WINDOW ROCK, Ariz.—Do unto others as you would have others do unto you.

The premise of the Golden Rule is simple: treat others as you would like to be treated. This basic teaching has been around since biblical times and maybe even longer.

It’s human nature to disagree with others, but finding the proper way to resolve such conflicts in a positive manner was the premise of Navajo Nation Golden Rule Day, which was celebrated on April 4 at the Navajo Nation Museum for the second year.

On July 3, 2013, the Golden Rule International selected Navajo Nation Vice President Rex Lee Jim Golden Rule Ambassador for the Navajo Nation. The GRI and Committee of the Interfaith Peace Building Initiative selected him as ambassador.

“We want to treat others the way that we want to be treated. You have to listen to them, talk to them, observe them,” Vice President Jim said. “To understand someone, you must walk in their shoes for a mile or two, or three.

“The whole idea is to promote peace,” he added.

Golden Rule Day is observed globally on April 5, with 120 nations across the globe participating. Ambassadorship is awarded to leaders internationally who have exemplified the Golden Rule in their everyday lives.

For the 2015 Navajo Nation Golden Rule Day, festivities began with a fun run and walk hosted by the Navajo Nation Special Diabetes Program. The fresh air and exercise prepared participants for a day of guest speakers and information.

Council delegate Amber Crotty provided the welcome address as a member of the Health, Education and Human Services Committee. Vice President Jim provided the keynote address.

Milissa Tatum, research professor of law at the University of Arizona, also spoke and provided an hour-long presentation on “Culture Clash: Turning Confrontation into Cooperation.”

With lunch provided by the Casey Foundation, participants spent the day at the museum to learn about conflict resolution, negotiations and difficult conversations from a faith-based perspective.

Ama Doo Alchini Bighan, Inc. also presented information on domestic violence and the need to protect Navajo children from unhealthy home environments.

Vice President Jim encouraged all to make the extra effort to treat others with respect and positivity, regardless of the situation. The Golden Rule is alive and well and living on the Navajo Nation.

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