FOR IMMEDIATE RELEASE  
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18 new cases and no recent deaths related to COVID-19 reported

WINDOW ROCK, Ariz. – On Sunday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 18 new COVID-19 positive cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,377 as previously reported.

On Sunday, the state of Arizona reported 2,639 new cases. The states of Utah and New Mexico will report their weekend case numbers on Monday.

“Through contact tracing, the experts are finding that the majority of new COVID-19 cases here on the Navajo Nation are due to social/family gatherings where people let their guard down around family members and close friends. Remember that it only takes one person who is COVID-19 positive to spread the virus to others if proper measures aren’t taken. If you visit your parents, grandparents, or others outside of your own household, we strongly urge you to wear a mask and do your best to practice social distancing. If you or someone you know hasn’t been fully vaccinated, please take the time to learn about the benefits and the data that shows how effective the vaccines are. Keep wearing your masks in public and please get vaccinated as quickly as possible. We are in this together,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines during drive-thru events or by appointment. If you would like to receive the vaccine, please contact your health care provider for more information for your Service Unit.

“Our individual choices make the difference in how this virus is contained or spread to others. If you go into public, please wear a mask whether it is on or off the Navajo Nation. We’ve come too far to let the Delta variant lead us down the path of another large surge and full hospital beds. Our health care system cannot afford another surge and our health care workers have already sacrificed so much for us all. Please be safe and keep praying,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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