



## The Navajo Nation Office of the President and Vice President

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### FOR IMMEDIATE RELEASE

April 6, 2021

## Navajo Nation recognizes National Public Health Week in honor and appreciation of health care workers

**WINDOW ROCK, Ariz.** – During the National Public Health Week, Navajo Nation President Jonathan Nez and Vice President Myron Lizer recognize and honor all public health professionals and frontline warriors who continue to fight for all people during the COVID-19 pandemic and against other health disparities. In observance, Navajo leadership asks citizens to come together and restore, heal, and prioritize the health and well-being of our families within our homes and communities.

"We recognize the public health workers and others who play an important role in protecting our people during the COVID-19 pandemic. Many families, local leaders, volunteers, and health care providers came together to respond to the worldwide public health crisis. We have many men and women who leave their homes and their families each day and put themselves at risk to help our people and to save lives. I am certain they have saved countless lives during this pandemic and kept many safe from this invisible monster known as COVID-19. Let us continue to protect each other and remind our family, friends, and community members to wear their masks, practice social distancing, and get vaccinated. It is time to begin the restoration and healing process of our health and well-being," said President Nez.

Aside from COVID-19, public health workers also play a significant role in reducing the spread of infectious diseases and addressing other health issues related to obesity, diabetes, heart disease, mental health, alcohol and substance abuse, and other underlying health conditions that affect many Navajo people.

"Making communities safe and healthy is our top priority, especially during the pandemic. As a Nation, we must continue to support public health efforts with a sense of purpose, determination, and faith. Let us rise to the challenge of making our communities healthier and safer for future generations. Public health is the foundation for a brighter and promising future. We thank all of our health care workers for their unwavering commitment and sacrifices for our communities," said Vice President Lizer.

This year, National Public Health Week is observed from April 5 to 11.

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