4th Annual Riding in Siih Hasin

July 10—18, 2016

Practicing healthy activities in our daily routine helps to reduce feelings of self destructive behavior, builds cooperation with others and helps to display confidence that leads to preventions of suicide, substance abuse or domestic violence

- July 10: Kick off @ Twin Arrows Navajo Casino & Resort
- July 11: Twin Arrows—Leupp—Tolani Lake
- July 12: Tolani Lake—Kykotsmovi—Hardrock
- July 13: Hardrock—Forest Lake—Black Mesa
- July 14: Black Mesa—Blue Gap/Tachee —Low Mountain
- July 15: Low Mountain—Jeddito—Steamboat
- July 16: Steamboat—Cornfields—Ganado— KinDahLichii
- July 17: KinDahLichii— St. Michaels— Window Rock Fairgrounds
- July 18: Window Rock Fairgrounds to Navajo Council Chambers

300 mile CHALLENGE

REGISTRATION @ www.sihhasinbikeride.com

Sponsored by: Council Delegate Alton Shepherd, 23rd Navajo Nation Council, Navajo Gaming Enterprise, Twin Arrows Navajo Casino & Resort, WIHCC-MSPI, NTUA, Navajo Housing Authority, Navajo Oil & Gas, Navajo Emergency Management Service, Office of Diné Youth, NN Public Safety, Navajo County, Apache County, Navajo Health Education Program, Pinon Health Care, Navajo Nation EPA, NN Highway Safety, Nava-joYES, Navajo Nation Chapters (Leupp, Tolani Lake, Hardrock, Forest Lake, Black Mesa, Blue Gap/Tachee, Low Mountain, Jeddito, Steamboat, Cornfields, Ganado, Kindahlichii, Indian Wells, St. Michaels & Oak Springs)