

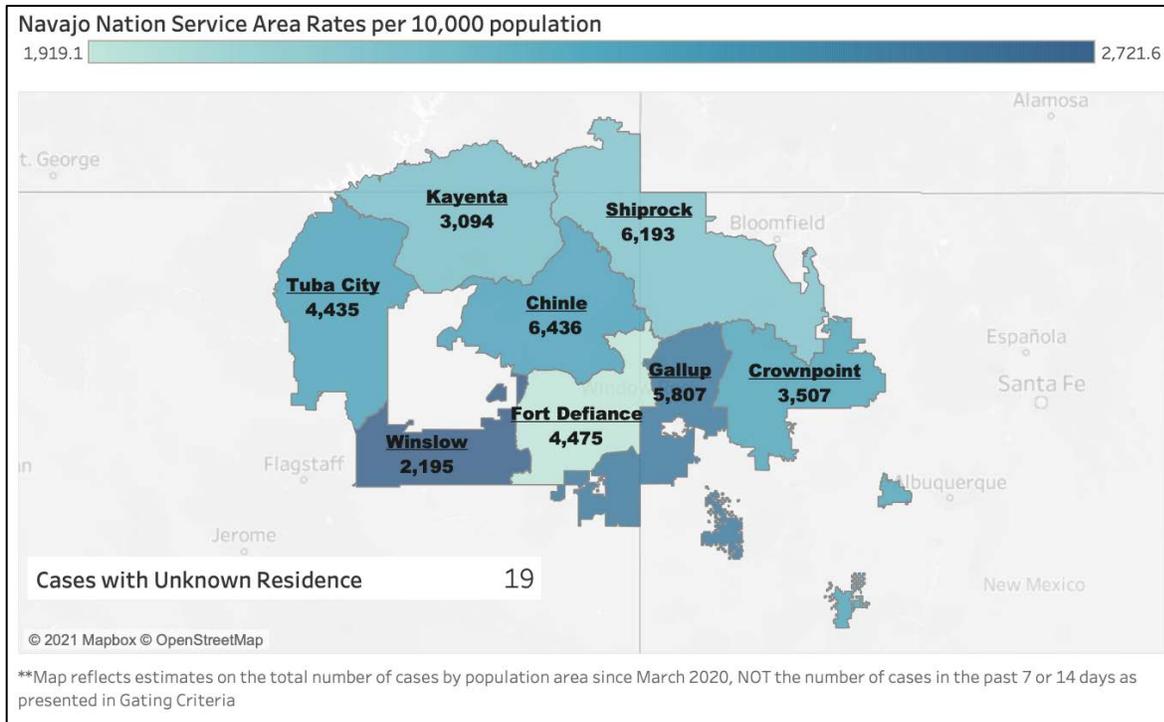


The Navajo Nation
Office of the President and Vice President

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FOR IMMEDIATE RELEASE
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37 new cases, 34,080 recoveries, and no recent deaths related to COVID-19, 48 communities identified with uncontrolled spread



WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 37 new COVID-19 cases for the Navajo Nation and no recent deaths and one delayed reported death. The total number of deaths is 1,474. The report indicates that 34,080 individuals have recovered from COVID-19. 357,148 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 36,161, including 15 delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 6,436
- Crownpoint Service Unit: 3,507
- Ft. Defiance Service Unit: 4,475
- Gallup Service Unit: 5,807

- Kayenta Service Unit: 3,094
- Shiprock Service Unit: 6,193
- Tuba City Service Unit: 4,435
- Winslow Service Unit: 2,195

* 19 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 158 new cases. Utah reported 3,636 cases and New Mexico reported 2,335 cases, which also includes weekend case numbers. Based on cases from Oct. 8 to Oct. 21, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 48 communities due to uncontrolled spread of COVID-19:

Baca/Prewitt	Dilkon	Lupton	Rough Rock	Tohatchi
Bread Springs	Fort Defiance	Many Farms	Sanostee	Tonalea
Cameron	Ganado	Nahatadziil	Sheepsprings	Tsaile/Wheatfields
Chichiltah	Houck	Nahodishgish	Shiprock	Tsayatoh
Chinle	Indian Wells	Naschitti	St. Michaels	Tselani/Cottonwood
Churchrock	Inscription House	Newcomb	Standing Rock	Tuba City
Coppermine	Jeddito	Pinon	Sweetwater	Two Grey Hills
Cove	Kaibeto	Red Valley	Tecnospos	Upper Fruitland
Coyote Canyon	Kayenta	Rock Point	Teesto	
Crownpoint	Lukachukai	Rock Springs	Thoreau	

"The direction that this virus takes, whether new infections increase or decrease, is entirely in our hands individually and collectively. We know how to reduce and even stop the spread of COVID-19, but it takes all of us making the right choices for ourselves and others each and every day. Our health care experts have gone above and beyond to help our people and to give us the guidance that we need, but it's ultimately our own actions and choices that decide how far COVID-19 spreads. Please be safe, get vaccinated, wear a mask in public, and continue to pray for our people and frontline warriors," said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"We all want this pandemic to end, but we have to stay the course and keep fighting this virus. We have too many of our people contracting COVID-19. We have to do better and we have to remain strong for one another. Keep praying and keep taking precautions to keep yourselves and others safe and healthy," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

October 25, 2021

**Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 49 —Safety Precautions**

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates October 8, 2021 – October 21, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Dilkon	Lupton	Rough Rock	Tohatchi
Bread Springs	Fort Defiance	Many Farms	Sanostee	Tonalea
Cameron	Ganado	Nahatadziil	Sheepsprings	Tsaile/Wheatfields
Chichiltah	Houck	Nahodishgish	Shiprock	Tsayatoh
Chinle	Indian Wells	Naschitti	St. Michaels	Tselani/Cottonwood
Churchrock	Inscription House	Newcomb	Standing Rock	Tuba City
Coppermine	Jeddito	Pinon	Sweetwater	Two Grey Hills
Cove	Kaibeto	Red Valley	Teecnospos	Upper Fruitland
Coyote Canyon	Kayenta	Rock Point	Teesto	
Crownpoint	Lukachukai	Rock Springs	Thoreau	

****Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none"> • Older Adults • Cancer • Chronic kidney disease • Chronic obstructive pulmonary disease • Heart conditions • Immunocompromised state • Obesity and severe obesity • Pregnancy • Sickle cell disease • Smoking • Type 2 diabetes mellitus 	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none"> • Asthma • Cerebrovascular disease • Cystic fibrosis • Hypertension or high blood pressure • Immunocompromised state • Neurologic conditions, such as dementia • Liver disease • Overweight • Pulmonary fibrosis • Thalassemia • Type 1 diabetes mellitus
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonns.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.