



The Navajo Nation Office of the President and Vice President

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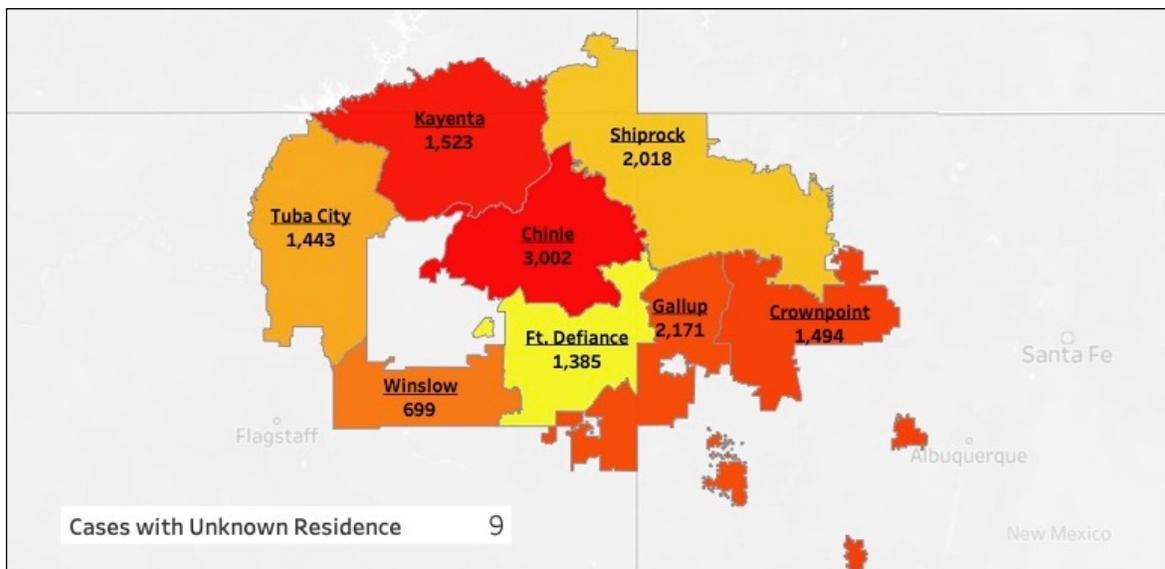
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FOR IMMEDIATE RELEASE

November 17, 2020

146 new cases, 8,011 recoveries, and two more deaths related to COVID-19 as Department of Health identifies 55 communities with uncontrolled spread



WINDOW ROCK, Ariz. – On Tuesday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 146 new COVID-19 positive cases for the Navajo Nation and two more deaths. The total number of deaths is now 605 as of Tuesday. Reports indicate that 8,011 individuals have recovered from COVID-19, and 141,166 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 13,744, including two delayed unreported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 3,002
- Crownpoint Service Unit: 1,494
- Ft. Defiance Service Unit: 1,385
- Gallup Service Unit: 2,171
- Kayenta Service Unit: 1,523
- Shiprock Service Unit: 2,018
- Tuba City Service Unit: 1,443
- Winslow Service Unit: 699

* Nine residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

The Navajo Nation's three-week stay-at-home lockdown remains in effect 24-hours a day, seven days a week with the exception of essential workers, cases of emergencies, and to purchase essential items such as food and medication when essential businesses are open from 7:00 a.m. to 3:00 p.m. daily. On Tuesday, the state of New Mexico reported 2,112 new cases of COVID-19, the state of Arizona reported 2,984 new cases, and Utah reported 3,178 cases.

The Navajo Department of Health has identified the following 55 communities with uncontrolled spread of COVID-19 from Oct. 30 to Nov. 12:

Alamo	Hogback*	Sanostee*
Bread Springs	Houck*	Sheepsprings
Baca/Prewitt	Indian Wells*	Shiprock
Bird Springs*	Iyanbito*	Smith Lake
Bodaway/Gap	Kaibeto*	St. Michaels*
Cameron	Kayenta	Teec Nos Pos*
Casamero Lake*	Leupp*	Thoreau
Chichiltah	Lupton*	Tohajiilee
Chilchinbeto*	Many Farms*	Tohatchi
Chinle	Mariano Lake	Tonalea
Churchrock	Nahatadziil*	Tsayatoh
Counselor*	Nahodishgish	Tselani/Cottonwood*
Coyote Canyon*	Naschitti	Tuba City
Crownpoint	Pinedale	Twin Lakes*
Dilkon*	Pinon	Upper Fruitland*
Forest Lake*	Pueblo Pintado*	Whippoorwill*
Fort Defiance*	Rock Point	White Cone*
Gadiiahi*	Rock Springs	
Ganado*	Round Rock	

* Chapters added in the new 14-day period

"This invisible monster known as COVID-19 is devastating our country and the Navajo Nation. We cannot be complacent and careless about where we go, who we interact with, and the everyday choices we make. We love our Navajo people and we want everyone to be safe and healthy, but there are far too many people that continue to travel, to hold gatherings, and put themselves at unnecessary risk of catching the virus. We also want to thank the majority of our people who are staying home and adhering to the public health orders. We all have to remember that anyone can get COVID-19, but not everyone shows symptoms and that makes this virus very dangerous and potentially deadly. Everyone should be staying home 24/7 unless you are an essential employee and required to report to work, or if you have an emergency, or to get essential items like groceries or medication. Stay home, wear a mask if you must go into public, do not attend or hold in-person gatherings, practice social distancing, and wash your hands often," said Navajo Nation President Jonathan Nez.

To encourage residents to stay local during the three-week stay-at-home lockdown, gas stations, grocery stores, laundromats, and restaurants and food establishments will remain open between

the hours of 7:00 a.m. (MST) and 3:00 p.m. (MST). These businesses are required to ensure employees and customers wear masks, practice social distancing, disinfect high-touch surfaces, access to hand wash stations, sanitizers and gloves, and limit the number of customers in any enclosed areas.

“Many families are grieving and we have to keep them in mind as we go about our daily activities. Please make good decisions and please be safe. We know that the pandemic is also taking its toll on the mental health of many, so please pray for yourselves and all of our Navajo people. We will come out of this pandemic stronger and more resilient,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call [\(928\) 871-7014](tel:9288717014).

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For the latest news from the Office of the President and Vice President, please visit <http://www.opvp.navajo-nsn.gov/> or find us on Facebook, Twitter, and Instagram.

THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 03 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for several communities. The cases reflect dates from October 30, 2020 to November 12, 2020. The advisory will be in effect until the risk and cases decline.

The following communities are identified as uncontrolled spread of COVID-19:

Alamo	Hogback*	Sanostee*
Bread Springs	Houck*	Sheepsprings
Baca/Prewitt	Indian Wells*	Shiprock
Bird Springs*	Iyanbito*	Smith Lake
Bodaway/Gap	Kaibeto*	St. Michaels*
Cameron	Kayenta	Teec Nos Pos*
Casamero Lake*	Leupp*	Thoreau
Chichiltah	Lupton*	Tohajiilee
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Chinle	Mariano Lake	Tonalea
Churchrock	Nahatadziil*	Tsayatoh
Counselor*	Nahodishgish	Tselani/Cottonwood*
Coyote Canyon*	Naschitti	Tuba City
Crownpoint	Pinedale	Twin Lakes*
Dilkon*	Pinon	Upper Fruitland*
Forest Lake*	Pueblo Pintado*	Whippoorwill*
Fort Defiance*	Rock Point	White Cone*
Gadiiahi*	Rock Springs	
Ganado*	Round Rock	

* Chapters added in the new 14-day period (compared to the previous 14-day period Oct. 23 to Nov. 5)

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

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| People at Increased Risk for Severe Illness | Might be at Increased Risk for Severe Illness |
| <ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions | <ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state |

- Immunocompromised state
- Obesity and severe obesity
- Pregnancy
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus
- Neurologic conditions, such as dementia
- Liver disease
- Overweight
- Pulmonary fibrosis
- Thalassemia
- Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website:

<http://www.ndoh.navajo-nsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.