FOR IMMEDIATE RELEASE
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5 new cases, 16,359 recoveries, and no recent deaths related to COVID-19

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported five new COVID-19 positive cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,246 as previously reported on Saturday. Reports indicate that 16,359 individuals have recovered from COVID-19, and 253,615 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 30,064.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 5,522
- Crownpoint Service Unit: 2,870
- Ft. Defiance Service Unit: 3,585
- Gallup Service Unit: 4,754
- Kayenta Service Unit: 2,656
- Shiprock Service Unit: 5,042
- Tuba City Service Unit: 3,648
- Winslow Service Unit: 1,969
* 18 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 604 new cases, Utah reported 194, and New Mexico reported 182 new cases. Centers for Disease Control and Prevention (CDC) Director Dr. Rochelle Walensky stated on Monday that the United States is seeing a steady rise in new COVID-19 cases and expressed concern that the country could see surges similar to this past December.

“According to public health officials, parts of the country are now seeing a rise in new COVID-19 infections due to increases in travel and some states lifting restrictions too soon. Here on the Navajo Nation, we have a “Safer at Home” order in place, we continue to require masks to be worn in public, no in-door dining at restaurants, and no in-person gatherings of more than 10 people. We are doing everything we can to help reduce the number of new infections, hospitalizations, and deaths. Personal responsibility is key to fighting this pandemic. Please stay home as much as possible, wear one or two masks, avoid large crowds and gatherings, practice social distancing, and wash your hands often,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines during drive-thru events or by appointment. If you would like to receive the vaccine, please contact your health care provider for more information for your Service Unit.

“Our health care experts can issue public health orders and recommendations, but it ultimately comes down to the choices that we make as individuals on a daily basis. We have to make good decisions for ourselves and our loved ones to protect us from COVID-19 and reduce the spread in our communities. Please be safe and continue to pray for our health care workers, first responders, those who have lost loved ones, and all of our Navajo people,” said Vice President Myron Lizer.

On Tuesday at 10:00 a.m. (MDT), the Nez-Lizer Administration will host an online town hall on the Nez-Lizer Facebook page and YouTube channel to provide more COVID-19 updates.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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