



The Navajo Nation  
Office of the President and Vice President

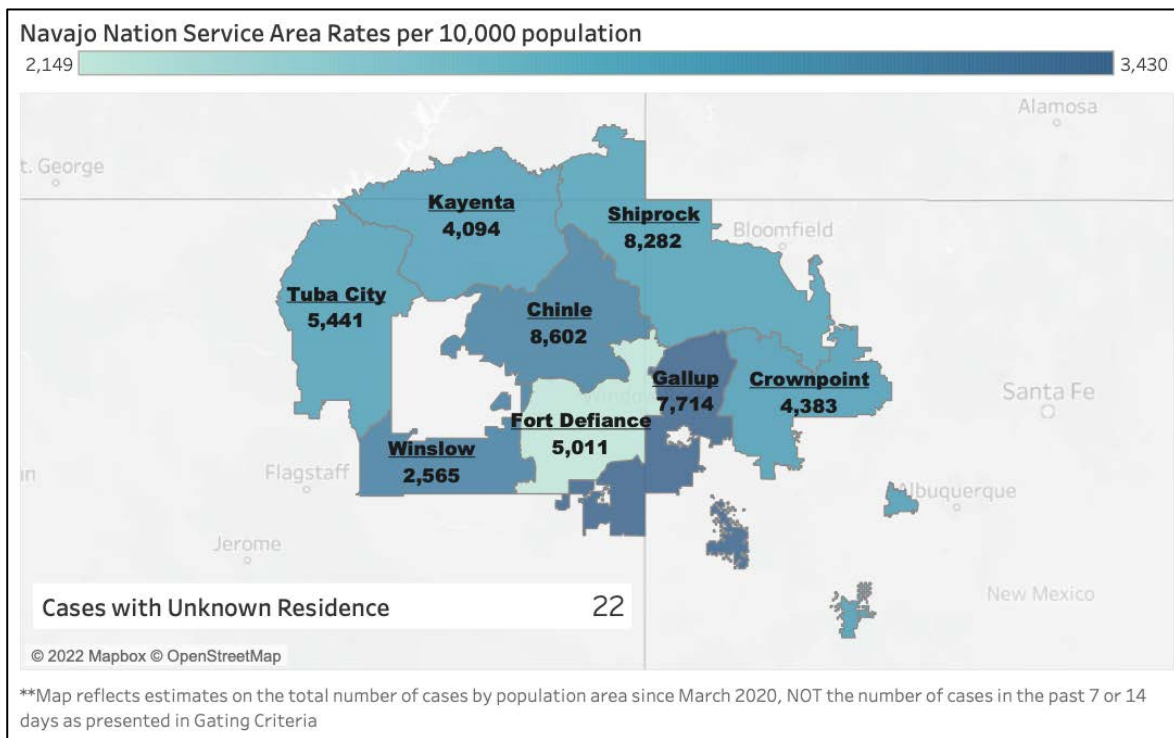
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**FOR IMMEDIATE RELEASE**

January 19, 2022

**142 new cases, 42,074 recoveries, and two deaths related to  
COVID-19, 86 communities identified with uncontrolled spread**



**WINDOW ROCK, Ariz.** – On Wednesday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 142 new COVID-19 cases for the Navajo Nation and two deaths. The total number of deaths is 1,602. The report indicates that 42,074 individuals have recovered from COVID-19. 451,472 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 46,114, including 218 delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 8,602
- Crownpoint Service Unit: 4,383
- Ft. Defiance Service Unit: 5,011

- Gallup Service Unit: 7,714
- Kayenta Service Unit: 4,094
- Shiprock Service Unit: 8,282
- Tuba City Service Unit: 5,441
- Winslow Service Unit: 2,565

\* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Wednesday, the state of Arizona reported 20,497 new cases, Utah reported 12,564 new cases, and New Mexico reported 5,735. Based on cases from Dec. 31, 2021 to Jan. 13, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 86 communities due to uncontrolled spread of COVID-19:

Aneth	Forest Lake	Lupton	Pueblo Pintado	Sweetwater
Baca/Prewitt	Gadiiahi	Manuelito	Ramah	Tachee/Blue Gap
Becenti	Ganado	Many Farms	Red Mesa	Teecnospos
Bird Springs	Hard Rock	Mexican Springs	Red Rock	Teesto
Black Mesa	Hogback	Mexican Water	Red Valley	Thoreau
Bread Springs	Houck	Nageezi	Rock Point	Tohatchi
Cameron	Indian Wells	Nahatadzil	Rock Springs	Tonalea
Casamero Lake	Inscription House	Nahodishgish	Rough Rock	Torreon
Chichiltah	Iyanbito	Naschitti	Round Rock	Tsaile/Wheatfields
Chilchinbeto	Kaibeto	Navajo Mountain	Sanostee	Tsayatoh
Chinle	Kayenta	Nazlini	Sheepsprings	Tselani/Cottonwood
Churchrock	Klagetoh	Nenahnezad	Shiprock	Tuba City
Cornfields	Lake Valley	Newcomb	Shonto	Twin Lakes
Coyote Canyon	Leupp	Oaksprings	Smith Lake	Two Grey Hills
Crownpoint	Littlewater	Oljato	St. Michaels	Upper Fruitland
Crystal	Low Mountain	Pinedale	Standing Rock	Whippoorwill
Dennehotso	Lukachukai	Pinon	Steamboat	White Rock
Dilkon				

"Last week, we had 61 communities identified with uncontrolled spread of COVID-19 and now we have 86 communities this week. This increase demonstrates the high level of contagiousness of the Omicron variant from person to person. On the upside, the high vaccination rate among our Navajo people is making the difference when it comes to maintaining our health system and not overwhelming our hospital bed capacity on the Navajo Nation. The COVID-19 vaccines are highly effective in reducing COVID-19 symptoms and saving lives. Please get vaccinated, get a booster shot, wear two masks in public, do not attend in-person family gatherings where people tend to let their guard down, and keep praying for our frontline warriors and all of our people," said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"If you experience symptoms related to COVID-19 such as coughing, sore throat, fever, or body aches, please do your best to quarantine and get tested as quickly as possible. If you are sick,

please do not go into public, do not go into work in-person, and do your best to isolate. We are in this together and we have to keep pushing back on COVID-19," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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# THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

January 19, 2022

## Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 61 —Safety Precautions

**WINDOW ROCK, AZ** – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates December 31, 2021 – January 13, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Aneth	Forest Lake	Lupton	Pueblo Pintado	Sweetwater
Baca/Prewitt	Gadiiahi	Manuelito	Ramah	Tachee/Blue Gap
Becenti	Ganado	Many Farms	Red Mesa	Teecnospos
Bird Springs	Hard Rock	Mexican Springs	Red Rock	Teesto
Black Mesa	Hogback	Mexican Water	Red Valley	Thoreau
Bread Springs	Houck	Nageezi	Rock Point	Tohatchi
Cameron	Indian Wells	Nahatadziil	Rock Springs	Tonalea
Casamero Lake	Inscription House	Nahodishgish	Rough Rock	Torreon
Chichiltah	Iyanbito	Naschitti	Round Rock	Tsaile/Wheatfields
Chilchinbeto	Kaibeto	Navajo Mountain	Sanostee	Tsayatoh
Chinle	Kayenta	Nazlini	Sheepsprings	Tselani/Cottonwood
Churchrock	Klagetoh	Nenahnezad	Shiprock	Tuba City
Cornfields	Lake Valley	Newcomb	Shonto	Twin Lakes
Coyote Canyon	Leupp	Oaksprings	Smith Lake	Two Grey Hills
Crownpoint	Littlewater	Oljato	St. Michaels	Upper Fruitland
Crystal	Low Mountain	Pinedale	Standing Rock	Whippoorwill
Dennehotso	Lukachukai	Pinon	Steamboat	White Rock
Dilkon				

***\*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<b>People at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Older Adults</li><li>• Cancer</li><li>• Chronic kidney disease</li><li>• Chronic obstructive pulmonary disease</li><li>• Heart conditions</li><li>• Immunocompromised state</li></ul>	<b>Might be at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Asthma</li><li>• Cerebrovascular disease</li><li>• Cystic fibrosis</li><li>• Hypertension or high blood pressure</li><li>• Immunocompromised state</li><li>• Neurologic conditions, such as dementia</li></ul>
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<ul style="list-style-type: none"> <li>• Obesity and severe obesity</li> <li>• Pregnancy</li> <li>• Sickle cell disease</li> <li>• Smoking</li> <li>• Type 2 diabetes mellitus</li> </ul>	<ul style="list-style-type: none"> <li>• Liver disease</li> <li>• Overweight</li> <li>• Pulmonary fibrosis</li> <li>• Thalassemia</li> <li>• Type 1 diabetes mellitus</li> </ul>
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.