FOR IMMEDIATE RELEASE
August 29, 2022

Over three-day period, 18 new cases and five deaths related to COVID-19 reported, 51 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 18 new COVID-19 cases for the Navajo Nation and five deaths over a three-day period from August 27-29. The total number of deaths is now 1,884. 584,845 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 71,649, including three delayed reported cases.

Based on cases from August 12 – 25, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 51 communities due to uncontrolled spread of COVID-19:

- Baca/Prewitt
- Bird Springs
- Cameron
- Casamero Lake
- Chichiltah
- Chinle
- Churchrock
- Coyote Canyon
- Crownpoint
- Fort Defiance
- Ganado
- Hard Rock
- Houck
- Indian Wells
- Iyanbito
- Kaibeto
- Kayenta
- Lake Valley
- Lukachukai
- Lupton
- Manuelito
- Many Farms
- Mexican Springs
- Nahatadziil
- Naschitti
- Nazlini
- Newcomb
- Pinedale
- Pinon
- Ramah
- Red Lake
- Red Valley
- Rock Point
- Rock Springs
- Rough Rock
- Sheepsprings
- Shiprock
- Shonto
- Smith Lake
- St. Michaels
- Tachee/Blue Gap
- Tseeshaht
- Tseh­h­h
- Tonalea
- Tohatchi
- Tsaile/Wheatfields
- Tsayatoh
- Tselani/Cottonwood
- Twin Lakes
- Upper Fruitland

“The strength and resilience of our elders remain within each of us, as Navajo people, to this day. That strength is what continues to carry us through this COVID-19 pandemic along with the love and support of others. Now, we have one confirmed case of Monkeypox on the Navajo Nation and we have to continue to keep our guard up and take precautions. Please be safe and keep praying for our frontline warriors who continue to fight for us each day, and for all of our Navajo people,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.
“If you or someone in your household feels sick or has symptoms related to COVID-19, you are strongly urged to isolate and get tested as soon as possible. We all have to do our part to lessen the spread of COVID-19 in our homes and communities. Please be safe and continue to pray for our Nation,” said Vice President Myron Lizer.


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August 29, 2022

Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 93 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates August 12-25, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

| Baca/Prewitt | Hard Rock | Many Farms | Red Valley | Teecnospos |
| Bird Springs | Houck | Mexican Springs | Rock Point | Teesto |
| Cameron | Indian Wells | Nahatadziil | Rock Springs | Thoreau |
| Casamero Lake | Iyanbito | Naschitti | Rough Rock | Tohatchi |
| Chichiltah | Kaibeto | Nazlini | Sheepsprings | Tonalea |
| Chinle | Kayenta | Newcomb | Shiprock | Tsai/Weatfields |
| Churchrock | Lake Valley | Pinedale | Shonto | Tsayatoh |
| Coyote Canyon | Lukachukai | Pinon | Smith Lake | Tselani/Cottonwood |
| Crownpoint | Lupton | Ramah | St. Michaels | Twin Lakes |
| Fort Defiance | Manuelito | Red Lake | Tachee/Blue Gap | Upper Fruitland |

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
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<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
</tr>
<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

• Get vaccinated.
• Wear a mask in the public.
• Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.