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The Navajo Nation

Office of the President and Vice President

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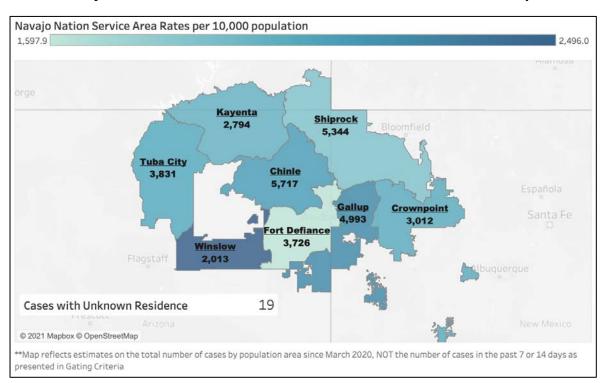
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FOR IMMEDIATE RELEASE

August 3, 2021

28 new cases, 29,937 recoveries, and no recent deaths related to COVID-19 as Navajo DOH identifies nine communities with uncontrolled spread



WINDOW ROCK, Ariz. – On Tuesday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 28 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,377. The report indicates that 29,937 individuals have recovered from COVID-19. 292,155 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 31,449.

Navajo Nation COVID-19 positive cases by Service Unit:

Chinle Service Unit: 5,717

Crownpoint Service Unit: 3,012

Ft. Defiance Service Unit: 3,726

Gallup Service Unit: 4,993
Kayenta Service Unit: 2,794
Shiprock Service Unit: 5,344
Tuba City Service Unit: 3,831
Winslow Service Unit: 2,013

* 19 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Tuesday, the state of Arizona reported 1,974 new cases, Utah reported 728 cases and New Mexico reported 478 new cases. The Navajo Health Command Operations Center issued a Health Advisory Notice for the following nine communities due to uncontrolled spread of COVID-19: Ganado, Indian Wells, Low Mountain, Pinon, Teesto, Houck, Kayenta, Manuelito, and Rock Springs. The cases reflect dates from July 16 – July 29, 2021.

"Our frontline warriors and contact tracers are doing the best they can to reduce the spread of the Delta variant, but they need our help. We need more of our people to get fully vaccinated for COVID-19 and we need to continue wearing masks in public and taking precautions to keep ourselves and other safe and healthy. This virus can affect anyone, people of all ages, vaccinated or unvaccinated. So, please adhere to the guidance and recommendations from the public health experts. We cannot let our guard down and we cannot let another large surge happen here on the Navajo Nation. Please remain diligent and keep praying for our people," said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines during drive-thru events or by appointment. If you would like to receive the vaccine, please contact your health care provider for more information for your Service Unit.

"Remain diligent and please continue to wear masks in public. Please minimize visits to other households and if you must enter another person's home, please wear a mask and be very careful. The Delta variant is more transmissible than the other strains of the virus that we've experienced so far. Stay strong and keep praying for our frontline workers and all of our communities," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

August 2, 2021

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 37 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates from July 16, 2021 – July 29, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Ganado Indian Wells Low Mountain Pinon Teesto

Houck Kayenta Manuelito Rock Springs

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness	Might be at Increased Risk for Severe Illness
Older Adults	• Asthma
Cancer	Cerebrovascular disease
Chronic kidney disease	Cystic fibrosis
Chronic obstructive pulmonary disease	Hypertension or high blood pressure
Heart conditions	Immunocompromised state
Immunocompromised state	Neurologic conditions, such as dementia
Obesity and severe obesity	Liver disease
Pregnancy	Overweight
Sickle cell disease	Pulmonary fibrosis
Smoking	Thalassemia
Type 2 dishetes mellitus	Type 1 dishetes mallitus

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19 . For COVID-19 related questions and information, call (928) 871-7014.