



The Navajo Nation Office of the President and Vice President

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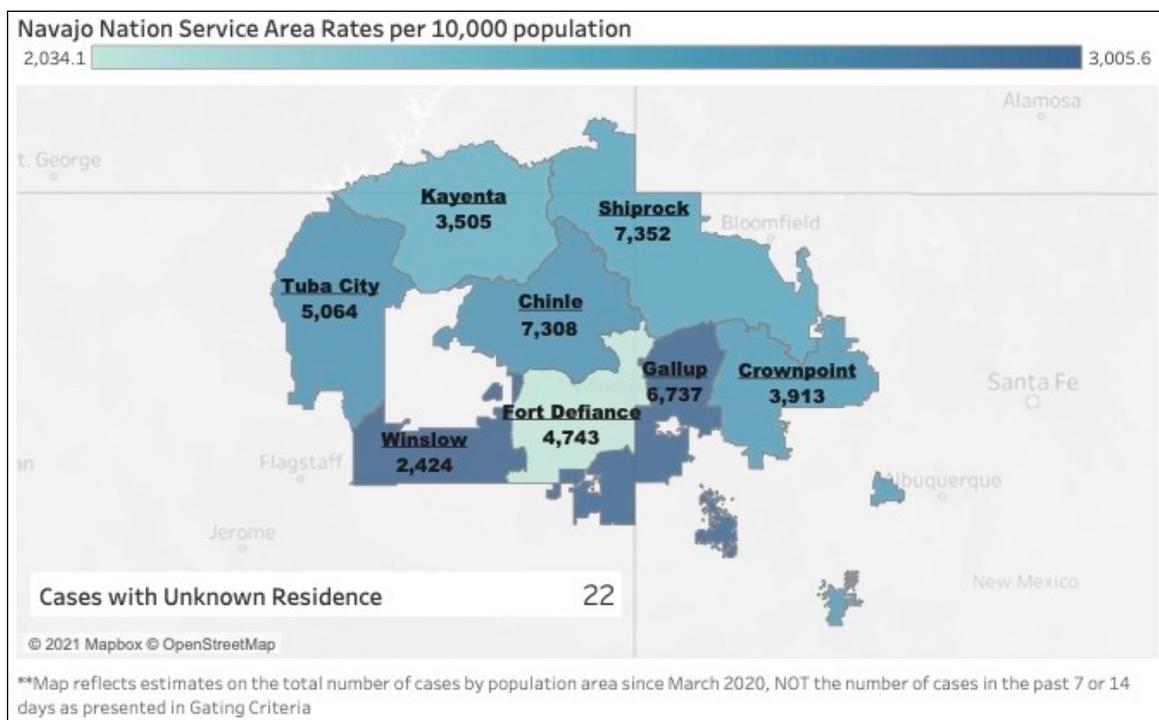
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FOR IMMEDIATE RELEASE

December 27, 2021

12 new cases, 39,230 recoveries, and no deaths related to COVID-19, 30 communities identified with uncontrolled spread



WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 12 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,583. The report indicates that 39,230 individuals have recovered from COVID-19. 412,781 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 41,068, including 21 delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 7,308
- Crownpoint Service Unit: 3,913
- Ft. Defiance Service Unit: 4,743
- Gallup Service Unit: 6,737

- Kayenta Service Unit: 3,505
- Shiprock Service Unit: 7,352
- Tuba City Service Unit: 5,064
- Winslow Service Unit: 2,424

* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 7,641 new cases, which includes delayed reported cases due to the recent holiday. The state of Utah reported 4,645 new cases, and New Mexico reported 3,309, which includes case numbers from Dec. 23 through Monday. Based on cases from Dec. 10 to Dec. 23, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 30 communities due to uncontrolled spread of COVID-19:

Bread Springs	Ganado	Leupp	Red Mesa	Thoreau
Cameron	Hogback	Low Mountain	Rock Springs	Tohatchi
Casamero Lake	Indian Wells	Many Farms	Sanostee	Tsaile/Wheatfields
Chichiltah	Jeddito	Nenahnezad	Shiprock	Tselani/Cottonwood
Chinle	Kaibeto	Pinedale	St. Michaels	Tuba City
Crownpoint	Kayenta	Pinon	Tachee/Blue Gap	Two Grey Hills

“The data across the country shows that the large majority of new COVID-19 infections, hospitalizations, and deaths are among people who are unvaccinated. The COVID-19 vaccines save lives and are highly-effective in reducing the severity of symptoms if you do get the virus. If you are already fully vaccinated and are eligible to receive a booster shot, please make plans to do so as soon as possible. While no cases of the Omicron variant have been detected here on the Navajo Nation, the variant is spreading very quickly in other areas near and around our communities. Please do everything you can to protect yourselves and your loved ones,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“The more precautions we take to protect ourselves and others, the less burden we place on our health care workers and first responders. We have to remain diligent and do everything we can to save lives and reduce the spread of COVID-19. Please be safe, take precautions, and keep praying for our people,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

December 27, 2021

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 58 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates December 10, 2021 – December 23, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Bread Springs	Ganado	Leupp	Red Mesa	Thoreau
Cameron	Hogback	Low Mountain	Rock Springs	Tohatchi
Casamero Lake	Indian Wells	Many Farms	Sanostee	Tsaile/Wheatfields
Chichiltah	Jeddito	Nenahnezad	Shiprock	Tselani/Cottonwood
Chinle	Kaibeto	Pinedale	St. Michaels	Tuba City
Crownpoint	Kayenta	Pinon	Tachee/Blue Gap	Two Grey Hills

****Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.***

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.

- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.