FOR IMMEDIATE RELEASE
August 9, 2021

15 new cases, 30,038 recoveries, and six more deaths related to COVID-19 as Navajo DOH identifies 19 communities with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 15 new COVID-19 cases for the Navajo Nation and six more deaths. The total number of deaths is now 1,383. The report indicates that 30,038 individuals have recovered from COVID-19. 295,723 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 31,650.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 5,750
- Crownpoint Service Unit: 3,034
- Ft. Defiance Service Unit: 3,745
- Gallup Service Unit: 5,031
- Kayenta Service Unit: 2,818
- Shiprock Service Unit: 5,381
Tuba City Service Unit: 3,850
Winslow Service Unit: 2,022
* 19 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 2,191 new cases. Utah reported a total of 2,018 cases including last Friday, Saturday, and Sunday. New Mexico reported 1,309 new cases, which includes Saturday, Sunday, and Monday combined. Based on cases from July 23, 2021 to August 5, 2021, the Navajo Department of Health issued a Health Advisory Notice for the following 19 communities due to uncontrolled spread of COVID-19:

<table>
<thead>
<tr>
<th>Chichiltah</th>
<th>Kayenta</th>
<th>Pinon</th>
<th>Smith Lake</th>
<th>Thoreau</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crownpoint</td>
<td>Leupp</td>
<td>Red Valley</td>
<td>St. Michaels</td>
<td>Tsayatoh</td>
</tr>
<tr>
<td>Ganado</td>
<td>Mariano Lake</td>
<td>Rock Springs</td>
<td>Standing Rock</td>
<td>Twin Lakes</td>
</tr>
<tr>
<td>Hogback</td>
<td>Pinedale</td>
<td>Shonto</td>
<td>Teesto</td>
<td></td>
</tr>
</tbody>
</table>

“Vaccines and masks are highly effective in pushing back on COVID-19 and the Delta variant. Our health care experts recently reported that the majority of the Navajo Nation’s positive cases that were sequenced in the month of July were found to be the Delta variant. Just as the rest of the country, we are seeing higher numbers of the Delta variant in our communities. The biggest difference from this time last year is that we now have several proven vaccines that are widely available. The vaccines don’t guarantee that you won’t get COVID-19, but they do help to prevent severe symptoms and lower the chances of being hospitalized or losing your life to the virus. We have to get more of our eligible population fully vaccinated and keep wearing masks in public,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines during drive-thru events or by appointment. If you would like to receive the vaccine, please contact your health care provider for more information for your Service Unit.

“If you visit family members or friends who live in a different household, please wear a mask and practice social distancing. Our contact tracers are finding that many of the recent new cases are due to family gatherings where people let down their guard around family and friends. Please continue to take precautions and please wear a mask in all public places. Be safe and keep praying for our people,” said Vice President Myron Lizer.

The Nez-Lizer Administration will host an online town hall on Tuesday, August 10th at 10:00 a.m. (MDT) on the Nez-Lizer Facebook page and YouTube channel to provide more updates.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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August 9, 2021

Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 38 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates from July 23, 2021 – August 5, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Chichiltah
- Crownpoint
- Ganado
- Hogback
- Kayenta
- Leupp
- Mariano Lake
- Pinon
- Rock Springs
- Smith Lake
- St. Michaels
- Teesto
- Twin Lakes
- Thoreau
- Shonto

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
</tr>
<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
</tr>
<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.