FOR IMMEDIATE RELEASE
April 12, 2021

2 new cases, 16,430 recoveries, and no recent deaths related to COVID-19

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported two new COVID-19 positive cases for the Navajo Nation and no recent deaths. The total number of deaths remains 1,262 as previously reported on Saturday. Reports indicate that 16,430 individuals have recovered from COVID-19, and 258,421 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 30,267.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 5,536
- Crownpoint Service Unit: 2,916
- Ft. Defiance Service Unit: 3,607
- Gallup Service Unit: 4,769
- Kayenta Service Unit: 2,685
Shiprock Service Unit: 5,087
Tuba City Service Unit: 3,675
Winslow Service Unit: 1,974

* 18 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of Arizona reported 675 new cases, Utah reported 185, and New Mexico reported a total of 647 including the weekend and Monday. The Navajo Department of Health identified four communities including, Inscription House, Rock Springs, Shonto, and Tohajilee in the latest Health Advisory Notice with “uncontrolled spread” of COVID-19 from March 26, 2021 to April 8, 2021.

“If you have not received the COVID-19 vaccine, our health experts urge you to learn more and to ask your health care professionals about the effectiveness of them. Our health care workers are doing a great job going out into the communities and offering the vaccines, so please consider receiving the vaccine if you have not already. The vaccines are key to pushing back on this virus and please remember, if you receive the vaccine you must continue to take all precautions to stay safe and healthy. We are in this fight against COVID-19 together and we will overcome. Stay home as much as possible, wear a mask, avoid large gatherings, practice social distancing, and wash your hands often,” said Navajo Nation President Jonathan Nez.

Health care facilities across the Navajo Nation continue to administer COVID-19 vaccines during drive-thru events or by appointment. If you would like to receive the vaccine, please contact your health care provider for more information for your Service Unit.

On Tuesday at 10:00 a.m. (MDT), the Nez-Lizer Administration will host an online town hall on the Nez-Lizer Facebook page and YouTube channel to provide more COVID-19 updates.

“The strength and resilience are within all of our Navajo people to this day and it’s helping us to fight back against COVID-19. We know that pandemic fatigue is setting in for many of us, but we have to keep pushing forward and supporting one another. Please pray and continue to make good choices that keep you and others safe and healthy,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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For the latest news from the Office of the President and Vice President, please visit http://www.opvp.navajo-nsn.gov/ or find us on Facebook, Twitter, and Instagram.
Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 23 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for several communities. The cases reflect dates from March 26, 2021 – April 8, 2021. The advisory will be in effect until the risk and cases decline.

The following communities are identified as uncontrolled spread of COVID-19:

- Inscription House
- Rock Springs
- Shonto
- Tohajiilee

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness
- Older Adults
- Cancer
- Chronic kidney disease
- Chronic obstructive pulmonary disease
- Heart conditions
- Immunosuppressed state
- Obesity and severe obesity
- Pregnancy
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus

Might be at Increased Risk for Severe Illness
- Asthma
- Cerebrovascular disease
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state
- Neurologic conditions, such as dementia
- Liver disease
- Overweight
- Pulmonary fibrosis
- Thalassemia
- Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
• Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
• Social distance - keep 6 feet between yourself and others.
• Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health’s COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.