FOR IMMEDIATE RELEASE
January 24, 2022

173 new cases, 44,003 recoveries, and no deaths related to COVID-19, 91 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 173 new COVID-19 cases for the Navajo Nation and no deaths. The total number of deaths remains 1,607. The report indicates that 44,003 individuals have recovered from COVID-19. 463,108 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 48,185, including 27 delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 9,018
- Crownpoint Service Unit: 4,633
- Ft. Defiance Service Unit: 5,113
Gallup Service Unit: 8,095  
Kayenta Service Unit: 4,424  
Shiprock Service Unit: 8,714  
Tuba City Service Unit: 5,496  
Winslow Service Unit: 2,670

* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 14,750 new cases. The state of Utah reported 21,970 cases and New Mexico reported 14,898 new cases, which also includes weekend case numbers. Based on cases from Jan. 7 to Jan. 20, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 91 communities due to uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Becenti
- Beclabito
- Bird Springs
- Black Mesa
- Bread Springs
- Burnham
- Cameron
- Casamero Lake
- Chichiltah
- Chilchinbeto
- Chinle
- Churchrock
- Cove
- Coyote Canyon
- Crownpoint
- Crystal
- Dennehotso
- Dilkon
- Forest Lake
- Gadiiahi
- Ganado
- Hard Rock
- Hogback
- Houck
- Indian Wells
- Inscription House
- Iyanbito
- Jeddito
- Kaibeto
- Kayenta
- Klagetoh
- Leupp
- Littlewater
- Low Mountain
- Lukachukai
- Manueltito
- Many Farms
- Mariano Lake
- Mexican Springs
- Mexican Water
- Nageezi
- Nahodishgish
- Naschitti
- Navajo Mountain
- Nazlini
- Nenahnezad
- Newcomb
- Oaksprings
- Ojo Encino
- Oljato
- Pinedale
- Pinon
- Pueblo Pintado
- Ramah
- Red Mesa
- Red Rock
- Red Valley
- Rock Point
- Rough Springs
- Round Rock
- Sanostee
- Sheepsprings
- Shiprock
- Shonto
- Smith Lake
- Standing Rock
- St. Michaels
- Ojo Encino
- Oljato
- Pinedale
- Pinon
- Tachee/Blue Gap
- Teec nos pos
- Teesto
- Thoreau
- Tohajiilee
- Tohatchi
- Tonali Lake
- Tonalea
- Torreon
- Tsai le/Wheat fields
- Tsa y atoh
- Tselani/Cottonwood
- Tuba City
- Twin Lakes
- Two Grey Hills
- Upper Fruitland
- Whippoorwill
- White Rock

“Stay strong, keep supporting each other, and keep taking the proper precautions to stay safe and healthy during this surge in COVID-19 cases. The vaccines are available at all health care facilities here on the Navajo Nation, so please get vaccinated and get a booster shot to help protect yourselves from severe illness if you do get the virus. Our elders always tell us that the safest place to be is at home and that remains true, especially during this pandemic. Stay local, stay safe, and please stay home as much as possible to limit possible exposures. We are in this together and we all have to do our part to reduce the spread of the Omicron variant," said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Our faith and prayers will carry us through all of the challenges we face during this pandemic, but we also have to take action and listen to the advice and guidance of our health care experts."
We have to meet our prayers halfway and continue to be very cautious in public places and in our homes. Please be safe, keep praying, and keep pushing back on COVID-19,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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For the latest news from the Office of the President and Vice President, please visit http://www.opvp.navajo-nsn.gov/ or find us on Facebook, Twitter, and Instagram.
January 24, 2022

Navajo Department of Health  
Health Advisory Notice (HAN)  
COVID-19 Community Advisory No. 62 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates January 7-20, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Becenti
- Beclabito
- Bird Springs
- Black Mesa
- Bread Springs
- Burnham
- Cameron
- Casamero Lake
- Chichiltah
- Chilchinbeto
- Chinle
- Churchrock
- Cove
- Coyote Canyon
- Crownpoint
- Crystal
- Dennehotso
- Dilkon
- Forest Lake
- Gadiiah
- Ganado
- Hard Rock
- Hogback
- Houck
- Indian Wells
- Inscription House
- Iyanbito
- Kaibeto
- Kayenta
- Klagetoh
- Leupp
- Littlerwater
- Low Mountain
- Lukachukai
- Lupton
- Manueilito
- Many Farms
- Mariano Lake
- Mexican Springs
- Mexican Water
- Nageezí
- Nahodishgish
- Navajo Mountain
- Nazlini
- Okapisings
- Ojo Encino
- Oljato
- Pinedale
- Pinon
- Pueblo Pintado
- Ramah
- Red Mesa
- Red Rock
- Red Valley
- Rock Point
- Rock Springs
- Rough Rock
- Round Rock
- Sanostee
- Sheepsprings
- Shiprock
- Shonto
- Smith Lake
- St. Michael's
- Standing Rock
- Steamboat
- Steenswater
- Tachee/Blue Gap
- Tseetsi
- Tsehnahnezad
- Newcomb
- Naschitti
- Navajo Mountain
- Sheepsprings
- Shiprock
- Shonto
- Twin Lakes
- Two Grey Hills
- Upper Fruitland
- Whippoorwill
- White Rock
- Teecnoospos
- Teesto
- Thoreau
- Tohajiilee
- Tonalea
- Torreon
- Tsaile/Wheatfields
- Tselani/Cottonwood
- Tuba City
- Twin Lakes
- Two Grey Hills
- Upper Fruitland
- Whippoorwill
- White Rock

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.*

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
</tbody>
</table>
- Immunocompromised state
- Obesity and severe obesity
- Pregnancy
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus
- Neurologic conditions, such as dementia
- Liver disease
- Overweight
- Pulmonary fibrosis
- Thalassemia
- Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19 . For COVID-19 related questions and information, call (928) 871-7014.