

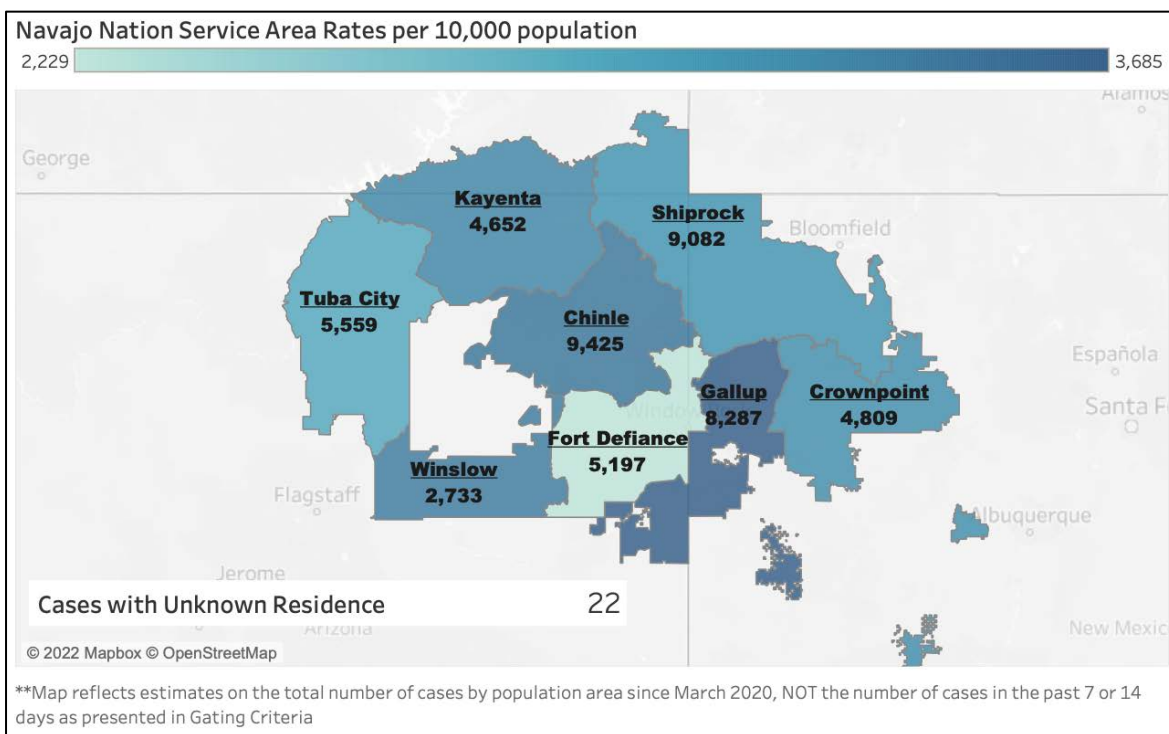


The Navajo Nation
Office of the President and Vice President

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FOR IMMEDIATE RELEASE
January 31, 2022

**18 new cases, 46,290 recoveries, and no deaths related to
COVID-19, 85 communities identified with uncontrolled spread**



WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 18 new COVID-19 cases for the Navajo Nation and no deaths. The total number of deaths remains 1,616. The report indicates that 46,290 individuals have recovered from COVID-19. 474,335 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 49,766, including nine delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 9,425
- Crownpoint Service Unit: 4,809
- Ft. Defiance Service Unit: 5,197

- Gallup Service Unit: 8,287
- Kayenta Service Unit: 4,652
- Shiprock Service Unit: 9,082
- Tuba City Service Unit: 5,559
- Winslow Service Unit: 2,733

* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 12,259 new cases. The state of Utah reported 10,272 cases and New Mexico reported 9,445 cases, which also includes weekend case numbers. Based on cases from Jan. 14 to Jan. 27, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 85 communities due to uncontrolled spread of COVID-19:

Aneth	Dilkon	Lupton	Pueblo Pintado	Tachee/Blue Gap
Baca/Prewitt	Forest Lake	Manuelito	Ramah	Teecnospos
Beclabito	Ganado	Many Farms	Red Mesa	Teesto
Bird Springs	Hard Rock	Mariano Lake	Red Valley	Thoreau
Black Mesa	Hogback	Mexican Water	Rock Point	Tohajiilee
Bread Springs	Houck	Nageezi	Rock Springs	Tohatchi
Cameron	Indian Wells	Nahodishgish	Rough Rock	Tonalea
Casamero Lake	Inscription House	Naschitti	Round Rock	Tsaile/Wheatfields
Chichiltah	Iyanbito	Navajo Mountain	Sanostee	Tsayatoh
Chilchinbeto	Jeddito	Nazlini	Sheepsprings	Tselani/Cottonwood
Chinle	Kaibeto	Nenahnezad	Shiprock	Tuba City
Churchrock	Kayenta	Newcomb	Shonto	Twin Lakes
Counselor	Klagetoh	Oaksprings	Smith Lake	Two Grey Hills
Cove	Leupp	Ojo Encino	St. Michaels	Upper Fruitland
Coyote Canyon	Littlewater	Oljato	Standing Rock	Whippoorwill
Crownpoint	Low Mountain	Pinedale	Steamboat	White Cone
Dennehotso	Lukachukai	Pinon	Sweetwater	White Horse Lake

“There is an Omicron subvariant that is now circulating in the United States. Scientists state that the subvariant is more contagious, but does not appear to be more severe than the first Omicron variant. Our best defense against all variants is to get fully vaccinated, which includes a booster shot. With CARES Act Hardship checks being mailed out to our elders, please take the time to talk with your parents and grandparents and encourage them not to crowd post offices, banks, and border towns. Please caution them about the current surge and the Omicron variant and encourage them to wear two masks in public, practice social distancing, and to wash their hands often. We are in this together,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“We are overcoming this pandemic one day at a time, but we have to remain strong and diligent to reduce the spread of the virus in our communities. Thanks to the guidance of our health care

workers and scientists, we know how to push back on COVID-19. Please be safe, keep praying, and continue to support one another,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

January 31, 2022

**Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 63 —Safety Precautions**

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates January 14-27, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Aneth	Dilkon	Lupton	Pueblo Pintado	Tachee/Blue Gap
Baca/Prewitt	Forest Lake	Manuelito	Ramah	Teecnospos
Beclabito	Ganado	Many Farms	Red Mesa	Teesto
Bird Springs	Hard Rock	Mariano Lake	Red Valley	Thoreau
Black Mesa	Hogback	Mexican Water	Rock Point	Tohajiilee
Bread Springs	Houck	Nageezi	Rock Springs	Tohatchi
Cameron	Indian Wells	Nahodishgish	Rough Rock	Tonalea
Casamero Lake	Inscription House	Naschitti	Round Rock	Tsaile/Wheatfields
Chichiltah	Iyanbito	Navajo Mountain	Sanostee	Tsayatoh
Chilchinbeto	Jeddito	Nazlini	Sheepsprings	Tselani/Cottonwood
Chinle	Kaibeto	Neناهnezad	Shiprock	Tuba City
Churchrock	Kayenta	Newcomb	Shonto	Twin Lakes
Counselor	Klagetoh	Oaksprings	Smith Lake	Two Grey Hills
Cove	Leupp	Ojo Encino	St. Michaels	Upper Fruitland
Coyote Canyon	Littlewater	Oljato	Standing Rock	Whippoorwill
Crownpoint	Low Mountain	Pinedale	Steamboat	White Cone
Dennehotso	Lukachukai	Pinon	Sweetwater	White Horse Lake

****Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none"> • Older Adults • Cancer • Chronic kidney disease • Chronic obstructive pulmonary disease • Heart conditions • Immunocompromised state • Obesity and severe obesity • Pregnancy 	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none"> • Asthma • Cerebrovascular disease • Cystic fibrosis • Hypertension or high blood pressure • Immunocompromised state • Neurologic conditions, such as dementia • Liver disease • Overweight
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<ul style="list-style-type: none">• Sickle cell disease• Smoking• Type 2 diabetes mellitus	<ul style="list-style-type: none">• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.