



The Navajo Nation Office of the President and Vice President

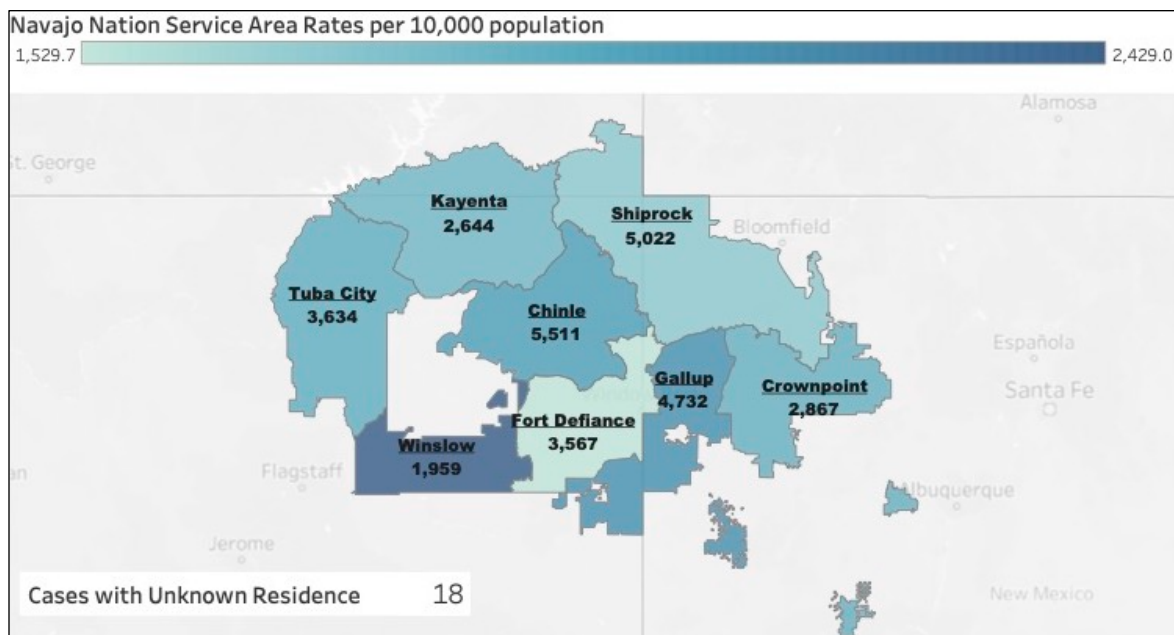
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FOR IMMEDIATE RELEASE

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6 new cases, 16,276 recoveries, and no recent deaths related to COVID-19 as Navajo Area IHS reports over 176,000 vaccine doses administered so far



WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported six new COVID-19 positive cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,218 as previously reported on Saturday. Reports indicate that 16,276 individuals have recovered from COVID-19, and 249,493 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 29,954.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 5,511
- Crownpoint Service Unit: 2,867
- Ft. Defiance Service Unit: 3,567
- Gallup Service Unit: 4,732
- Kayenta Service Unit: 2,644
- Shiprock Service Unit: 5,022

- Tuba City Service Unit: 3,634
 - Winslow Service Unit: 1,959
- * 18 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 638 new cases, Utah reported 221, and New Mexico reported 185 new cases. The Navajo Area Indian Health Service reported that 203,220 total vaccine doses have been received, 176,141 administered, which represents nearly 87-percent so far. 69,224 individuals have received both doses of the Pfizer or Moderna vaccine.

On Monday, the Navajo Nation transitioned from “red status” to “orange status” in accordance with gating measures and indicators that took into account several factors including the declining number of COVID-19 cases, testing availability, hospital capacity and bed usage, and contact tracing. The Navajo Nation’s daily curfew remains in effect from 9:00 p.m. to 5:00 a.m. (MDT) seven days a week. The latest public health emergency orders are available online at: <https://www.ndoh.navajo-nsn.gov/COVID-19>.

“Our transition to ‘orange status’ is not a full reopening. We still have restrictions on the number of people allowed inside business establishments at one time, indoor restaurant dining is still prohibited, and we also have very strict guidelines in place for businesses to follow to help keep customers safe. Our recent data shows a steady and consistent downward trend in new infections, hospital visits and hospital bed usage remain much lower than what we saw in December and January, and we are seeing many of our people getting vaccinated at a higher rate than states. We have to stay the course and not let up. Across the country, there is great concern for the COVID-19 variants and increased travel. As we have said many times before, the safest place to be is at home here on the Navajo Nation,” said Navajo Nation President Jonathan Nez.

On Monday, the Navajo Department of Health identified two communities, Baca Prewitt and Coyote Canyon, in the latest Health Advisory Notice with “uncontrolled spread” of COVID-19 from Feb. 26, 2021 to March 11, 2021.

“Prior to the vaccines, our masks were the primary defense against COVID-19, but now we have the vaccines to help us in this battle against the virus. We are now seeing vast improvements, but as we are now seeing in regions of Europe, the virus has the ability to surge very quickly. We are very concerned about the variants and that’s why we continue to urge our Navajo people to continue taking all precautions. Keep fighting this virus together and keep praying for our people,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 20 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for several communities. The cases reflect dates from February 26, 2021 – March 11, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as uncontrolled spread of COVID-19:

Baca Prewitt
Coyote Canyon*

* Chapters added in the new 14-day period (February 26, 2021 – March 11, 2021).

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness

- Older Adults
- Cancer
- Chronic kidney disease
- Chronic obstructive pulmonary disease
- Heart conditions
- Immunocompromised state
- Obesity and severe obesity
- Pregnancy
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus

Might be at Increased Risk for Severe Illness

- Asthma
- Cerebrovascular disease
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state
- Neurologic conditions, such as dementia
- Liver disease
- Overweight
- Pulmonary fibrosis
- Thalassemia
- Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.

- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.