FOR IMMEDIATE RELEASE
November 15, 2021

62 new cases and no recent deaths related to COVID-19, 55 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. — On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 62 new COVID-19 cases and five delayed cases for the Navajo Nation and no recent deaths. The total number of deaths remains at 1,514. Due to technical issues, a full report is not available.

On Monday, the state of Arizona reported 2,774 new cases. Utah reported 4,502 cases and New Mexico reported 3,712 new cases, which also includes weekend case numbers. Based on cases from Oct. 29 to Nov. 11, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 55 communities due to uncontrolled spread of COVID-19:

Aneth  Coyote Canyon  Leupp  Rock Springs  Thoreau
Baca/Prewitt  Crownpoint  Manuelito  Rough Rock  Tohatchi
Bird Springs  Ganado  Many Farms  Round Rock  Tonalea
Black Mesa  Hogback  Naschitti  Sanostee  Torreon
Bodaway/Gap  Houck  Nenahnezad  Sheepsprings  Tsaile/Wheatfields
Cameron  Indian Wells  Newcomb  Shiprock  Tsayatoh
Casamero Lake  Inscription House  Oak Springs  Shonto  Tselani/Cottonwood
Chinle  Chinle  Iyanbito  Pinon  St. Michaels  Tuba City
Chilchinbeto  Kaibeto  Ramah  Tachee/Blue Gap  Two Grey Hills
Chinle  Kayenta  Red Valley  Teec Nos Pos  Upper Fruitland
Churchrock  Lechee  Rock Point  Teesto  Whippoorwill

“COVID-19 vaccines for individuals five years and older are widely available at health care facilities across the Navajo Nation. We appreciate all of the hard work of our health care facilities to coordinate and distribute the vaccines as quickly as possible. This week, the Navajo Department of Health has identified 55 communities as having uncontrolled spread of COVID-19. We have to be very careful, take precautions, wear masks in public, get fully vaccinated, and limit social gatherings. We all have to do our part to push back on COVID-19," said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.
"As we approach the Thanksgiving holiday, it’s crucial that our Navajo people continue to support one another and help to inform their loved ones about the importance of taking precautions and limiting in-person gatherings. Far too many of our people have contracted COVID-19 because of in-person gatherings where people let their guard down by not wearing their masks and being unvaccinated. Let’s help each other and keep each other safe," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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For the latest news from the Office of the President and Vice President, please visit http://www.opvp.navajo-nsn.gov/ or find us on Facebook, Twitter, and Instagram.
November 15, 2021

Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 52 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates October 29, 2021 – November 11, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Bird Springs
- Black Mesa
- Bodaway/Gap
- Cameron
- Casamero Lake
- Chichiltah
- Chilchinbeto
- Chinle
- Churchrock
- Coyote Canyon
- Crownpoint
- Ganado
- Hogback
- Houck
- Indian Wells
- Inscription House
- Iyanbito
- Kaibeto
- Kayenta
- Lechee
- Leupp
- Manuelito
- Many Farms
- Naschitti
- Nenahnezad
- Newcomb
- Pinon
- Ramah
- Red Valley
- Rock Point
- Rock Springs
- Rough Rock
- Sanostee
- Sheep springs
- Shiprock
- Shonto
- St. Michaels
- Tachee/Blue Gap
- Teevnospos
- Teesto
- Thoreau
- Tohatchi
- Tonalea
- Torreon
- Tsayatoh
- Tsaile/Wheatfields
- Tuba City
- Two Grey Hills
- Upper Fruitland
- Whippoorwill

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
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<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
</tr>
<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>
All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.