



The Navajo Nation
Office of the President and Vice President

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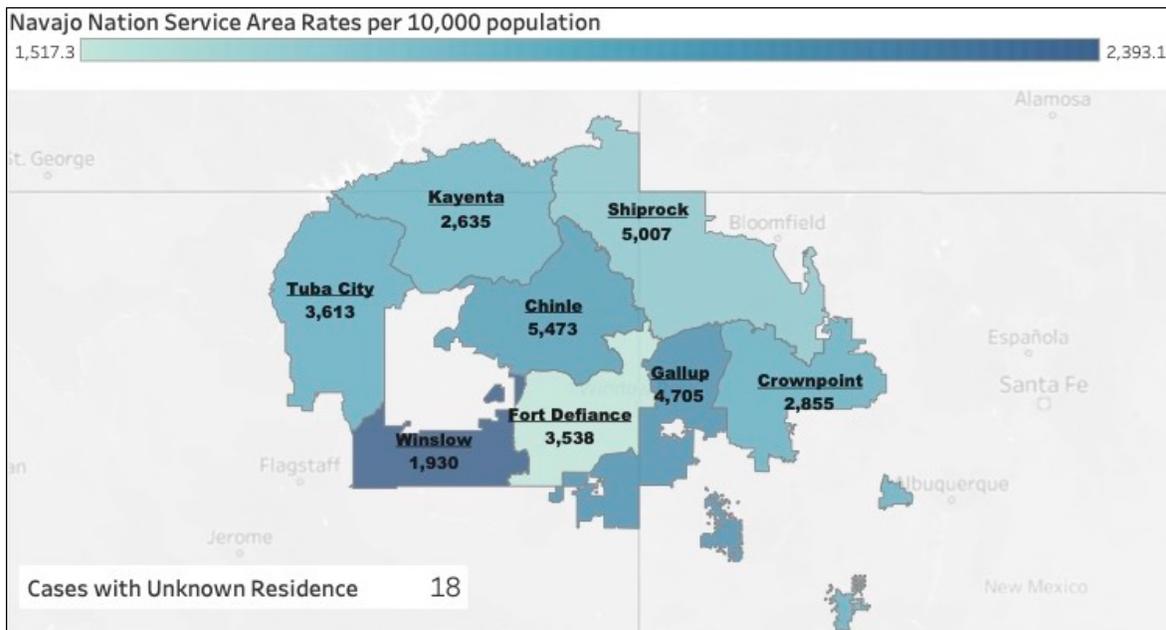
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FOR IMMEDIATE RELEASE

March 2, 2021

**16 new cases, 16,115 recoveries, and 14 more deaths related to COVID-19
as Navajo Area IHS reports that 135,161 vaccine doses have been administered**



WINDOW ROCK, Ariz. – On Tuesday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 16 new COVID-19 positive cases for the Navajo Nation and 14 more deaths. The total number of deaths is now 1,184 as of Tuesday. Reports indicate that 16,115 individuals have recovered from COVID-19, and 245,085 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 29,774.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 5,473
- Crownpoint Service Unit: 2,855
- Ft. Defiance Service Unit: 3,538
- Gallup Service Unit: 4,705
- Kayenta Service Unit: 2,635
- Shiprock Service Unit: 5,007
- Tuba City Service Unit: 3,613
- Winslow Service Unit: 1,930

* 18 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Tuesday, the state of Arizona reported 849 new cases, Utah reported 487, and New Mexico reported 247 new cases. The Navajo Nation's daily curfew remains in effect from 9:00 p.m. to 5:00 a.m. (MST) seven days a week.

As of Tuesday, the Navajo Area Indian Health Service reported that 146,980 total vaccine doses have been received, 135,161 administered, which represents nearly 92-percent so far. 48,800 individuals have received a first and second dose of the vaccines.

"It's very unfortunate to see some states lifting restrictions that help to prevent the spread of COVID-19. Here on the Navajo Nation, we continue to urge all of our residents to take all precautions, even after receiving both doses of the vaccine. We are still in the midst of the pandemic and now is not the time to let up our guard. If you choose to travel off of the Navajo Nation, you put yourself and your loved ones at greater risk of contracting COVID-19 because of the variants that continue to spread. Let's continue to stay informed and to inform our loved ones and to hold one another accountable. Continue staying home as much as possible, wear a mask or two, avoid in-person gatherings and crowds, practice social distancing, and wash your hands often," said Navajo Nation President Jonathan Nez.

On Tuesday, the Navajo Department of Health identified the following 11 communities in the latest Health Advisory Notice, with uncontrolled spread of COVID-19 from Feb. 12, 2021 to Feb. 25, 2021:

Churchrock	Nahatadziil	Twin Lakes
Coyote Canyon	St. Michaels	Upper Fruitland
Indian Wells*	Thoreau*	White Cone*
Kaibeto*	Tohatchi	

* Chapters recently added to the list

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines during drive-thru events or by appointment. If you would like to receive the vaccine, please contact your health care provider for more information for your Service Unit. On Thursday, March 4 at 10:00 a.m. (MST), the Nez-Lizer Administration will host an online town hall on the Nez-Lizer Facebook page and YouTube channel to provide more COVID-19 updates.

"Our health care workers continue doing great work as they vaccinate our Navajo people. If you receive the vaccine and continue to take all the precautions recommended by the CDC and other health experts, you greatly reduce the risks of getting the virus. Please be safe and continue to pray for our people and our Nation," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 18 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for several communities. The cases reflect dates from February 12, 2021 – February 25, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as uncontrolled spread of COVID-19:

Churchrock	Nahatadziil	Twin Lakes
Coyote Canyon	St Micahels	Upper Fruitland
Indian Wells*	Thoreau*	White Cone*
Kaibeto*	Tohatchi	

* Chapters added in the new 14-day period (February 12, 2021 – February 25, 2021).

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness

- Older Adults
- Cancer
- Chronic kidney disease
- Chronic obstructive pulmonary disease
- Heart conditions
- Immunocompromised state
- Obesity and severe obesity
- Pregnancy
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus

Might be at Increased Risk for Severe Illness

- Asthma
- Cerebrovascular disease
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state
- Neurologic conditions, such as dementia
- Liver disease
- Overweight
- Pulmonary fibrosis
- Thalassemia
- Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website:

<http://www.ndoh.navajo-nsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.