FOR IMMEDIATE RELEASE
October 11, 2021

11 new cases, 32,667 recoveries, and no recent deaths related to COVID-19, 33 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 11 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,456. The report indicates that 32,667 individuals have recovered from COVID-19. 343,869 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 34,458.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chine Service Unit: 6,226
- Crownpoint Service Unit: 3,357
- Ft. Defiance Service Unit: 4,073
- Gallup Service Unit: 5,545
On Monday, the state of Arizona reported 1,760 new cases. Utah and New Mexico will report weekend case numbers on Tuesday. Based on cases from Sept. 24 to Oct. 7, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 33 communities due to uncontrolled spread of COVID-19:

Baca/Prewitt  Houck  Manuelito  Shiprock  Tonalea
Birdsprings   Indian Wells  Nageezi  St. Michaels  Tsayatoh
Cameron       Iyaniibito  Pinon   Teecnospos  Tselani/Cottonwood
Chinle        Kaibeto    Red Valley Teesto    Tuba City
Churchrock    Kayenta    Rock Springs Thoreau  Two Grey Hills
Coyote Canyon Leupp     Sanostee To Hatchi Upper Fruitland
Ganado        Lupton     Sheepsprings

"This week, we see a slight decrease from 35 to 33 communities identified as having uncontrolled spread of COVID-19. Please continue to wear a mask in public, avoid large crowds, and most importantly, get vaccinated. The COVID-19 vaccines are safe and effective. If you have a loved one who has not received the vaccine, please encourage them to get fully vaccinated as soon as possible. The vaccines help reduce severe symptoms, hospitalization, and risks of death if you contract the virus. We need everyone’s help to educate people about the benefits of COVID-19 vaccines,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"Keep taking precautions to protect yourselves and others from COVID-19. If you feel sick or have symptoms related to COVID-19, please remain home, do your best to isolate yourself, and get tested for COVID-19 as soon as possible. Our health care experts have provided us the guidance and protocols to follow, so please adhere to their advice and continue to pray for our people," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

# # #
October 11, 2021

Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 47 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates September 24, 2021 – October 7, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Baca/Prewitt
- Birdsprings
- Cameron
- Chinle
- Churchrock
- Coyote Canyon
- Ganado
- Houck
- Indian Wells
- Iyanbito
- Kaibeto
- Kayenta
- Leupp
- Lupton
- Manuelito
- Nageezi
- Pinon
- Red Valley
- Rock Springs
- Sanostee
- Sheepsprings
- Shiprock
- St. Michaels
- Teec Nos Pos
- Teesto
- Thoreau
- Two Grey Hills
- Tonalea
- Tuba City
- Tselani/Cottonwood
- Upper Fruitland

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.*

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
</tr>
<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
</tr>
<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.