FOR IMMEDIATE RELEASE
February 7, 2022

54 new cases, 48,243 recoveries, and no recent deaths related
to COVID-19, 83 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the
Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 54 new COVID-
19 cases for the Navajo Nation and two delayed reported deaths. The total number of deaths is
1,623. The report indicates that 48,243 individuals have recovered from COVID-19. 482,100
COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is
now 51,197, including 12 delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 9,687
- Crownpoint Service Unit: 4,964
- Ft. Defiance Service Unit: 5,284
On Monday, the state of Arizona reported 4,416 new cases. The state of Utah reported 5,504 new cases and New Mexico reported 4,688, which also includes cases from the weekend. Based on cases from Jan. 21, 2022 to Feb. 3, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 83 communities due to uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Beclabito
- Bird Springs
- Black Mesa
- Bread Springs
- Cameron
- Casamero Lake
- Chichiltah
- Chilchinbeto
- Chinle
- Churchrock
- Coppermien
- Cove
- Coyote Canyon
- Crownpoint
- Dennehotso
- Dilkon
- Ganado
- Hard Rock
- Houck
- Indian Wells
- Inscription House
- Iyanbito
- Kaibeto
- Kayenta
- Klagetoh
- Lake Valley
- Leupp
- Littlewater
- Low Mountain
- Lukachukai
- Lupton
- Manuelito
- Many Farms
- Mariano Lake
- Mexican Water
- Nageezi
- Nahatadziil
- Nahodishgish
- Naschitti
- Nazlini
- Nenahnezad
- Newcomb
- Oaksprings
- Ojio Encino
- Oljato
- Pinedale
- Pinon
- Pueblo Pintado
- Ramah
- Red Lake
- Red Mesa
- Red Valley
- Rock Point
- Rock Springs
- Rough Rock
- Round Rock
- Sanostee
- Sheepsprings
- Shiprock
- Shonto
- Smith Lake
- St. Michaels
- Standing Rock
- Steamboat
- Sweetwater
- Tachee/Blue Gap
- Teec Nospos
- Teesto
- Thoreau
- Tohajiilee
- Tohatchi
- Tonalea
- Tsaihl/Wheatfields
- Tselani/Cottonwood
- Tuba City
- Twin Lakes
- Two Grey Hills
- Upper Fruitland
- Whippoorwill
- White Horse Lake

“*We must be very careful, stay home as much as possible, and limit travel to help protect yourselves and your loved ones. If you have symptoms related to COVID-19, please isolate yourself and make a plan to get tested as soon as possible. If you’re sick, please do not go into public places and please do not attend in-person gatherings. We are in this together and we need more of our people to get vaccinated, which includes a booster shot for COVID-19. Please remain diligent and keep pushing back on the virus,*” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Be very careful in public places and please help to inform your elders about the measures they should take to protect themselves. We have to do everything we can to protect our elders and children from COVID-19. Please be safe, continue to pray, and keep supporting one another,” said Vice President Myron Lizer.
For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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For the latest news from the Office of the President and Vice President, please visit http://www.opvp.navajo-nsn.gov/ or find us on Facebook, Twitter, and Instagram.
Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 64 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates January 21 – February 3, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

<table>
<thead>
<tr>
<th>Aneth</th>
<th>Dilkon</th>
<th>Many Farms</th>
<th>Red Lake</th>
<th>Tachee/Blue Gap</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baca/Prewitt</td>
<td>Ganado</td>
<td>Mariano Lake</td>
<td>Red Mesa</td>
<td>Teecnospos</td>
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<tr>
<td>Beclabito</td>
<td>Hard Rock</td>
<td>Mexican Water</td>
<td>Red Valley</td>
<td>Teesto</td>
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<tr>
<td>Bird Springs</td>
<td>Houck</td>
<td>Nageezii</td>
<td>Rock Point</td>
<td>Thoreau</td>
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<tr>
<td>Black Mesa</td>
<td>Indian Wells</td>
<td>Nahatadiizil</td>
<td>Rock Springs</td>
<td>Tohajiilee</td>
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<tr>
<td>Bread Springs</td>
<td>Inscription House</td>
<td>Nahodishgish</td>
<td>Rough Rock</td>
<td>Tohatchi</td>
</tr>
<tr>
<td>Cameron</td>
<td>Iyanbito</td>
<td>Naschitti</td>
<td>Round Rock</td>
<td>Tonalea</td>
</tr>
<tr>
<td>Casamero Lake</td>
<td>Kaibeto</td>
<td>Nazlini</td>
<td>Sanostee</td>
<td>Tsaile/Wheatfields</td>
</tr>
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<td>Chichiltah</td>
<td>Kayenta</td>
<td>Nenahnezad</td>
<td>Sheepsprings</td>
<td>Tsaatoo</td>
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<tr>
<td>Chilchinbeto</td>
<td>Klagetoh</td>
<td>Newcomb</td>
<td>Shiprock</td>
<td>Tselani/Cottonwood</td>
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<tr>
<td>Chinle</td>
<td>Lake Valley</td>
<td>Oaksprings</td>
<td>Shonto</td>
<td>Tuba City</td>
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<tr>
<td>Churchrock</td>
<td>Leupp</td>
<td>Ojo Encino</td>
<td>Smith Lake</td>
<td>Twin Lakes</td>
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<td>Littlewater</td>
<td>Oljato</td>
<td>St. Michaels</td>
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<td>Cove</td>
<td>Low Mountain</td>
<td>Pinedale</td>
<td>Standing Rock</td>
<td>Upper Fruitland</td>
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<td>Coyote Canyon</td>
<td>Lukachukai</td>
<td>Pinon</td>
<td>Steamboat</td>
<td>Whippoorwill</td>
</tr>
<tr>
<td>Crownpoint</td>
<td>Lupton</td>
<td>Pueblo Pintado</td>
<td>Sweetwater</td>
<td>White Horse Lake</td>
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<tr>
<td>Dennehotso</td>
<td>Manuelito</td>
<td>Ramah</td>
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</tbody>
</table>

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.*

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
</tr>
<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
</tbody>
</table>
• Sickle cell disease
• Smoking
• Type 2 diabetes mellitus

• Pulmonary fibrosis
• Thalassemia
• Type 1 diabetes mellitus

All residents should practice health and safety measures:

• Get vaccinated.
• Wear a mask in the public.
• Avoid close contact with people who are sick.
• Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
• Clean and disinfect frequently touched surfaces daily.
• Avoid touching your face, nose, and eyes with unwashed hands.
• Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
• Social distance - keep 6 feet between yourself and others.
• Limit gatherings with individuals outside your immediate household.

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