



The Navajo Nation  
Office of the President and Vice President

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## **146 new cases and no recent deaths related to COVID-19 reported**

**WINDOW ROCK, Ariz.** – On Thursday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 146 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,859. 566,800 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 60,723, including 36 delayed reported cases. A new case is defined as a positive test within the last 72-hours. Some cases are due to delayed reporting from the states. Any positive tests from beyond the last 72-hours are considered delayed.

The Navajo Nation remains in “yellow status,” in accordance with Public Health Emergency Order No. 2022-004 available online at: <https://www.ndoh.navajo-nsn.gov/COVID-19>.

“In midst of the COVID-19 pandemic, we continue to recommend prevention measures, such as wearing a face mask, getting vaccinated and boosted, and staying vigilant to avoid exposure. COVID-19 spreads when someone with the virus coughs, sneezes, sings or talks when close to others. Droplets containing the virus can enter another person’s body through their eyes, nose, mouth or lungs. These viral droplets and particles spread among people more easily in indoor than outdoor areas. It is important to wear a mask and practice physical distancing in public places, especially indoor, to prevent viral spread. If you have symptoms of respiratory illness, stay home and do not gather with others, even if the symptoms are mild,” said President Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“We tend to let our guard down around family and friends, but we must remain mindful of the risks as we see COVID-19 cases increase in areas around the Navajo Nation. Please take precautions and continue to pray for your loved ones and our frontline workers who are fighting for us all,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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