



The Navajo Nation Office of the President and Vice President

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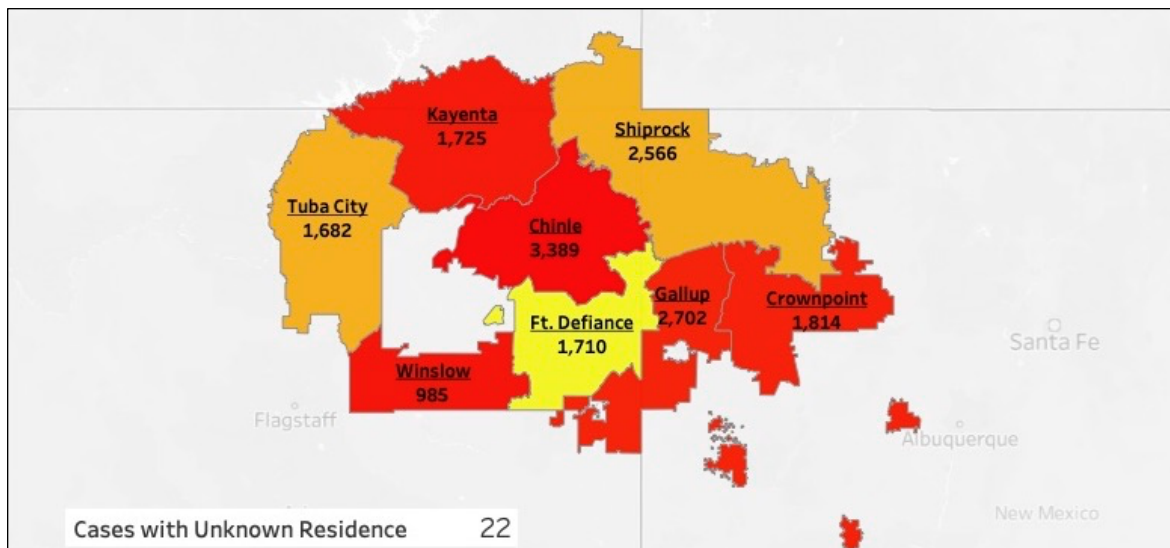
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FOR IMMEDIATE RELEASE

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168 new cases, 9,188 recoveries, and no recent deaths related to COVID-19 as the three-week stay-at-home lockdown continues



WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 168 new COVID-19 positive cases for the Navajo Nation and no recent deaths. The total number of deaths remains 653 as previously reported on Sunday. Reports indicate that 9,188 individuals have recovered from COVID-19, and 158,451 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 16,595, including 168 delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 3,389
- Crownpoint Service Unit: 1,814
- Ft. Defiance Service Unit: 1,710
- Gallup Service Unit: 2,702
- Kayenta Service Unit: 1,725
- Shiprock Service Unit: 2,566
- Tuba City Service Unit: 1,682

· Winslow Service Unit: 985

* 22 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Monday, the state of New Mexico reported 1,684 new cases of COVID-19, the state of Arizona reported 822 new cases, and Utah reported 1,897.

“As the number of cases continue to rise throughout the country including the Four Corner states, the safest place to be is at home here on the Navajo Nation. As more people continue to test positive, it is placing a lot of pressure and work on our health care workers and hospitals. We cannot become careless and complacent. When you wake up in the morning, please say a prayer for yourself and your family members to help protect against COVID-19. We still have many communities experiencing uncontrolled spread of this virus, so please be safe, stay home, wear a mask, avoid gatherings and crowds, practice social distancing, and wash your hands often,” said Navajo Nation President Jonathan Nez.

The Navajo Nation’s three-week stay-at-home lockdown is in effect 24-hours a day, seven days a week with the exception of essential workers, cases of emergencies, and to purchase essential items such as food and medication when essential businesses are open from 7:00 a.m. to 3:00 p.m. daily.

The Navajo Nation continues to work with Navajo Area Indian Health Service on a vaccination distribution plan to be implemented once there is a safe vaccine available. Public health experts encourage individuals to get vaccinated to help reduce the spread of the virus.

“Remain diligent and keep fighting this virus together. Every day that our people remain home and safe is another day closer to the end of this pandemic. Please remember that there is always a light at the end of the tunnel, so continue to pray and please help our health care workers by staying home as much as possible,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nnsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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