



## The Navajo Nation Office of the President and Vice President

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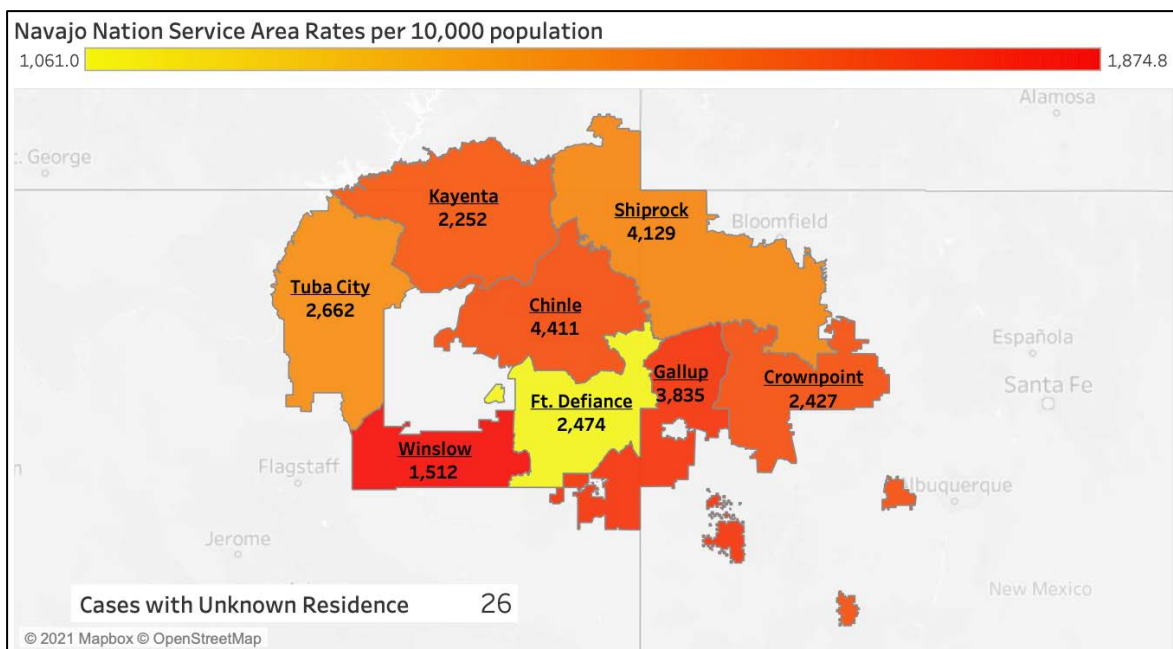
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### FOR IMMEDIATE RELEASE

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### 146 new cases, 12,191 recoveries, and three more deaths related to COVID-19



**WINDOW ROCK, Ariz.** – On Sunday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 146 new COVID-19 positive cases for the Navajo Nation and three more deaths. The total number of deaths is now 819 as of Sunday. Reports indicate that 12,191 individuals have recovered from COVID-19, and 205,373 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 23,728.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 4,411
- Crownpoint Service Unit: 2,427
- Ft. Defiance Service Unit: 2,474
- Gallup Service Unit: 3,835
- Kayenta Service Unit: 2,252
- Shiprock Service Unit: 4,129

- Tuba City Service Unit: 2,662
- Winslow Service Unit: 1,512

\* 26 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Sunday, the state of Arizona reported 17,234 new cases, Utah reported 1,819, and New Mexico reported 1,033 new cases.

“The state of Arizona has a very alarming and record-breaking number of new COVID-19 cases reported today with a total of 17,234. I cannot emphasize enough that the safest place to be is here at home on the Navajo Nation. We have measures in place with the lockdown and mask mandate to help prevent the type of out of control spread we are seeing other parts of Arizona that don’t have preventative measures in place. Please protect yourselves and your loved ones by staying home as much as possible, wearing a mask, practicing social distancing, avoid gatherings, and washing your hands often,” said Navajo Nation President Jonathan Nez.

The Navajo Nation’s 57-hour weekend lockdown remains in effect until Monday, Jan. 4 at 5:00 a.m. (MST). COVID-19 testing schedules are available online at the Navajo Health Command Operations Center website: <https://www.ndoh.navajo-nsn.gov/COVID-19/COVID-19-Testing>.

“We know there is pandemic fatigue among many of us, but we have to remain diligent and keep this dangerous virus from spreading further. Our health care workers are not giving up on us, so let’s not give up this fight. Prayer goes a long way in helping us, but we also have to meet our prayers half way and taking measures to keep us safe and healthy. Please pray and be safe,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call [\(928\) 871-7014](tel:9288717014).

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