FOR IMMEDIATE RELEASE
September 7, 2021

35 new cases, 31,248 recoveries, and no recent deaths related
to COVID-19, 38 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Tuesday, the Navajo Department of Health, in coordination with the
Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 35 new COVID-
19 cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,414.
The report indicates that 31,248 individuals have recovered from COVID-19. 321,220 COVID-19
tests have been administered. The overall total number of positive COVID-19 cases is now 33,009.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 6,029
- Crownpoint Service Unit: 3,180
- Ft. Defiance Service Unit: 3,962
• Gallup Service Unit: 5,255
• Kayenta Service Unit: 2,909
• Shiprock Service Unit: 5,565
• Tuba City Service Unit: 4,011
• Winslow Service Unit: 2,079

* 19 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Tuesday, the state of Arizona reported 1,982 new cases, Utah reported 706, and New Mexico reported 2,510 new cases.

Based on cases from Aug. 20 to Sept. 2, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 38 communities due to uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Becenti
- Black Mesa
- Chichiltah
- Chinle
- Churchrock
- Coyote Canyon
- Crownpoint
- Forest Lake
- Ganado
- Hard Rock
- Indian Wells
- Iyanbito
- Jeddito
- Kaibeto
- Lukachukai
- Manuelito
- Mariano Lake
- Red Mesa
- Red Rock
- Rock Springs
- Sheepsprings
- Shonto
- Shiprock
- Smith Lake
- St. Michaels
- Sweetwater
- Tachee/Blue
- Tachee
- Teecnospos
- Thoreau
- Tohatchi
- Tonalea
- Tuba City
- Twin Lakes
- Upper Fruitland

“The COVID-19 vaccines are safe and effective. If you have a loved one who has not received the vaccine, please encourage them to get fully vaccinated as soon as possible. The vaccines help to reduce severe symptoms, hospitalization, and risks of death if you do contract the virus. For over a year, our health care experts have learned a lot about the virus and they’ve gone above and beyond to protect our people and to give us the guidance and resources that we need to protect ourselves,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“We have to remain diligent to reduce the spread of COVID-19 in our communities. If you feel symptoms related to COVID-19, please do your best to monitor yourself and get tested. We are in this together, so please continue to support one another and pray for our frontline workers and all of those who are battling COVID-19 at this moment,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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For the latest news from the Office of the President and Vice President, please visit http://www.opvp.navajo-nsn.gov/ or find us on Facebook, Twitter, and Instagram.
Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 42 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates August 20, 2021 – September 2, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Becenti
- Black Mesa
- Chichiltah
- Chinle
- Churchrock
- Coyote Canyon
- Crownpoint
- Forest Lake
- Ganado
- Hard Rock
- Indian Wells
- Iyanbito
- Jeddito
- Kaibeto
- Lukachukai
- Manuelito
- Many Farms
- Mariano Lake
- Red Mesa
- Red Rock
- Rock Springs
- Shiprock
- Shonto
- Smith Lake
- St. Michaels
- Sweetwater
- Tachee/Blue Gap
- Teec Nos Pos
- Teesto
- Thoreau
- Tohatchi
- Tonalea
- Tuba City
- Twin Lakes
- Upper Fruitland

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.*

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
</tr>
<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
</tr>
<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
• Clean and disinfect frequently touched surfaces daily.
• Avoid touching your face, nose, and eyes with unwashed hands.
• Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
• Social distance - keep 6 feet between yourself and others.
• Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.