FOR IMMEDIATE RELEASE
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6,184 recoveries, 80 new cases, and four more deaths related to COVID-19 reported

WINDOW ROCK, Ariz. – On Wednesday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 80 new COVID-19 positive cases for the Navajo Nation and four more deaths. The total number of deaths has reached 405 as of Wednesday.

Reports indicate that approximately 6,184 individuals have recovered from COVID-19. 69,068 people have been tested for COVID-19. The total number of COVID-19 positive cases for the Navajo Nation is 8,370.

Navajo Nation COVID-19 positive cases by Service Unit:
Navajo Nation President Jonathan Nez and Vice President Myron Lizer said that all residents of the Navajo Nation should prepare for the upcoming 57-hour weekend lockdown, which is scheduled to begin on Friday, July 17 at 8:00 p.m. until Monday, July 20 at 5:00 a.m. to help slow the spread of COVID-19 and to keep the Navajo people safe.

“It’s important for families to plan ahead and prepare for the weekend lockdowns ahead of time to make sure you have enough food, water, medication, and other essential items. When you shop for essential items, please wear your masks, practice social distancing, and please wipe down and sanitize all of your purchased items. Keep your guard up because we could easily have another spike in cases if we become too relaxed. We are beating this virus and we need to continue fighting COVID-19 together,” said President Nez.

On Thursday, July 16 at 10:30 a.m. (MDT), President Nez and Vice President Lizer will host another online town hall on the Nez-Lizer Facebook page to provide updates on COVID-19. They will also participate in a live radio forum on KTNN 660AM on Thursday beginning at 6:00 p.m. (MDT).

The Navajo Nation’s Stay at Home Order remains in effect requiring all individuals on the Navajo Nation to stay at home and strictly limit movement, and limit public contact with others. Individuals may leave their place of residence only for emergencies or to perform "Essential Activities.” The daily curfew also remains in effect from 8:00 p.m. to 5:00 a.m. on weekdays.

"As President Nez has mentioned before, the Navajo Nation has become a case study because we’ve gone from having one of the highest rates of COVID-19 cases to now flattening the curve in a time when cities and states around us are spiking. This is in large part due to the Navajo people and our health care professionals and other first responders. Now let’s keep fighting hard and stay the course," said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website at http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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