

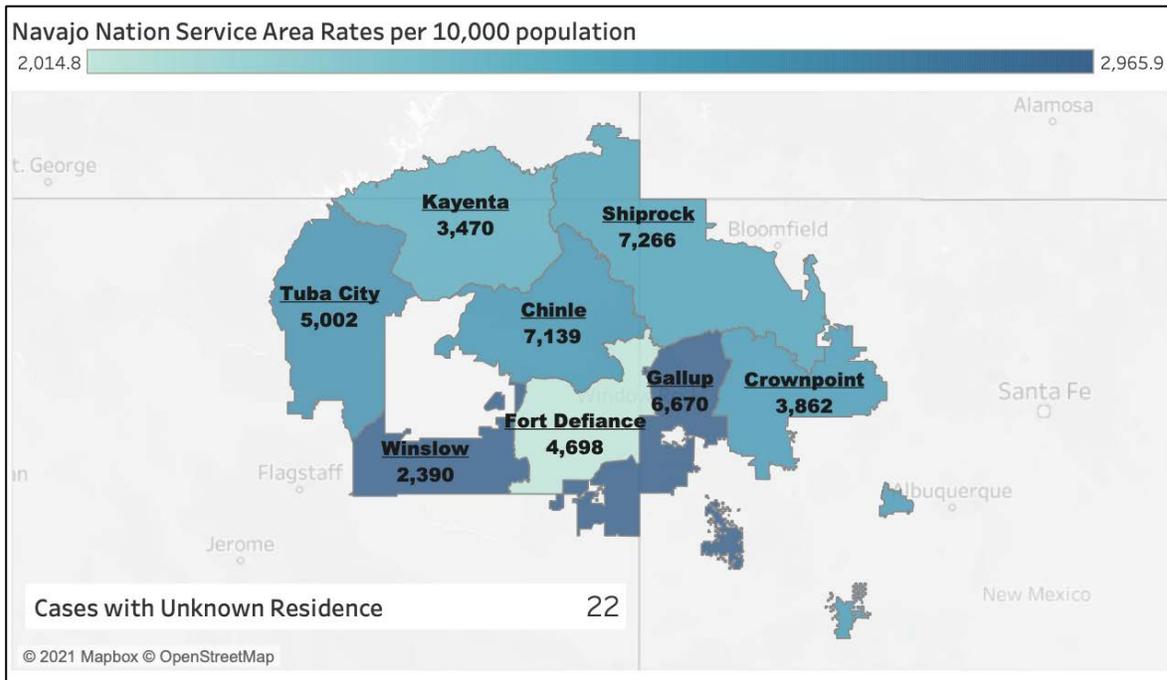


The Navajo Nation  
Office of the President and Vice President

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**FOR IMMEDIATE RELEASE**  
December 13, 2021

**19 new cases, 38,505 recoveries, and no recent deaths related  
to COVID-19, 58 communities identified with uncontrolled spread**



**WINDOW ROCK, Ariz.** – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 19 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths is 1,562. The report indicates that 38,505 individuals have recovered from COVID-19. 403,484 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 40,519, including three delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 7,139
- Crownpoint Service Unit: 3,862
- Ft. Defiance Service Unit: 4,698
- Gallup Service Unit: 6,670

- Kayenta Service Unit: 3,470
- Shiprock Service Unit: 7,266
- Tuba City Service Unit: 5,002
- Winslow Service Unit: 2,390

\* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 2,391 new cases. The state of Utah reported 2,669 new cases, and New Mexico reported 2,561, which includes weekend numbers. Based on cases from Nov. 26 to Dec. 9, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 58 communities due to uncontrolled spread of COVID-19:

Aneth	Ganado	Many Farms	Rock Springs	Tohajiilee
Baca/Prewitt	Hard Rock	Nageezi	Rough Rock	Tohatchi
Beclabito	Hogback	Nahodishgish	Round Rock	Tonalea
Black Mesa	Indian Wells	Naschitti	Sheepsprings	Tsaile/Wheatfields
Bread Springs	Jeddito	Nazlini	Shiprock	Tsayatoh
Cameron	Kaibeto	Newcomb	Shonto	Tselani/Cottonwood
Chinle	Kayenta	Oak Springs	Smith Lake	Tuba City
Churchrock	Lake Valley	Oljato	Tachee/Blue Gap	Twin Lakes
Coppermine	Lechee	Pinon	Tecnospos	Upper Fruitland
Coyote Canyon	Leupp	Pueblo Pintado	Teesto	Whippoowill
Crownpoint	Low Mountain	Red Mesa	Thoreau	White Horse Lake
Dennehotso	Manuelito	Rock Point		

“As we approach the Christmas and New Year holidays, more and more health officials across the country are recommending that individuals get tested prior to attending a gathering. Wearing face masks, practicing social distancing, and getting fully vaccinated are strongly urged, but this added precautionary measure will also help to keep people safe and healthy during the holiday season. Our health care system is being challenged due to the spread of the COVID-19, in addition to other hospital visits that require medical attention. Please take precautions and get fully vaccinated and a booster shot if you haven’t already done so. We are in this together and we have to remain strong to push back on this invisible monster known as COVID-19,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

"The men and women working around the clock in our hospital facilities need our help. They are fighting hard for all of us and putting themselves at risk to treat COVID-19 patients. We can help them by being very cautious in our daily activities to help bring down the numbers of new COVID-19 cases in our communities. Please be safe, continue to pray, and encourage your loved ones to take precautions," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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# THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

December 13, 2021

**Navajo Department of Health  
Health Advisory Notice (HAN)  
COVID-19 Community Advisory No. 56 —Safety Precautions**

**WINDOW ROCK, AZ** – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates November 26, 2021 – December 9, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Aneth	Ganado	Many Farms	Rock Springs	Tohajiilee
Baca/Prewitt	Hard Rock	Nageezi	Rough Rock	Tohatchi
Beclabito	Hogback	Nahodishgish	Round Rock	Tonalea
Black Mesa	Indian Wells	Naschitti	Sheepsprings	Tsaile/Wheatfields
Bread Springs	Jeddito	Nazlini	Shiprock	Tsayatoh
Cameron	Kaibeto	Newcomb	Shonto	Tselani/Cottonwood
Chinle	Kayenta	Oak Springs	Smith Lake	Tuba City
Churchrock	Lake Valley	Oljato	Tachee/Blue Gap	Twin Lakes
Coppermine	Lechee	Pinon	Teecnospos	Upper Fruitland
Coyote Canyon	Leupp	Pueblo Pintado	Teesto	Whippoorwill
Crownpoint	Low Mountain	Red Mesa	Thoreau	White Horse Lake
Dennehotso	Manuelito	Rock Point		

***\*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<p>People at Increased Risk for Severe Illness</p> <ul style="list-style-type: none"> <li>• Older Adults</li> <li>• Cancer</li> <li>• Chronic kidney disease</li> <li>• Chronic obstructive pulmonary disease</li> <li>• Heart conditions</li> <li>• Immunocompromised state</li> <li>• Obesity and severe obesity</li> <li>• Pregnancy</li> <li>• Sickle cell disease</li> <li>• Smoking</li> <li>• Type 2 diabetes mellitus</li> </ul>	<p>Might be at Increased Risk for Severe Illness</p> <ul style="list-style-type: none"> <li>• Asthma</li> <li>• Cerebrovascular disease</li> <li>• Cystic fibrosis</li> <li>• Hypertension or high blood pressure</li> <li>• Immunocompromised state</li> <li>• Neurologic conditions, such as dementia</li> <li>• Liver disease</li> <li>• Overweight</li> <li>• Pulmonary fibrosis</li> <li>• Thalassemia</li> <li>• Type 1 diabetes mellitus</li> </ul>
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.