

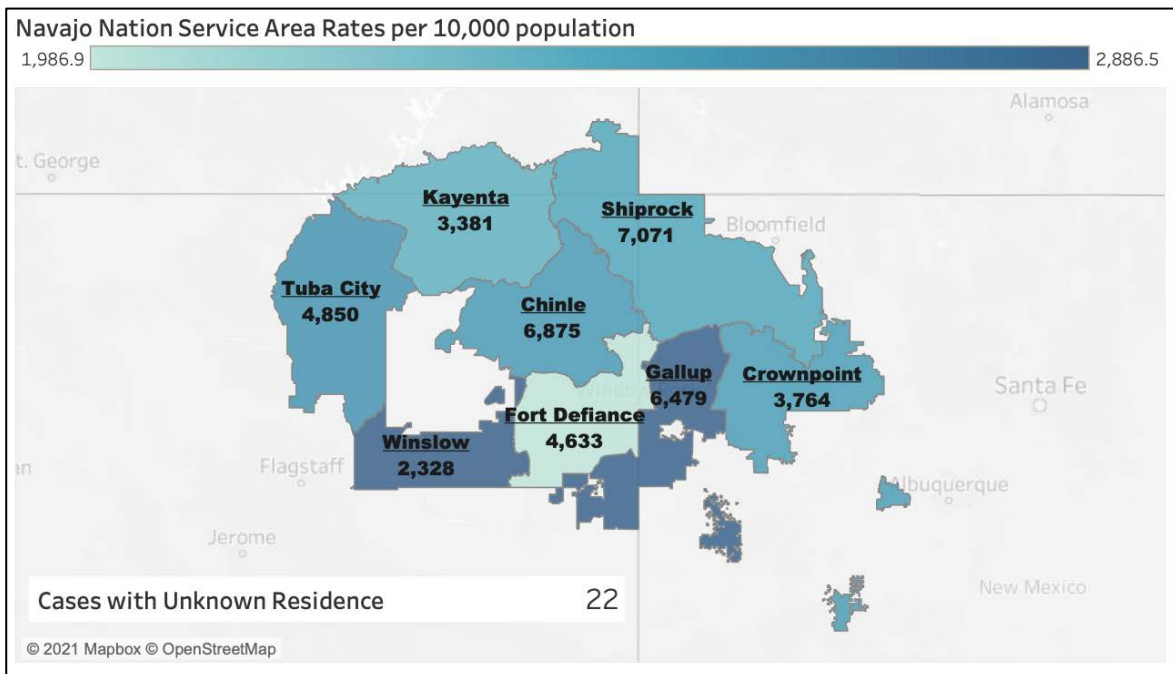


The Navajo Nation  
Office of the President and Vice President

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FOR IMMEDIATE RELEASE  
November 29, 2021

27 new cases and no recent deaths related to  
COVID-19, 65 communities identified with uncontrolled spread



**WINDOW ROCK, Ariz.** – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 27 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths is 1,542. The report indicates that 37,284 individuals have recovered from COVID-19. 391,057 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 39,403, including six delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 6,875
- Crownpoint Service Unit: 3,764
- Ft. Defiance Service Unit: 4,633

- Gallup Service Unit: 6,479
- Kayenta Service Unit: 3,381
- Shiprock Service Unit: 7,071
- Tuba City Service Unit: 4,850
- Winslow Service Unit: 2,328

\* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 1,961 new cases. Utah reported 2,476 cases and New Mexico reported 4,991 new cases, which also includes weekend case numbers.

Based on cases from Nov. 12 to Nov. 25, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 65 communities due to uncontrolled spread of COVID-19:

Baca/Prewitt	Dennehotso	Mexican Springs	Red Valley	Tohajiilee
Becenti	Gadiiahi	Mexican Water	Rock Point	Tohatchi
Bird Springs	Ganado	Nageezi	Rock Springs	Tonalea
Black Mesa	Hogback	Nahodishgish	Sanostee	Torreon
Bodaway/Gap	Indian Wells	Naschitti	Sheepsprings	Tsaile/Wheatfields
Casamero Lake	Inscription House	Navajo Mountain	Shiprock	Tsayatoh
Chichiltah	Iyanbito	Nenahnezad	Shonto	Tselani/Cottonwood
Chilchinbeto	Kaibeto	Newcomb	St. Michaels	Tuba City
Chinle	Kayenta	Oak Springs	Standing Rock	Twin Lakes
Churchrock	Lechee	Pinedale	Sweetwater	Upper Fruitland
Coppermine	Leupp	Pinon	Tachee/Blue Gap	Whippoorwill
Coyote Canyon	Low Mountain	Ramah	Tecnospos	White Cone
Crownpoint	Lupton	Red Mesa	Thoreau	White Horse Lake

"We have a high number of communities identified as having community spread this week, with 65 listed. All of us have to do more to protect ourselves and others from COVID-19. Public health officials believe that the Omicron variant is already in the United States and today, President Biden announced travel restrictions to help slow the spread of the variant. There is still much to be learned about the Omicron variant, and that includes determining if the COVID-19 vaccines are effective against it. Please be very careful, get fully vaccinated, and get your booster shot," said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"COVID-19 has been in our communities for over a year and a half. We know what we have to do to reduce the risks of the virus. Please take precautions and continue to pray for our people and frontline workers. We are in this together and we all have a part to play in reducing the number of new infections," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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# THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

November 29, 2021

**Navajo Department of Health  
Health Advisory Notice (HAN)  
COVID-19 Community Advisory No. 54 —Safety Precautions**

**WINDOW ROCK, AZ** – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates November 12, 2021 – November 25, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Dennehotso	Mexican Springs	Red Valley	Tohajiilee
Becenti	Gadiiahi	Mexican Water	Rock Point	Tohatchi
Bird Springs	Ganado	Nageezi	Rock Springs	Tonalea
Black Mesa	Hogback	Nahodishgish	Sanostee	Torreón
Bodaway/Gap	Indian Wells	Naschitti	Sheepsprings	Tsaile/Wheatfields
Casamero Lake	Inscription House	Navajo Mountain	Shiprock	Tsayatoh
Chichiltah	Iyanbito	Nenahnezad	Shonto	Tselani/Cottonwood
Chilchinbeto	Kaibeto	Newcomb	St. Michaels	Tuba City
Chinle	Kayenta	Oak Springs	Standing Rock	Twin Lakes
Churchrock	Lechee	Pinedale	Sweetwater	Upper Fruitland
Coppermine	Leupp	Pinon	Tachee/Blue Gap	Whippoorwill
Coyote Canyon	Low Mountain	Ramah	Teecnospos	White Cone
Crownpoint	Lupton	Red Mesa	Thoreau	White Horse Lake

***\*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none"> <li>• Older Adults</li> <li>• Cancer</li> <li>• Chronic kidney disease</li> <li>• Chronic obstructive pulmonary disease</li> <li>• Heart conditions</li> <li>• Immunocompromised state</li> <li>• Obesity and severe obesity</li> <li>• Pregnancy</li> <li>• Sickle cell disease</li> <li>• Smoking</li> <li>• Type 2 diabetes mellitus</li> </ul>	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none"> <li>• Asthma</li> <li>• Cerebrovascular disease</li> <li>• Cystic fibrosis</li> <li>• Hypertension or high blood pressure</li> <li>• Immunocompromised state</li> <li>• Neurologic conditions, such as dementia</li> <li>• Liver disease</li> <li>• Overweight</li> <li>• Pulmonary fibrosis</li> <li>• Thalassemia</li> <li>• Type 1 diabetes mellitus</li> </ul>
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.