Navajo Department of Health  
Health Advisory Notice (HAN)  
COVID-19 Community Advisory—Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for several communities. The cases reflect dates from October 16 – 29, 2020. The advisory will be in effect until the risk and cases decline.

The following communities are identified as uncontrolled spread of COVID-19:

- Alamo
- Aneth
- Bird Springs
- Bodaway/Gap
- Cameron
- Casamero Lake
- Churchrock
- Counselor
- Coyote Canyon
- Crownpoint
- Dilkon
- Ganado
- Indian Wells
- Iyanbito
- Jeddito
- Kaibeto
- Leupp
- Nahataziil
- Red Mesa
- Round Rock
- Sanostee
- Sheepsprings
- Shiprock
- Teesto
- Tohajiilee
- Tolani Lake
- Tonaleta
- Torreon
- Two Grey Hills

All residents should take precautions to protect their health from the spread of COVID-19. Adults 65 and older and individuals with underlying health conditions such as diabetes, pregnant women, asthma, heart disease and stroke, cancer, chronic kidney disease, HIV/AIDS and young children are at higher risk of being affected from COVID-19.

All residents should practice health and safety measures:

- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gathering of 5 persons or less.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.