



The Navajo Nation
Office of the President and Vice President

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Over three-day period, 122 new cases and no recent deaths related to COVID-19, 64 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 122 new COVID-19 cases for the Navajo Nation and no recent deaths over a three-day period from July 30 to August 1. The total number of deaths is 1,861, including one delayed death reported. 569,074 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 60,988, including eight delayed reported cases.

The Navajo Nation remains in “yellow status,” in accordance with Public Health Emergency Order No. 2022-004 available online at: <https://www.ndoh.navajo-nsn.gov/COVID-19>. Based on cases from July 15 – 28, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 64 communities due to uncontrolled spread of COVID-19:

Baca/Prewitt	Fort Defiance	Lupton	Red Valley	Teec Nos Pos
Becenti	Ganado	Many Farms	Rock Point	Teesto
Cameron	Houck	Mariano Lake	Rock Springs	Thoreau
Casamero Lake	Indian Wells	Nahatadzil	Rough Rock	Tohatchi
Chichiltah	Iyanbito	Nahodishgish	Round Rock	Tonalea
Chinle	Jeddito	Navajo Mountain	Sanostee	Tsaile/Wheatfields
Churchrock	Kaibeto	Nazlini	Sheepsprings	Tsayatoh
Coalmine Mesa	Kayenta	Nenahnezad	Shiprock	Tselani/Cottonwood
Coyote Canyon	Lake Valley	Newcomb	Shonto	Tuba City
Crownpoint	Leupp	Pinon	Smith Lake	Twin Lakes
Dennehotso	Littlewater	Ramah	St. Michaels	Two Grey Hills
Dilkon	Low Mountain	Red Lake	Standing Rock	Upper Fruitland
Forest Lake	Lukachukai	Red Rock	Tachee/Blue Gap	

“The COVID-19 pandemic began over two years ago. We began working with our public health experts months in advance of the first case being confirmed here on the Navajo Nation. To this day, we meet with our public health experts on a regular basis to prioritize saving lives through the COVID-19 vaccines and the safety measures prescribed by scientists. We continue to work together and issue new guidelines for our people. We asked everyone to do their part by wearing masks in public, getting vaccinated, and continue to listen to our public health experts. We are in this together,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“If you feel sick or have symptoms related to COVID-19, our health care experts urge you to isolate and get tested as soon as possible. We all have to do our part to lessen the spread of COVID-19 in our homes and communities. Please be safe and continue to pray for our frontline workers and our Nation,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

August 1, 2022

**Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 89 —Safety Precautions**

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates July 15 – 28, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Fort Defiance	Lupton	Red Valley	Teec Nos Pos
Becenti	Ganado	Many Farms	Rock Point	Teesto
Cameron	Houck	Mariano Lake	Rock Springs	Thoreau
Casamero Lake	Indian Wells	Nahatadziil	Rough Rock	Tohatchi
Chichiltah	Iyanbito	Nahodishgish	Round Rock	Tonalea
Chinle	Jeddito	Navajo Mountain	Sanostee	Tsaile/Wheatfields
Churchrock	Kaibeto	Nazlini	Sheepsprings	Tsayatoh
Coalmine Mesa	Kayenta	Nenahnezad	Shiprock	Tselani/Cottonwood
Coyote Canyon	Lake Valley	Newcomb	Shonto	Tuba City
Crownpoint	Leupp	Pinon	Smith Lake	Twin Lakes
Dennehotso	Littlewater	Ramah	St. Michaels	Two Grey Hills
Dilkon	Low Mountain	Red Lake	Standing Rock	Upper Fruitland
Forest Lake	Lukachukai	Red Rock	Tachee/Blue Gap	

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<p>People at Increased Risk for Severe Illness</p> <ul style="list-style-type: none"> • Older Adults • Cancer • Chronic kidney disease • Chronic obstructive pulmonary disease • Heart conditions • Immunocompromised state • Obesity and severe obesity • Pregnancy • Sickle cell disease • Smoking • Type 2 diabetes mellitus 	<p>Might be at Increased Risk for Severe Illness</p> <ul style="list-style-type: none"> • Asthma • Cerebrovascular disease • Cystic fibrosis • Hypertension or high blood pressure • Immunocompromised state • Neurologic conditions, such as dementia • Liver disease • Overweight • Pulmonary fibrosis • Thalassemia • Type 1 diabetes mellitus
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.

- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.