FOR IMMEDIATE RELEASE
October 4, 2021

29 new cases, 32,369 recoveries, and no recent deaths related to COVID-19, 35 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 29 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,447. The report indicates that 32,369 individuals have recovered from COVID-19. 340,022 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 34,172, including one delayed reported case.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 6,181
- Crownpoint Service Unit: 3,331
- Ft. Defiance Service Unit: 4,047
- Gallup Service Unit: 5,495
On Monday, the state of Arizona reported 2,113 new cases. Utah reported 3,296 new cases and New Mexico reported 1,776 new cases, which also includes combined cases over the weekend.

Based on cases from Sept. 17 to Sept. 30, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 35 communities due to uncontrolled spread of COVID-19:

Baca/Prewitt  Coyote Canyon  Kayenta  Rock Springs  Tonalea
Becenti  Crownpoint  Leupp  Sheep Springs  Tsayatoh
Bread Springs  Dennehotso  Manuelito  Shiprock  Tuba City
Cameron  Ganado  Nageezi  Tseecspos  Twin Lakes
Chinle  Indian Wells  Naschitti  Teesto  Two Grey Hills
Churchrock  Iyanbito  Pinedale  Thoreau  Upper Fruitland
Chinle  Kaibeto  Pinon  Tohatchi  Whitehorse Lake

"This week, we see a slight decrease from 40 to 35 communities identified as having uncontrolled spread of COVID-19. We have to work together and urge our loved ones to be very cautious so that we can have zero communities with uncontrolled spread of this virus. The Navajo Nation has had several days with zero new cases during this pandemic and we want to get back to that point, but it will take all of us doing our part. We have to wear masks in public and when we are near others who live outside of our immediate household and we need more of our people to get fully vaccinated. Please be safe and make good choices for yourself and others," said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"Keep taking precautions to protect yourselves and others from COVID-19. If you feel sick or have symptoms related to COVID-19, please remain home, do your best to isolate yourself, and get tested for COVID-19 as soon as possible. Our health care experts have provided us the guidance and protocols to follow, so please adhere to their advice and continue to pray for our people," said Vice President Myron Lizer.


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For the latest news from the Office of the President and Vice President, please visit [http://www.opvp.navajo-nsn.gov/](http://www.opvp.navajo-nsn.gov/) or find us on Facebook, Twitter, and Instagram.
October 4, 2021

Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 46 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates September 17, 2021 – September 30, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Baca/Prewitt
- Becenti
- Bread Springs
- Cameron
- Chichiltah
- Chinle
- Churchrock
- Coyote Canyon
- Dennehotso
- Ganado
- Indian Wells
- Iyanbito
- Kaibeto
- Kayenta
- Manuelito
- Nageezi
- Naschitti
- Pinedale
- Pinon
- Rock Springs
- Shiprock
- Teecnospos
- Thoreau
- Tohatchi
- Tonalea
- Tuba City
- Twin Lakes
- Two Grey Hills
- Upper Fruitland
- Whitehorse Lake

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.*

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
</tr>
<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
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<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
• Avoid touching your face, nose, and eyes with unwashed hands.
• Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
• Social distance - keep 6 feet between yourself and others.
• Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.