

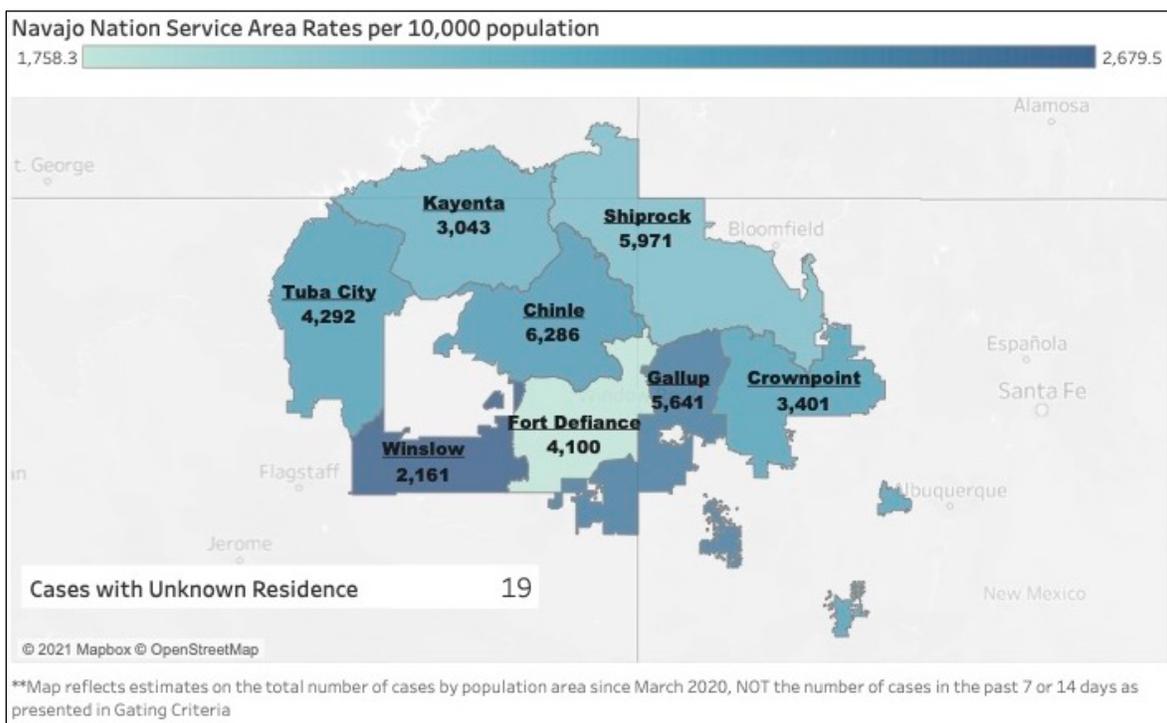


The Navajo Nation  
Office of the President and Vice President

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**FOR IMMEDIATE RELEASE**  
October 18, 2021

**30 new cases, 32,906 recoveries, and no recent deaths related to COVID-19, 31 communities identified with uncontrolled spread**



**WINDOW ROCK, Ariz.** – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 30 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,464. The report indicates that 32,906 individuals have recovered from COVID-19. 350,743 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 34,914, including six delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 6,286
- Crownpoint Service Unit: 3,401
- Ft. Defiance Service Unit: 4,100
- Gallup Service Unit: 5,641
- Kayenta Service Unit: 3,043
- Shiprock Service Unit: 5,971

- Tuba City Service Unit: 4,292
  - Winslow Service Unit: 2,161
- \* 19 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona will report new cases on Tuesday due to a system update. Utah reported 3,036 cases and New Mexico reported 1,895 new cases, which also includes weekend case numbers. Based on cases from Oct. 1 to Oct. 14, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 31 communities due to uncontrolled spread of COVID-19:

Baca/Prewitt	Ganado	Many Farms	Shiprock	Tonalea
Birdsprings	Houck	Mexican Water	Shonto	Tsaile/Wheatfields
Bodaway/Gap	Indian Wells	Newcomb	St. Michaels	Tsayatoh
Cameron	Iyanbito	Pinon	Teecnospos	Tselani/Cottonwood
Chinle	Kaibeto	Red Valley	Teesto	Tuba City
Churchrock	Kayenta	Rock Springs	Thoreau	Two Grey Hills
Coyote Canyon	Lupton	Sanostee	Tohatchi	Upper Fruitland
Crystal	Manuelito	Sheepsprings		

"We have to do better, collectively and individually, when it comes to preventing the spread of COVID-19. We see somewhat of a plateau in new infections, but we should be in a much better state than we are. Our health care experts have provided us the knowledge and guidance to keep ourselves safe and healthy, but it is ultimately the individual choices that our people make each day that determines the outcome. When people choose to have in-person family gatherings with no masks required, they are putting themselves at much greater risk of COVID-19. Please remain diligent, take precautions, and get vaccinated. The safest place to be is at home here on the Navajo Nation," said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"The advice from our health care workers may seem repetitive, but it is their guidance that is helping to reduce the spread of COVID-19 and save lives. We are in this fight together against this virus, so everything that we do each day impacts others. Please continue to be very cautious, especially in public and please continue to pray for our people," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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# THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

October 18, 2021

## Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 48 —Safety Precautions

**WINDOW ROCK, AZ** – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates October 1, 2021 – October 14, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Ganado	Many Farms	Shiprock	Tonalea
Birdsprings	Houck	Mexican Water	Shonto	Tsaile/Wheatfields
Bodayway/Gap	Indian Wells	Newcomb	St. Michaels	Tsayatoh
Cameron	Iyanbito	Pinon	Teecnospos	Tselani/Cottonwood
Chinle	Kaibeto	Red Valley	Teesto	Tuba City
Churchrock	Kayenta	Rock Springs	Thoreau	Two Grey Hills
Coyote Canyon	Lupton	Sanostee	Tohatchi	Upper Fruitland
Crystal	Manuelito	Sheepsprings		

***\*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<b>People at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Older Adults</li><li>• Cancer</li><li>• Chronic kidney disease</li><li>• Chronic obstructive pulmonary disease</li><li>• Heart conditions</li><li>• Immunocompromised state</li><li>• Obesity and severe obesity</li><li>• Pregnancy</li><li>• Sickle cell disease</li><li>• Smoking</li><li>• Type 2 diabetes mellitus</li></ul>	<b>Might be at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Asthma</li><li>• Cerebrovascular disease</li><li>• Cystic fibrosis</li><li>• Hypertension or high blood pressure</li><li>• Immunocompromised state</li><li>• Neurologic conditions, such as dementia</li><li>• Liver disease</li><li>• Overweight</li><li>• Pulmonary fibrosis</li><li>• Thalassemia</li><li>• Type 1 diabetes mellitus</li></ul>
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.

- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.