



The Navajo Nation Office of the President and Vice President

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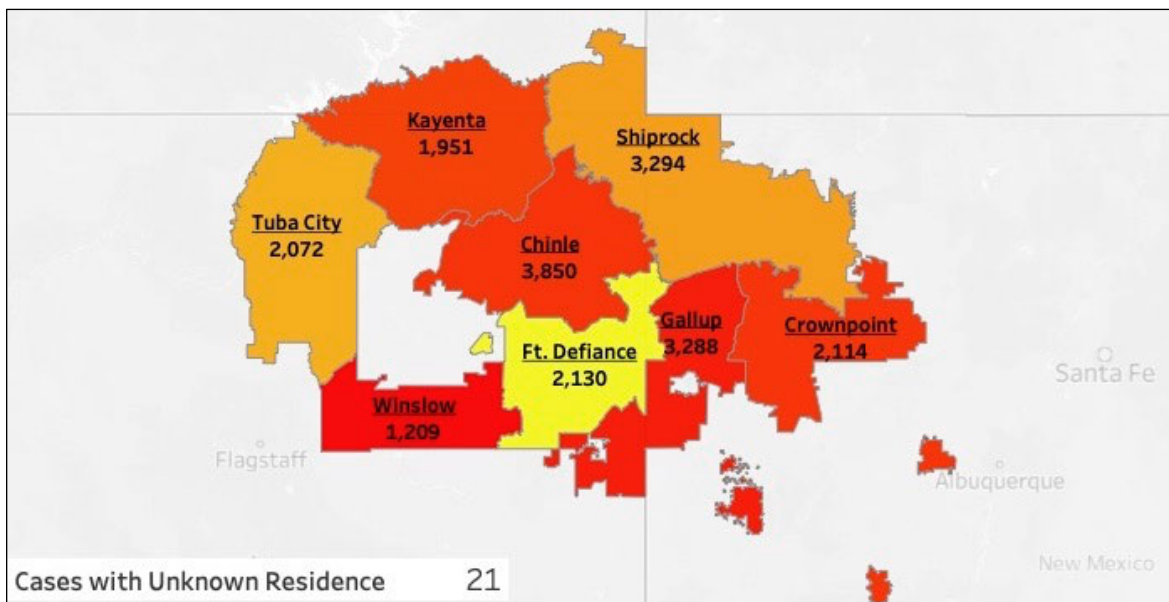
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FOR IMMEDIATE RELEASE

December 15, 2020

160 new cases, 10,726 recoveries, and five more deaths related to COVID-19 as Department of Health identifies 77 communities with uncontrolled spread



WINDOW ROCK, Ariz. – On Tuesday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 160 new COVID-19 positive cases for the Navajo Nation and five more deaths. The total number of deaths is now 727 as of Tuesday. Reports indicate that 10,726 individuals have recovered from COVID-19, and 185,366 COVID-19 tests have been administered. The total number of positive COVID-19 cases is now 19,929, including three delayed reported cases.

Navajo Nation COVID-19 positive cases by Service Unit:

- Chinle Service Unit: 3,850
- Crownpoint Service Unit: 2,114
- Ft. Defiance Service Unit: 2,130
- Gallup Service Unit: 3,288
- Kayenta Service Unit: 1,951
- Shiprock Service Unit: 3,294
- Tuba City Service Unit: 2,072
- Winslow Service Unit: 1,209

* 21 residences with COVID-19 positive cases are not specific enough to place them accurately in a Service Unit.

On Tuesday, the state of Arizona reported 4,134 new cases, Utah reported 1,915, and New Mexico reported 1,275 new cases. The Navajo Department of Health identified the following 77 communities with uncontrolled spread of COVID-19 from Nov. 27 to Dec. 10, 2020:

Alamo	Lechee*	Round Rock
Aneth	Leupp	San Juan
Baca/Prewitt	Littlewater	Sanostee
Becenti	Lukachukai	Sheepsprings
Beclabito*	Lupton	Shiprock
Bird Springs	Manuelito	Smith Lake
Black Mesa	Many Farms	St. Michaels
Bodaway/Gap	Mexican Springs	Sweetwater*
Bread Springs	Nageezi	Tachee/Blue Gap
Cameron	Nahatadziil	Teec Nos Pos
Chichiltah	Nahodishgish	Teesto
Chinle	Naschitti	Thoreau
Churchrock	Nazlini	Tohajiilee
Coyote Canyon	Nenahnezad	Tohatchi
Crownpoint	Newcomb	Tonalea
Dennehotso	Oljato	Torreon*
Ganado	Pinedale	Tsaile/Wheatfields
Hard Rock*	Pinon	Tsayatoh
Hogback	Pueblo Pintado*	Tselani/Cottonwood
Houck	Ramah	Tuba City
Indian Wells	Red Lake	Twin Lakes
Iyanbito	Red Mesa	Two Grey Hills
Jeddito	Red Rock*	Upper Fruitland
Kaibeto	Rock Point	Whippoorwill*
Kayenta	Rock Springs	White Cone
Lake Valley	Rough Rock	

* Chapters recently added to the list

“We are finally getting some much-needed relief for our health care workers and those working and residing in long-term assisted living facilities with the Pfizer vaccine, but we have to keep fighting hard and not let up on COVID-19. Due to the high demand for the vaccines and the time it takes to transport and administer, it will take time for it to be made available to the general public. We have to stay strong, remain optimistic, and keep focusing on protecting ourselves and our loved ones. We are still in a three-week lockdown, so please remain home as much as possible, wear a mask, avoid crowds, practice social distancing, and wash your hands often,” said Navajo Nation President Jonathan Nez.

“It’s great to see that health care workers are receiving the first dose of the vaccine. It will require a lot of coordination to complete the vaccination process, so we have to be patient and continue

to follow the guidelines to stay safe. Please do not let up and keep praying,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 07 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for several communities. The cases reflect dates from November 27, 2020 to December 10, 2020. The advisory will be in effect until the risk and cases decline.

The following communities are identified as uncontrolled spread of COVID-19:

Alamo	Lechee*	Round Rock
Aneth	Leupp	San Juan
Baca/Prewitt	Littlewater	Sanostee
Becenti	Lukachukai	Sheepsprings
Beclabito*	Lupton	Shiprock
Bird Springs	Manuelito	Smith Lake
Black Mesa	Many Farms	St. Michaels
Bodaway/Gap	Mexican Springs	Sweetwater*
Bread Springs	Nageezi	Tachee/Blue Gap
Cameron	Nahatadziil	Teec Nos Pos
Chichiltah	Nahodishgish	Teesto
Chinle	Naschitti	Thoreau
Churchrock	Nazlini	Tohajiilee
Coyote Canyon	Nenahnezad	Tohatchi
Crownpoint	Newcomb	Tonalea
Dennehotso	Oljato	Torreon*
Ganado	Pinedale	Tsaile/Wheatfields
Hard Rock*	Pinon	Tsayatoh
Hogback	Pueblo Pintado*	Tselani/Cottonwood
Houck	Ramah	Tuba City
Indian Wells	Red Lake	Twin Lakes
Iyanbito	Red Mesa	Two Grey Hills
Jeddito	Red Rock*	Upper Fruitland
Kaibeto	Rock Point	Whippoowill*
Kayenta	Rock Springs	White Cone
Lake Valley	Rough Rock	

* Chapters added in the new 14-day period (November 27 to December 10, 2020).

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness

- Older Adults
- Cancer
- Chronic kidney disease
- Chronic obstructive pulmonary disease
- Heart conditions
- Immunocompromised state
- Obesity and severe obesity
- Pregnancy
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus

Might be at Increased Risk for Severe Illness

- Asthma
- Cerebrovascular disease
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state
- Neurologic conditions, such as dementia
- Liver disease
- Overweight
- Pulmonary fibrosis
- Thalassemia
- Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website:

<http://www.ndoh.navajo-nsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.