



The Navajo Nation Office of the President and Vice President

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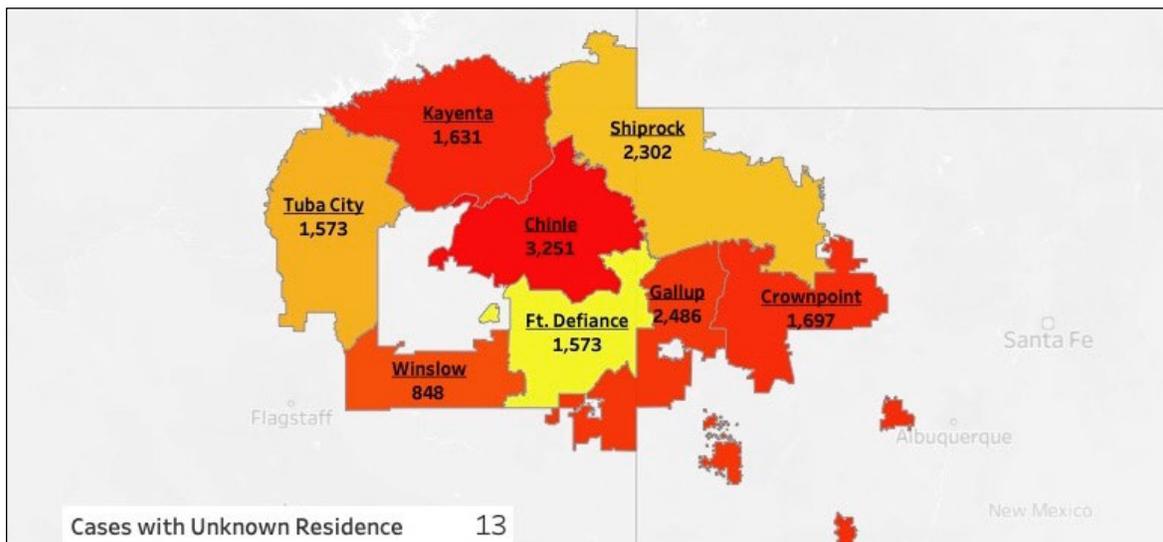
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FOR IMMEDIATE RELEASE

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121 new cases, 8,271 recoveries, and seven more deaths related to COVID-19



WINDOW ROCK, Ariz. – On Tuesday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 121 new COVID-19 positive cases for the Navajo Nation and seven more deaths. The total number of deaths is now 638 as of Tuesday. Reports indicate that 8,271 individuals have recovered from COVID-19, and 151,008 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 15,374, which includes 17 delayed unreported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 3,251
- Crownpoint Service Unit: 1,697
- Ft. Defiance Service Unit: 1,573
- Gallup Service Unit: 2,486
- Kayenta Service Unit: 1,631
- Shiprock Service Unit: 2,302
- Tuba City Service Unit: 1,573
- Winslow Service Unit: 848

* 13 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

The Navajo Nation's three-week stay-at-home lockdown is in effect 24-hours a day, seven days a week with the exception of essential workers, cases of emergencies, and to purchase essential items such as food and medication when essential businesses are open from 7:00 a.m. to 3:00 p.m. daily. On Tuesday, the state of New Mexico reported 2,107 new cases of COVID-19, the state of Arizona reported 4,544 new cases, and Utah reported 2,701 cases.

"This Thanksgiving Day holiday, please be safe and do not hold family gatherings with anyone outside of your immediate household. By inviting guests and other relatives into your home, you are creating substantial risks for you and your family members. We have to be diligent and make good choices, which aren't the easiest. If you need groceries or other essential items, only send one family member into the store and always remember to wear a mask, practice social distancing, wash your hands often, and avoid crowded areas. We can beat this virus and we will eventually, but we have a challenging road ahead before we get there. Please remain strong and continue to pray for yourselves and others," said Navajo Nation President Jonathan Nez.

Public health officials continue to urge the public not to hold in-person gatherings with non-household members on Thanksgiving Day due to COVID-19 risks. Navajo Area IHS and 638 hospitals continue to offer COVID-19 drive-thru testing sites this week, except for the holiday.

On Tuesday, the Nez-Lizer team and World Central Kitchen distributed food in the communities of Red Valley and at the Diné College campus. On Wednesday, Nov. 25, the Nez-Lizer team will hold a food distribution event at Navajo Technical University in Crownpoint, N.M. at 9:00 a.m. and at the Window Rock fairgrounds at 1:00 p.m. (MST).

"Please be safe this Thanksgiving holiday and continue to practice good safety measures to protect your families and others. Our first responders will be working around the clock during the holiday, so please think of them before deciding whether or not to go into public. We will continue to pray for our people, especially those who are grieving the loss of a loved one during this time. Please remember that we are not alone and that we are in this struggle together and we will overcome," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call [\(928\) 871-7014](tel:9288717014).

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