



## The Navajo Nation Office of the President and Vice President

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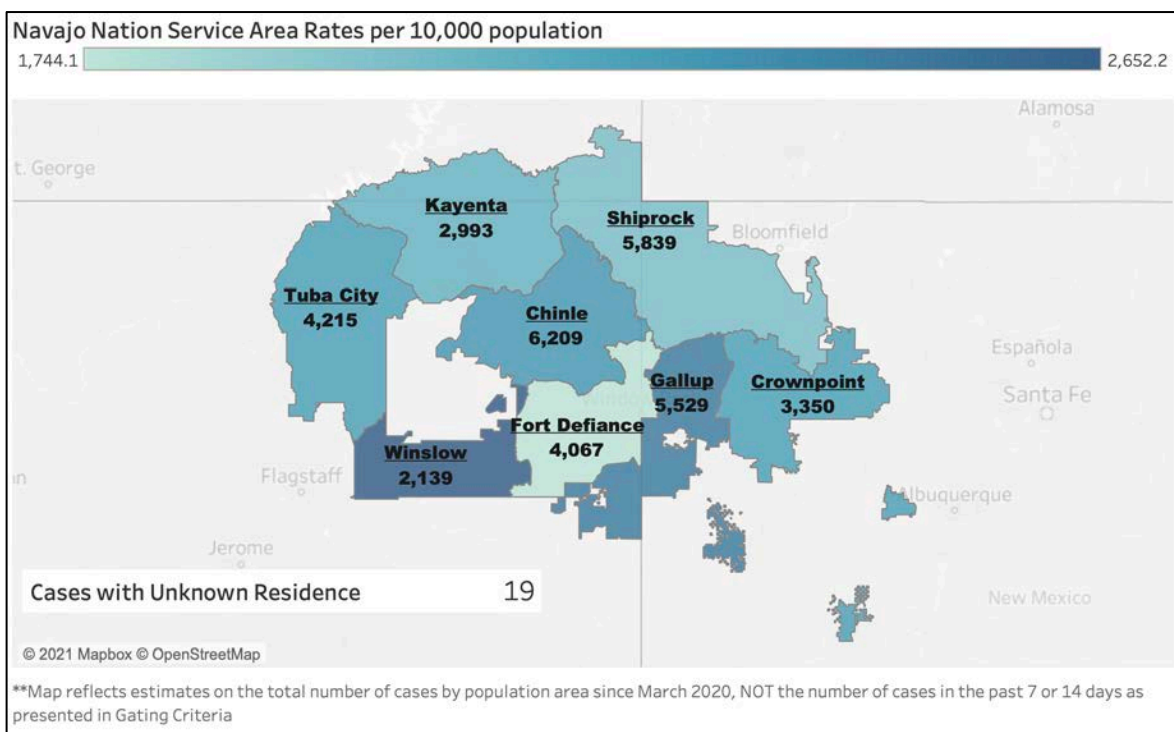
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### FOR IMMEDIATE RELEASE

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## 51 new cases, 32,542 recoveries, and one more death related to COVID-19



**WINDOW ROCK, Ariz.** – On Friday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 51 new COVID-19 cases for the Navajo Nation and one more recent death. The total number of deaths is now 1,454. The report indicates that 32,524 individuals have recovered from COVID-19. 343,869 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 34,360.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 6,209
- Crownpoint Service Unit: 3,350
- Ft. Defiance Service Unit: 4,067

- Gallup Service Unit: 5,529
- Kayenta Service Unit: 2,993
- Shiprock Service Unit: 5,839
- Tuba City Service Unit: 4,215
- Winslow Service Unit: 2,139

\* 19 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Thursday, the state of Arizona reported 2,702 new cases, Utah reported 1,637 new cases, and New Mexico reported 972 new cases.

“The COVID-19 pandemic has changed how we function in society. Significant life events, positive or negative, can cause stress, fear, and anxiety. It’s important to monitor yourself and family members and take steps to manage and lessen stress, fear, or anxiety. If you are feeling stress or anxious, take the time to take a deep breath, stretch, pray, or take a walk. If symptoms worsen, seek professional support. We must protect ourselves and others,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Remain diligent and please continue to wear masks in public. Please minimize visits to other households and if you must enter another person’s home, please wear a mask and be very careful. The Delta variant is more transmissible than the other strains of the virus that we’ve experienced so far. Stay strong and keep praying for our frontline workers and all of our communities,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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