



The Navajo Nation
Office of the President and Vice President

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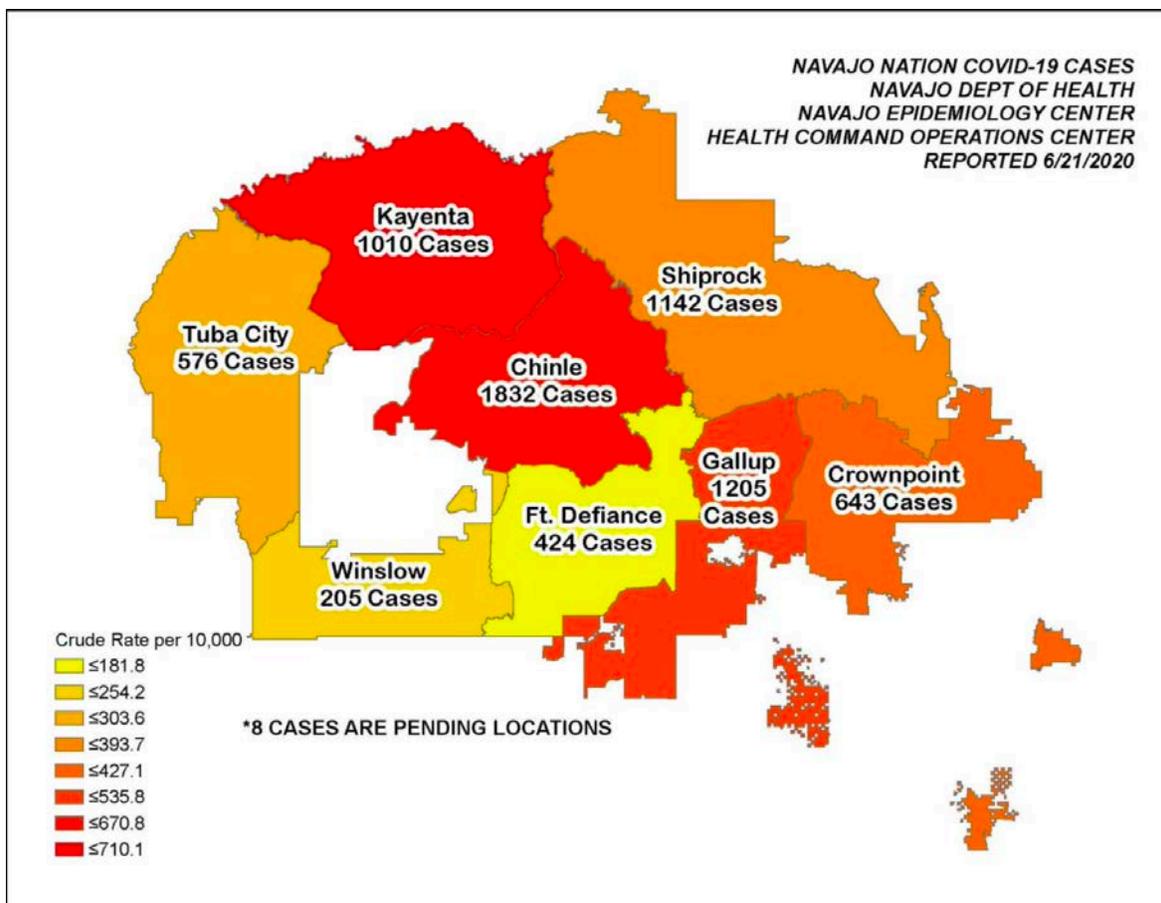
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FOR IMMEDIATE RELEASE

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3,716 recoveries, 55 new cases, no new deaths related to COVID-19 reported as Navajo Nation's daily curfew remains in effect



WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 55 new COVID-19 positive cases for the Navajo Nation and no new deaths. The total number of deaths remains at 335 as of Monday. Reports from 11 health care facilities on and near the Navajo Nation indicate that approximately 3,716 individuals recovered from COVID-19, with one health care facility report still pending. 49,444 people have been tested for COVID-19. The total number of COVID-19 positive cases for the Navajo Nation is 7,045.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 1,832
- Crownpoint Service Unit: 643
- Ft. Defiance Service Unit: 424
- Gallup Service Unit: 1,205
- Kayenta Service Unit: 1,010
- Shiprock Service Unit: 1,142
- Tuba City Service Unit: 576
- Winslow Service Unit: 205

* Eight residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

"Staying home, wearing a face mask, cleaning and disinfecting, and avoiding large gatherings has helped minimize the spread of coronavirus in the Navajo Nation. Within the last eight days of reporting, the Nation has had an average of 80 cases of COVID-19 per day. The number of positive cases is decreasing, and there are more recoveries each day, and it gives us hope that we are safer. Let's continue to practice all preventative measures and don't back down," said President Jonathan Nez.

The Navajo Nation's daily curfew remains in effect from 8:00 p.m. to 5:00 a.m. (MDT), seven days a week. Navajo police continue to enforce the daily curfew and may issue a citation to curfew violators.

"Many of Navajo families have experienced the impact of COVID-19. Many were separated and isolated from family members for more than 10 days to recover, which may have been stressful and emotional. We may experience mixed emotions, including relief, fear, and worry about our loved ones' health. Some of us may feel sadness, anger, or frustration; however, we must be supportive, caring, and loving. We are in this together," said Vice President Myron Lizer.

If you or someone you know needs help dealing with stress or the emotional effects of COVID-19, call the Navajo Regional Behavioral Health Center at [\(505\) 368-1438](tel:5053681438) or [\(505\) 368-1467](tel:5053681467), 8 a.m. to 5 p.m. Monday-Friday (MDT).

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website at <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call [\(928\) 871-7014](tel:9288717014).

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