



The Navajo Nation
Office of the President and Vice President

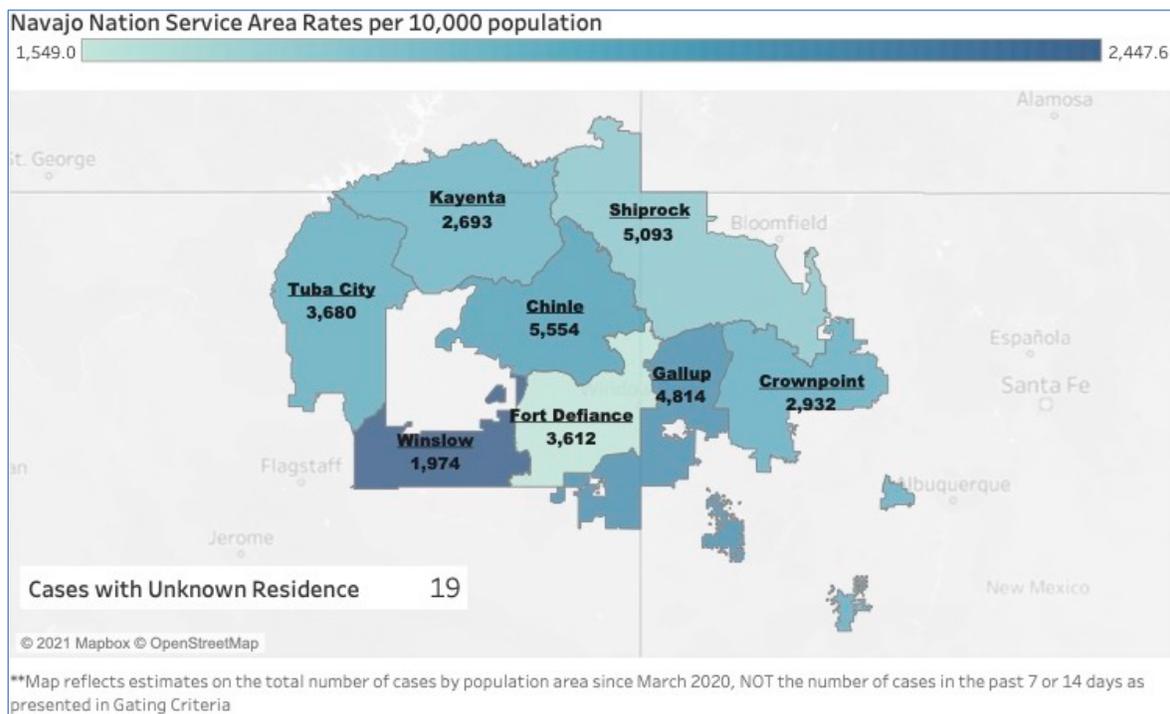
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FOR IMMEDIATE RELEASE

April 19, 2021

4 new cases, 16,477 recoveries, and no deaths related to COVID-19



WINDOW ROCK, Ariz. – On Sunday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported four new COVID-19 positive cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,262 as previously reported. Reports indicate that 16,477 individuals have recovered from COVID-19, and 261,119 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 30,371, including one delayed reported case.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 5,554
- Crownpoint Service Unit: 2,932
- Ft. Defiance Service Unit: 3,612
- Gallup Service Unit: 4,814
- Kayenta Service Unit: 2,693

- Shiprock Service Unit: 5,093
- Tuba City Service Unit: 3,680
- Winslow Service Unit: 1,974

* 19 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 692 new cases, Utah reported 200, and New Mexico reported 638, which includes cases from the past weekend and Monday. The Navajo Department of Health identified four communities including Crownpoint, Rock Springs, Thoreau, and Tohajilee in the latest Health Advisory Notice with “uncontrolled spread” of COVID-19 from April 2, 2021 to April 15, 2021.

“Through contact tracing, it appears that the majority of new COVID-19 cases are directly related to individuals who host or attend in-person family gatherings in which masks and other precautionary measures are not enforced, and those who travel off the Navajo Nation and bring back the virus. As we always say, the safest place to be is at home here on the Navajo Nation. We cannot let up our guard. We have to keep pushing back on COVID-19 and the variants. Please stay home as much as possible, avoid large in-person gatherings, wear a mask, practice social distancing, and wash your hands often,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines during drive-thru events or by appointment. If you would like to receive the vaccine, please contact your health care provider for more information for your Service Unit.

“The more precautions we take now, the sooner we will overcome this pandemic. We know how to reduce the spread of COVID-19 and the variants, but it takes all of us working together. Our public health experts continue to urge our people to receive the COVID-19 vaccine to help push back on the pandemic. Please be safe and continue to pray for our people and health care workers,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 24 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for several communities. The cases reflect dates from April 2, 2021 – April 15, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as uncontrolled spread of COVID-19:

Crownpoint
Rock Springs
Thoreau
Tohajiilee

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness

- Older Adults
- Cancer
- Chronic kidney disease
- Chronic obstructive pulmonary disease
- Heart conditions
- Immunocompromised state
- Obesity and severe obesity
- Pregnancy
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus

Might be at Increased Risk for Severe Illness

- Asthma
- Cerebrovascular disease
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state
- Neurologic conditions, such as dementia
- Liver disease
- Overweight
- Pulmonary fibrosis
- Thalassemia
- Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.

- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.