FOR IMMEDIATE RELEASE
August 30, 2021

17 new cases, 30,857 recoveries, and no recent deaths related to COVID-19, 36 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 17 new COVID-19 cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,403. The report indicates that 30,857 individuals have recovered from COVID-19. 313,601 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 32,545.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 5,947
- Crownpoint Service Unit: 3,124
- Ft. Defiance Service Unit: 3,859
- Gallup Service Unit: 5,180
- Kayenta Service Unit: 2,879
- Shiprock Service Unit: 5,509
- Tuba City Service Unit: 3,962
- Winslow Service Unit: 2,066
* 19 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 3,247 new cases, Utah reported 3,329 and New Mexico reported 2,286 new cases including weekend and Monday cases combined. The Navajo Department of Health advises the public to report COVID-19 exposures through their website at: https://www.ndoh.navajo-nsn.gov/COVID-19 to help compile information and mitigation efforts.

Based on cases from Aug. 13 to Aug. 26, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 36 communities due to uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Becenti
- Beclabito
- Bird Springs
- Bread Springs
- Chichiltah
- Chinle
- Churchrock
- Coppermine
- Kaibeto
- Kayenta
- Crownpoint
- Ganado
- Hard Rock
- Indian Wells
- Iyanbito
- Lukachukai
- Many Farms
- Nageezi
- Rock Springs
- Sheepsprings
- Shiprock
- Smith Lake
- Sweetwater
- Tachee/Blue Gap
- Teecnospos
- Teesto
- Thoreau
- Tohatchi
- Tonalea
- Tuba City
- Twin Lakes
- Upper Fruitland

“The Pfizer vaccine is fully approved by the U.S. Federal Drug Administration for individuals 12 years and older, and is supported by medical experts to help push back against COVID-19 and the Delta variant. Our public health experts continue to urge all eligible people to get fully vaccinated as soon as possible. We have a higher-than-average vaccination rate here on the Navajo Nation, but we need to do more. The data shows that in regions with low vaccination rates, the numbers of new cases and deaths is very high compared to areas that have higher rates of vaccinations. The data supports the vaccines, so please make the right choice for you and your loved ones – get vaccinated,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“We have to remain diligent and keep taking precautions to reduce the spread of COVID-19 in our communities. If you feel symptoms related to COVID-19, please do your best to isolate yourself from others and get tested as soon as possible. We are in this together, so please continue to support one another and pray for our frontline workers and all of those who are battling COVID-19 at this moment,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 41 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates August 13, 2021 – August 26, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Aneth  Churchrock  Iyanbito  Rock Springs  Teesto
Baca/Prewitt  Coppermine  Kaibeto  Sheepsprings  Thoreau
Becenti  Coyote Canyon  Kayenta  Shiprock  Tohatchi
Beclabito  Crownpoint  Low Mountain  Smith Lake  Tonalea
Bird Springs  Ganado  Lukachukai  Sweetwater  Tuba City
Bread Springs  Hard Rock  Many Farms  Tachee/Blue Gap  Twin Lakes
Chichiltah  Indian Wells  Nageezi  Teec Nos Pos  Upper Fruitland
Chinle

*Schools serving these communities need to implement layers of mitigation to meet the high level of COVID-19 community transmission.

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Older Adults</td>
<td>Asthma</td>
</tr>
<tr>
<td>Cancer</td>
<td>Cerebrovascular disease</td>
</tr>
<tr>
<td>Chronic kidney disease</td>
<td>Cystic fibrosis</td>
</tr>
<tr>
<td>Chronic obstructive pulmonary disease</td>
<td>Hypertension or high blood pressure</td>
</tr>
<tr>
<td>Heart conditions</td>
<td>Immunocompromised state</td>
</tr>
<tr>
<td>Immunocompromised state</td>
<td>Neurologic conditions, such as dementia</td>
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<tr>
<td>Obesity and severe obesity</td>
<td>Liver disease</td>
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<tr>
<td>Pregnancy</td>
<td>Overweight</td>
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<tr>
<td>Sickle cell disease</td>
<td>Pulmonary fibrosis</td>
</tr>
<tr>
<td>Smoking</td>
<td>Thalassemia</td>
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<tr>
<td>Type 2 diabetes mellitus</td>
<td>Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
• Clean and disinfect frequently touched surfaces daily.
• Avoid touching your face, nose, and eyes with unwashed hands.
• Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
• Social distance - keep 6 feet between yourself and others.
• Limit gatherings with individuals outside your immediate household.