FOR IMMEDIATE RELEASE
November 22, 2021

46 new cases, 36,659 recoveries, and no recent deaths related to COVID-19, 67 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 46 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths is 1,527. The report indicates that 36,659 individuals have recovered from COVID-19. 386,503 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 38,946, including two delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 6,806
- Crownpoint Service Unit: 3,704
- Ft. Defiance Service Unit: 4,620
- Gallup Service Unit: 6,388
• Kayenta Service Unit: 3,334
• Shiprock Service Unit: 6,969
• Tuba City Service Unit: 4,801
• Winslow Service Unit: 2,302

* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 3,249 new cases. Utah reported 3,829 cases and New Mexico reported 3,658 new cases, which also includes weekend case numbers. Based on cases from Nov. 5 to Nov. 18, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 67 communities due to uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Becenti
- Bird Springs
- Black Mesa
- Bodaway/Gap
- Cameron
- Casamero Lake
- Chichiltah
- Chilchinbeto
- Chinle
- Churchrock
- Counselor
- Coyote Canyon
- Crownpoint
- Gadiiahi
- Ganado
- Hard Rock
- Hogback
- Houck
- Indian Wells
- Inscription House
- Iyanbito
- Jeddito
- Kaibeto
- Kayenta
- Lechee
- Leupp
- Littlewater
- Many Farms
- Mexican Springs
- Mexican Water
- Nageezi
- Nahodishgish
- Naschitti
- Nenahnezad
- Newcomb
- Oak Springs
- Pinedale
- Pinon
- Red Valley
- Rock Springs
- Round Rock
- Sanostee
- Sheepsprings
- Shiprock
- Shonto
- St. Michaels
- Tachee/Blue Gap
- Teec Nos Pos
- Thoreau
- Tohajiilee
- Tohatchi
- Tonalea
- Torreon
- Tsaile/Wheatfields
- Tse下/Cottonwood
- Tuba City
- Twin Lakes
- Two Grey Hills
- Upper Fruitland
- Whippoorwill
- White Horse Lake
- White Rock

“This week, we see an increase from 55 to 67 communities identified as having uncontrolled spread of COVID-19. As we get closer to the holidays, we have to be very careful, take precautions, wear masks in public, get fully vaccinated, and limit social gatherings. COVID-19 vaccines for individuals five years and older are widely available at health care facilities across the Navajo Nation. We all have to do our part to push back on COVID-19," said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"As we approach the Thanksgiving holiday, it’s crucial that our Navajo people continue to support one another and help to inform their loved ones about the importance of taking precautions and limiting in-person gatherings. Far too many of our people have contracted COVID-19 because of in-person gatherings and by not wearing their masks and being unvaccinated. Let’s help each other and keep each other safe during the holidays," said Vice President Myron Lizer.
For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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November 22, 2021

Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 53 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates November 5, 2021 – November 18, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Becenti
- Bird Springs
- Black Mesa
- Bodaway/Gap
- Cameron
- Casamero Lake
- Chichiltah
- Chilchinbeto
- Chinle
- Churchrock
- Counselor
- Coyote Canyon
- Crownpoint
- Gadiiahi
- Ganado
- Hard Rock
- Hogback
- Houck
- Indian Wells
- Inscription House
- Iyanbito
- Jeddito
- Kaibeto
- Kayenta
- Lechee
- Littlewater
- Many Farms
- Mexican Springs
- Mexican Water
- Nageezhi
- Nahodishgish
- Naschitti
- Nenahnezad
- Newcomb
- Oak Springs
- Pinedale
- Pinon
- Red Valley
- Rock Point
- Rock Springs
- Round Rock
- Sanostee
- Sheepsprings
- Shiprock
- Shonto
- St. Michaels
- Tachee/Blue Gap
- TeecNospos
- Teesto
- Thoreau
- Tohajiilee
- Tohatchi
- Tonalea
- Torreon
- Tsaile/Wheatfields
- Tselani/Cottonwood
- Tuba City
- Twin Lakes
- Two Grey Hills
- Upper Fruitland
- Whippoorwill
- White Horse Lake
- White Rock

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.*

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

**People at Increased Risk for Severe Illness**
- Older Adults
- Cancer
- Chronic kidney disease
- Chronic obstructive pulmonary disease
- Heart conditions
- Immunocompromised state
- Obesity and severe obesity
- Pregnancy
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus

**Might be at Increased Risk for Severe Illness**
- Asthma
- Cerebrovascular disease
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state
- Neurologic conditions, such as dementia
- Liver disease
- Overweight
- Pulmonary fibrosis
- Thalassemia
- Type 1 diabetes mellitus
All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.