



The Navajo Nation Office of the President and Vice President

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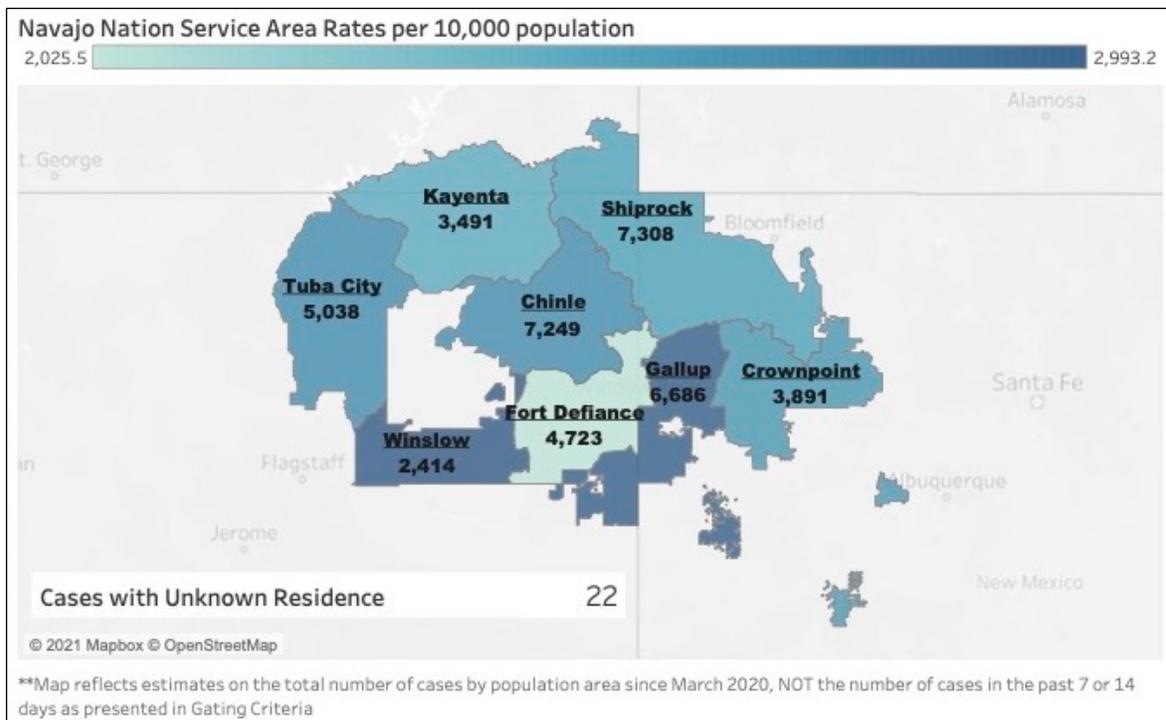
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FOR IMMEDIATE RELEASE

December 20, 2021

15 new cases, 38,904 recoveries, and no deaths related to COVID-19 reported, 38 communities identified with uncontrolled spread



WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 15 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,576. The report indicates that 38,904 individuals have recovered from COVID-19. 408,490 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 40,822, including seven delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 7,249
- Crownpoint Service Unit: 3,891
- Ft. Defiance Service Unit: 4,723

- Gallup Service Unit: 6,686
- Kayenta Service Unit: 3,491
- Shiprock Service Unit: 7,308
- Tuba City Service Unit: 5,038
- Winslow Service Unit: 2,414

* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 2,176 new cases. The state of Utah reported 2,522 new cases, and New Mexico reported 3,110, which includes weekend numbers. Based on cases from Dec. 3 to Dec. 16, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 38 communities due to uncontrolled spread of COVID-19:

Baca/Prewitt	Dennehotso	Kayenta	Rock Springs	Tohatchi
Beclabito	Gadiiahi	Leupp	Rough Rock	Tonalea
Bird Springs	Ganado	Low Mountain	Round Rock	Tsaile/Wheatfields
Bread Springs	Hard Rock	Many Farms	Shiprock	Tselani/Cottonwood
Cameron	Hogback	Oljato	Tachee/Blue Gap	Tuba City
Casamero Lake	Indian Wells	Pinon	Teesto	Whippoorwill
Chinle	Jeddito	Red Mesa	Thoreau	
Crownpoint	Kaibeto	Red Valley	Tohajiilee	

“The U.S. Centers for Disease Control and Prevention announced on Monday that the Omicron variant is now the most dominant variant across the country. Scientists continue to monitor and study the Omicron variant. Our health care experts continue to urge our people to get fully vaccinated for COVID-19 and get a booster shot, if you’re eligible. Our frontline warriors are fighting hard against this invisible monster, each and every day. Let’s be very cautious, take precautions, and push back on this virus to help our frontline warriors and to keep our loved ones safe and healthy,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“We know what we have to do to reduce the risks of COVID-19 and lessen the number of infections in our communities. It ultimately comes down to our choices and our actions on a daily basis. Please practice the safety measures put forth by the health experts and continue to pray for our people and our first responders,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

December 20, 2021

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 57 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates December 3, 2021 – December 16, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Dennehotso	Kayenta	Rock Springs	Tohatchi
Beclabito	Gadiiahi	Leupp	Rough Rock	Tonalea
Bird Springs	Ganado	Low Mountain	Round Rock	Tsaile/Wheatfields
Bread Springs	Hard Rock	Many Farms	Shiprock	Tselani/Cottonwood
Cameron	Hogback	Oljato	Tachee/Blue Gap	Tuba City
Casamero Lake	Indian Wells	Pinon	Teesto	Whippoorwill
Chinle	Jeddito	Red Mesa	Thoreau	
Crownpoint	Kaibeto	Red Valley	Tohajiilee	

****Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness	Might be at Increased Risk for Severe Illness
<ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus	<ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.