	Thoreau
Bread Springs	Hogback	Mexican Springs	Rough Rock	Tohatchi
Cameron	Houck	Naschitti	Round Rock	Tonalea
Chichiltah	Indian Wells	Nazlini	Sanostee	Tsaile/Wheatfields
Chilchinbeto	Inscription House	Nenahnezad	Sawmill	Tsayatoh
Chinle	Iyanbito	Pinedale	Sheepsprings	Tselani/Cottonwood
Churchrock	Kaibeto	Pinon	Shiprock	Tuba City
Cove	Kayenta	Pueblo Pintado	Shonto	Twin Lakes
Coyote Canyon	Leupp	Ramah	St. Michaels	Upper Fruitland

“We know how to push back on COVID-19 by taking the measures recommended by our public health experts, so please adhere to them. Our numbers rise when cases in border towns and nearby cities increase. Please continue to take precautions to reduce the spread of this virus in your homes and our communities,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Be safe and keep praying for our people and those fighting for us on the frontlines each and every day. We are in this together and we will emerge from this pandemic through our prayers and support for one another,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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# THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

July 11, 2022

**Navajo Department of Health  
Health Advisory Notice (HAN)  
COVID-19 Community Advisory No. 86 —Safety Precautions**

**WINDOW ROCK, AZ** – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates June 24 – July 7, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Aneth	Crownpoint	Lukachukai	Red Lake	Tachee/Blue Gap
Baca/Prewitt	Fort Defiance	Lupton	Red Valley	Tec Nos Pos
Bird Springs	Ganado	Many Farms	Rock Point	Teesto
Black Mesa	Hard Rock	Mariano Lake	Rock Springs	Thoreau
Bread Springs	Hogback	Mexican Springs	Rough Rock	Tohatchi
Cameron	Houck	Naschitti	Round Rock	Tonalea
Chichiltah	Indian Wells	Nazlini	Sanostee	Tsaile/Wheatfields
Chilchinbeto	Inscription House	Nenahnezad	Sawmill	Tsayatoh
Chinle	Iyanbito	Pinedale	Sheepsprings	Tselani/Cottonwood
Churchrock	Kaibeto	Pinon	Shiprock	Tuba City
Cove	Kayenta	Pueblo Pintado	Shonto	Twin Lakes
Coyote Canyon	Leupp	Ramah	St. Michaels	Upper Fruitland

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<p>People at Increased Risk for Severe Illness</p> <ul style="list-style-type: none"> <li>• Older Adults</li> <li>• Cancer</li> <li>• Chronic kidney disease</li> <li>• Chronic obstructive pulmonary disease</li> <li>• Heart conditions</li> <li>• Immunocompromised state</li> <li>• Obesity and severe obesity</li> <li>• Pregnancy</li> <li>• Sickle cell disease</li> <li>• Smoking</li> <li>• Type 2 diabetes mellitus</li> </ul>	<p>Might be at Increased Risk for Severe Illness</p> <ul style="list-style-type: none"> <li>• Asthma</li> <li>• Cerebrovascular disease</li> <li>• Cystic fibrosis</li> <li>• Hypertension or high blood pressure</li> <li>• Immunocompromised state</li> <li>• Neurologic conditions, such as dementia</li> <li>• Liver disease</li> <li>• Overweight</li> <li>• Pulmonary fibrosis</li> <li>• Thalassemia</li> <li>• Type 1 diabetes mellitus</li> </ul>
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.