



## The Navajo Nation Office of the President and Vice President

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### FOR IMMEDIATE RELEASE

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### **First Lady Nez and Second Lady Lizer to host “Heart to Heart Conference”**

**WINDOW ROCK** – Navajo Nation First Lady Phefelia Nez and Second Lady Dottie Lizer are pleased to announce the “2020 Heart to Heart: Victorious Women – Healing of the Heart and Mind” conference, which will be hosted by the Office of the First Lady and Second Lady on Feb. 1, 2020, at the Twin Arrows Navajo Casino Resort in Leupp, Ariz. The inspiring conference aims to encourage and empower women through worship, ministry, and fellowship.

"We are honored to host the first Heart to Heart conference on the Navajo Nation. We extend our invitation to all women to join us to elevate our spiritual strength, enhance our leadership within our homes and communities, and to build relationships through faith, inspiration, and love," said First Lady Phefelia Nez. "We are looking forward to hosting the conference this year and the next two years on the Navajo Nation."

"Our goal is to help women in all aspects of life, emotionally, mentally, physically, financially, and spiritually. Our time together will help each of us to share the power of our stories to restore and elevate hope and faith. Most importantly, together, we can lead in ministry with confidence and direction," said Second Lady Dottie Lizer.

The conference will offer a broad spectrum of musicians, pastors, scholars, worship leaders, and planners, including Dr. Sandy McKenzie, Deborah Kim, Robyn Dykstra, Fannie Chavez-Platero, and Margie Rosalind Tso (Platero).

Other presenters will include Fannie Chavez-Platero and Margie Rosalind Tso (Platero). Chavez-Platero is from To'Hajiilee, N.M. and the wife of the late Evangelist Chester Platero, who both led a gospel ministry on the Navajo Nation for over 50 years. Tso and her late husband, Alvin Tso, has also led a ministry for over 50 years. Through the grief and loss of four of her children, she continues to serve the Lord and others.

The keynote speaker will be Dr. Sandy McKenzie, who earned a Master's in Business Education and a Doctorate of Ministry in Christian Counseling and has provided counseling and life-coaching practice for over 17 years and published many titles and presentations. She is passionate about helping hurting hearts based on her personal experiences with insecurity, anxiety, guilt, fear, and

grief. Despite these personal challenges, Dr. McKenzie has found a way to live in peace, to be successful, and to have confidence in God's healing, strength, joy, and blessing.

The Office of the First Lady and Second Lady is also waiving the \$30 registration fee for the first 300 participants that register online. The conference will include prayer groups, lunch, and vendors. Childcare is provided with a \$10 fee per child.

To register for the "2020 Heart to Heart: Victorious Women – Healing of the Heart and Mind" conference on Feb. 1, 2020, please visit <http://h2hsedona.org> or contact Sonya Begay with the Office of the First Lady and Second Lady at (928) 810-8505 or email [sonyambegay@navajo-nsn.gov](mailto:sonyambegay@navajo-nsn.gov).

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